



Sensei Tatsuo Suzuki
8th Dan

(Senior Student & Instructor of the
Founder of Wado Ryu Karate, Ohtsuka)



Sponsors



Sponsors



Sponsors



Sponsors



Equipment



Equipment





Erar 'Alex' Alexander
5th Dan Doce Pares/Escrima
33 Golds, 7 Silver, 3 Bronze including WEKAF World Championship Gold, undefeated British Low Armour champion & 2006 British Open Knife Fighting Gold.



Kyla Angeles
5th Kup - WTF Taekwondo
London Championships 2008 Gold, Southern TKD Championships 2008 Gold, UTF British Masters Gold 2009.



Gary Barnes
5th Dan - Kempo Jitsu
Renowned professional Ju Jitsu instructor, and chief instructor of Kempo Jitsu.



Chris Bowles
6th Dan - Judo
BJA coach, British Open Gold 1978, European Silver 1980, represented GB at the Moscow Olympics 1980.



Mark Buchanan
MMA Fighter
Cage Rage & Ultimate Challenge Champion 2008 - 2009. Professional MMA Fighter.



John Joe Ellis
MMA Fighter
Professional MMA fighter and boxer. Ultimate Challenge Champion 2009.



Zak Espi
2nd Degree - Total TKD
2009 ITF European Gold, 2009 ITF World Cup Silver, ITF England Squad member, 2001- present, World Championships Silver 2001



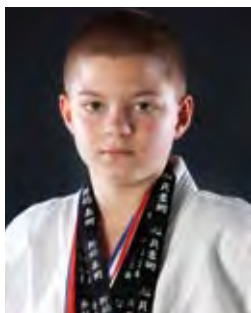
Jermain Facey
MMA Fighter
Professional MMA fighter and boxer. Ultimate Challenge Champion 2009.



Diana Fauner
Doce Pares/Escrima
2008 WEKAF British Open Gold, 2007 WEKAF British Invitational Bronze/Silver/Single & Double Stick.



Phil Francis
6th Dan - Karate
British Champion, 30+ UK titles, European Bronze & Silver Medallist.



Morgan Gray
Brown Belt - Ju-Jitsu
British National Ju-jitsu (BJJAGB) 2009 Gold, Danish Open Copenhagen 2008 Bronze/Open Hand Kata, Bronze/ Weapon Kata



Darren Hart
5th Dan - Kuk Sool Won
6 World Korean Archery Championships, U.S. Airforce Fitness Coach, World Champion (8th world title 2008 (B.N.M.A.A.)



Marlon Hunt
5th Degree - Kickboxing/K1
6 x undisputed World Full Contact Kickboxing Champion, represents GB. WAKO Gold Medallist



Marshall Hunt
Brown Belt - Kickboxing
Golden Belt Jnr GB Champion, BLCC Jnr English Champion.



Joel Jackson
2nd Dan - WTF Taekwondo
German Open Gold 2007, Dutch Open Silver 2008, Dutch Open Bronze 2009, 3 x GB National Champion including 2009.



Steve Joseph
Kickboxing - Sun Kune Do
Former British European & World Champion, Kickboxing Champion & advisor to members of the Metropolitan Police.



Kiane
Film star, celebrity and entrepreneur turned MMA fighter. Member of London Shootfighters.



Isiah McKenzie
4th Kup - WTF Taekwondo
London Championships Gold 2008, UTF British Masters Gold 2009, British National Championships Bronze 2009.



Tresor Mashaka Musongela
1st Dan Karate
JKAE National Kumite Champion 2002, 2004, 2008, 2009, JKAE European Champion 2009.



Dave O'Donnell
Founder and promoter of one of the U.K.'s largest MMA tournaments 'Ultimate Challenge' and MMA coach.



Cover

Sensei Tatsuo Suzuki

8th Dan - Karate

1st Dan - Judo

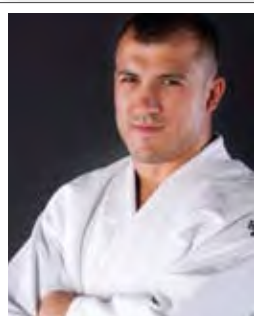
2nd Dan in Tenshin Koryu Bo-Jitsu (stick fighting)

Founder of the first Wado Association in England.
One of the world's greatest karate practitioners.
The most senior student of the late founder of Wado Ryu Ohtsuka.
Established the Wado International Karate-Do Federation (WIKF) & took over from Ohtsuka, the founder of Wado Ryu karate.

The instructors, students and champions we have chosen to model our 2009-2010 range of martial arts clothing dedicate their lives, to the perfection and understanding of their chosen martial arts.

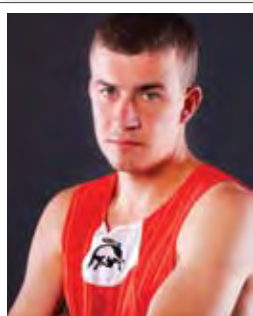
Their accomplishments have been earned through dedication, sweat, perseverance and the will to succeed.

They may practice different styles, have different philosophies but they choose the same supplier.



Vasle Panfel
2nd Dan - Judo

Russian Judo & Sombo champion. Gold in 2007 Heart of England Judo Championships.



Danny Pettitt
Boxing Champion

Former ABA London captain and member of Nemesis Boxing Gym



Lewis Pettitt
Boxing Champion

Two ABA Golds, 2 x National finalist, boxed for England 11 times winning 9 golds.



Tony Pettitt
Boxing Coach

South East Boxing Division President. Developed and coached many international champions. Chief instructor of Nemesis Gym.



Jean Silva
Black Belt Brazilian Ju Jitsu & World Class MMA Fighter

17 Cage Rage wins, Pride Contender and renowned fighter.



Eva Sunwai -
Brown Belt Ju-Jitsu

British Championships 2008, 2009 Gold, International 2008 Gold & BJJAGB 2008 Gold.



Nick Symonds
5th Degree - Total TKD

Captain of England ITF Team 1997-2006, 20 International medals, Technical Director for ITF England & Team Coach for England Team.



Fabio Todo
Black Belt Brazilian Ju Jitsu

Abu Dhabi Wrestling Champion. Italian Elimination Champion 2008



Tania Viller
1st Dan - WTF Taekwondo

2008 London Championships Gold, 2008 British International Silver.



Alfie Walsh
15th Mon - Judo

A Band & Schools National Champion, Lille 2008 Gold, Antwerp Ippon Trophy 2009 Gold. 2008-2009 England Squad.



Daisy Walsh
1st Kyu - Judo

Schools National Champion, International Holland 2009 Gold, 3 Age Band Silvers, England Squad 2008 - 2009



Kathryn Walsh
1st Dan - Judo

U20 2009 British Champion, Midland & North West U20 Age Band Gold, Silver U20 British trials. England Squad 2008-2009



Natalie Williams
2nd Dan - Karate

2 x World University Champion, 12 x English National Gold, UK Women Teams European & World titles.

We believe that martial arts products should be illustrated by martial artists, as it gives a true reflection of what to expect from a Blitz product. That's why we've chosen some of the greatest names within the martial arts industry to illustrate this.

We would like to thank the people we support or sponsor and the remainder of the models illustrated throughout the 2009-2010 Blitz catalogue, who are also martial artists.

Welcome... ... to the all new Blitzsport full colour catalogue.

Whether you are a student just starting out, or an advanced practitioner, with years under your belt, you'll find everything you need to equip you with some of the best products you'll find within the martial arts market.

As a family run business, we live, breathe and love martial arts. That's why we're the perfect people to bring you the best and latest martial arts designs and styles at an affordable price.

New Web Site & Competitions

Check out our latest web site, which features our 'how to use' film footage, finite image zooming, loyalty points, multiple images, key feature points and frequent competitions which give you the chance to win hundreds of pounds worth of Blitz products.

New Approved Products

Our complete range of WTF approved taekwondo equipment can be found on pages 24-29 and pages 102-103.

Sole Distributor

Blitz are now the sole martial arts distributors of Steroplast, a wide range of products BSI approved and Health Regulatory Authority recognised, essentials for any kit bag, referee inventory or instructors back up, which can all be found on pages 158-161.

Even More Warehouse Space

Due to an unprecedented demand for Blitz products, we're extending our warehouse and purchasing additional new units, to give our customers an even greater variety of choice.

Loyalty Points

We want you to get the most from your Blitz purchases, that's why we've introduced a loyalty point system to give you even greater value for money! You'll find some products attract double or triple points, so the more you collect the more money you could save!

Most importantly of all, we would like to thank our customers for their continued support. We appreciate the time and effort our customers have attributed to adapting and enhancing our products. Our experience and yours make Blitz what it is today, the U.K. 's largest supplier of martial arts equipment.

Kind Regards,

Lee



Lee Bindra - CEO
7th Dan - Shotokan Karate
Former member of the England Karate
Team with over 35 years martial arts
experience.

HOW TO ORDER

Visit www.blitzsport.com

A huge range of equipment

Call 0208 317 8280

15 lines & after hours answer phone

Write to Blitz at:

Unit 10, The I.O. Centre, Duke of Wellington
Ave, Royal Arsenal, London SE18 6SR

Fax Blitz on: 0208 319 5799

E-Mail: Sales@blitzsport.com

Each e-mail will be allocated a case status,
with checkable/regular updates



CONTENTS

CLOTHING	Pages 5-65
Aikido/Iaido	4, 5, 55, 65
Brazilian Ju-Jitsu	34, 35
Boxing	60-63
Belts & Sashes	64, 65
Judo	18-23
Ju-Jitsu	36-39
Kali	58, 59
Karate	6-17
Kendo	54, 55
Kick Boxing	40-45
Kung Fu	52, 53
MMA	48-51
Muay Thai	46, 47
Ninja	56, 57
Samurai Sam	5, 67, 68, 69
Taekwondo - ITF	30-33
Taekwondo - WTF	24-29
KIDS - SAMURAI SAM	Pages 67-69
TAILORMADE & REFEREE	Pages 70-77
LEISUREWEAR	Pages 78-89
Footwear	84, 85
Holdalls	86-89
Sweatshirts	83
Tracksuits	80, 81
T-Shirts	82
BADBREED	Pages 90-95
PROTECTION	Pages 96-137
Body Armour	101, 103, 110-113
Elastic & Neoprene Supports	98, 99
Foot Protection	133, 135
Forearm Protection	102
Groin & Chest Guards	100, 101, 103
Gum Shields	136, 137
Hand Pads	102, 103, 114-124
Head Guards	103, 104-109
Leg Protection	128-132
Wraps & Tapes	125-127
WTF Approved Equipment	102, 103
TRAINING BAGS MATS & PADS	Pages 138-153
Bag & Ball Attachments	154, 155
Filled & Unfilled Bags	148-151
Focus Pads	142-145
Freestanding Bags	152-153
Grappling Dummies	153
Jigsaw & Judo Mats	140-141
Speedballs	153, 155
Strike Shields	146, 147
MEDICAL & NUTRITION	Pages 156-165
TRAINING EQUIPMENT	Pages 166-175
Hand Grippers	170, 171
Leg Stretchers	172
Medicine Balls	174
Referee Equipment	173
Sit up, Push Up, Chin Up Bars	172
Skip Ropes	174, 175
Timers	173
Weights	170, 171
Weight Training Belts & Gloves	170
WEAPONS	Pages 175-189
Nunchaku & Metal Weapons	178-181, 187
Wooden Weapons	182-187
Practice Weapons	189
Cases	188-189
ACCESSORIES	Pages 190-195
Badges, Keyrings & Medallions	194, 195
Figurines & Metal Badges	191
Sword Accessories	193, 194
Wallets	195

INFORMATION

A-Z Index	199	Size Guide	196-197
CEO Introduction	1	Trade Accounts	200
Contact Details	200	Order Form	201

CLOTHING

Aikido/Iaido
Brazilian Ju-jitsu
Boxing
Belts & Sashes
Judo
Ju Jitsu
Kali
Karate
Kendo
Kick Boxing
Kung Fu
MMA
Muay Thai
Ninja
Samurai Sam
Tae Kwon Do - ITF
Tae Kwon Do - WTF



A

Samurai Sam
Focus Pads
Page 145



An excellent suit for children, aids in membership retention & keeps children interested

High quality embroidery & print

Elastic/cord waist to keep trousers up!

A



CLOTHING

A SAMURAI SAM POLYCOTTON SUIT

Order Code: SS-0

A suit designed and manufactured with children in mind. A durable and versatile uniform to suit all types of martial arts and other sports. Designed to allow clubs to add additional branding, badges, etc. this is the ultimate suit for all clubs using the Samurai Sam brand. White belt included.

Sizes: 80cm - 160cm

Colours: White (Code SS-07)
Black (Code SS-08)

SAMURAI SAM

See Page 68 for more Samurai Sam products.

UNIFORM SIZE CHART

Size	Height		Size	Height	
00000	80cm	1 Year Old & Under	0	130cm	4'1" to 4'4"
0000	100cm	3'5" and under	1	140cm	4'5" to 4'8"
000	110cm	3'6" to 3'7"	2	150cm	4'9" to 5'0"
00	120cm	3'8" to 4'0"	3	160cm	5'1" to 5'4"

ALSO AVAILABLE >>>



Page 68

Page 169

Page 169

BLITZSPORT.COM

5

A



The BEST & most economical suit on the market

Non-synthetic fibres which ensure comfort

Chosen by National & International instructors and coaches as an excellent first gi

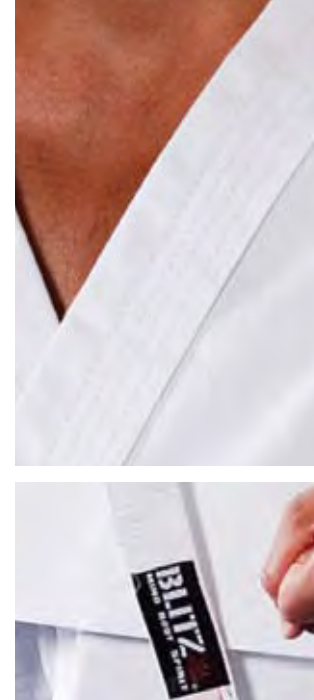
A



B



B



A POLYCOTTON OR COTTON STUDENT KARATE SUIT

Order Code: 01-

An excellent student suit made from 100% cotton. Soft to the touch and non abrasive to the skin. At your request, our excellent student karate suit is now available in 100% Polycotton (white or black only). Made to the same high standards as the traditional cotton version, replicating the cut and design. It is guaranteed not to shrink and comes complete with a standard white belt.

Sizes: 100cm - 210cm

Colours: White (Cotton Code 01-01) (Poly Code 01-21)
Black (Cotton Code 01-02) (Poly Code 01-22)
Red (Cotton Only Code 01-04)
Blue (Cotton Only Code 01-05)
Mixed (Cotton Only Code 01-03)

B COTTON STUDENT KARATE PANTS

Order Code: 01-

An extra pair of trousers saves time when life gets busy. Student weight white pants with reinforced gusset. Elastic/cord waist. 100% cotton.

Sizes: 110cm - 210cm

Colours: White (Code 01-13)
Black (Code 01-14)

UNIFORM SIZE CHART

Size	Height		Size	Height	
0000	100cm	3'5" and under	3	160cm	5'1" to 5'4"
000	110cm	3'6" to 3'7"	4	170cm	5'5" to 5'9"
00	120cm	3'8" to 4'0"	5	180cm	5'10" to 6'0"
0	130cm	4'1" to 4'4"	6	190cm	6'1" to 6'3"
1	140cm	4'5" to 4'8"	7	200cm	6'4" to 6'7"
2	150cm	4'9" to 5'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Elite Gloves
Without Thumb
Page 119

A

Elite Foot
Page 135



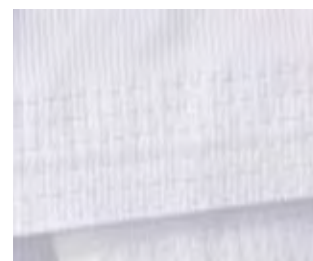
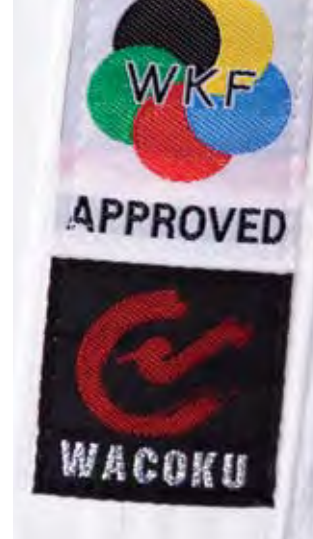
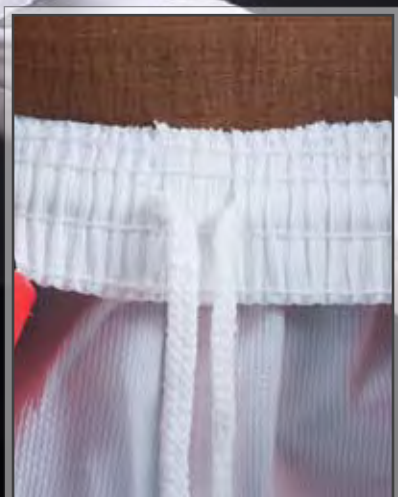
Can also be used as an excellent summer gi

Material allows unrestrictive movement

Globally approved by the highest karate governing body



A



A WKF APPROVED 8oz ELITE COMPETITION KARATE SUIT

Order Code: 01-20

WKF Approved. This suit is one of the most un-restrictive suit you can buy! It will outstretch you and your opponent. It is a revolutionary suit made from 57% cotton, 40% polyester and 3% lycra allowing extra stretch for the sharpest unrestrictive movement. It is approved by the highest competitive governing body worldwide. It has a special ribbed outer finish to the material and is pre-shrunk. It has an extra long jacket to stop riding up during competitions and the pants have an elastic and cord waist. Belt not included.

Sizes: 140cm - 210cm

Colours: White

UNIFORM SIZE CHART

Size	Height		Size	Height	
1	140cm	4'5" to 4'8"	5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



CLOTHING

KARATE

BLITZSPORT.COM

Elite Gloves
With Thumb
Page 119

A

Elite Foot
Page 135





Soft brushed cotton

Available in smaller sizes

The U.K.'s most popular heavyweight suit from Blitz



A **SILVER TOURNAMENT KARATE SUIT**

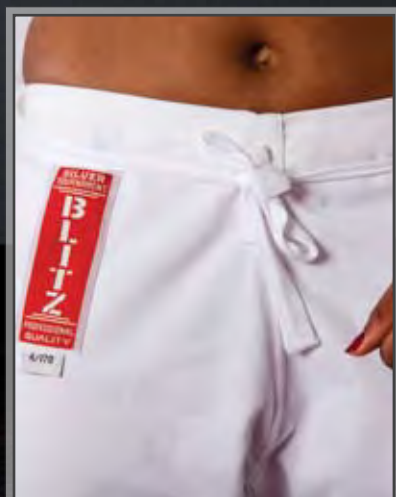
Order Code: 01-07

Our classic 'Red Label' offers maximum comfort and unrestricted movement. A pre-shrunk suit made from 100% raised double brushed cotton canvas. It is Britains most popular heavyweight suit from Blitz. The easy iron pants come with tie waist only. Belt not included.

- Sizes:** 140cm - 210cm

(Available in Half Sizes)

Colours: White



UNIFORM SIZE CHART					
Size	Height		Size	Height	
1	140cm	4'5" to 4'8"	5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>





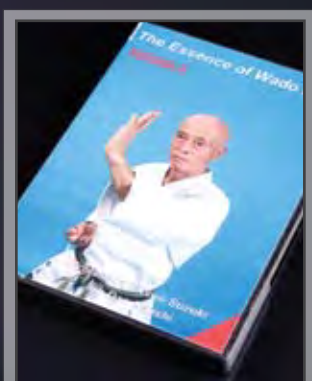
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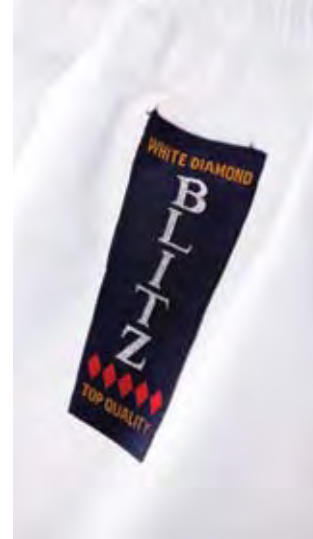
Chosen by grandmasters for both
kata and kumite

Two pairs of pants make this
suit a perfect club or
tournament suit

The material delivers a sharper
crisper sound to your techniques



See Website for
Full DVD & Book Lists



A WHITE DIAMOND KARATE SUIT

Order Code: 01-09

Our 5 Star Deluxe White Diamond Gi is perfect for advanced students and instructors. This world renowned suit is made from the finest white 14oz, 100% faultless, smooth woven cotton canvas and is a global seller. The long jacket stops riding up and comes complete with two pairs of trousers. One pair for kata (shorter, wider cut) having a tie waist whilst the second pair, for kumite (longer thinner cut) has an elastic waist with cord. Belt not included.

Sizes: 140cm - 210cm
(Available in Half Sizes)

Colours: White

Includes: 1 x Kumite Pants
1 x Kata Pants

UNIFORM SIZE CHART

Size	Height		Size	Height	
1	140cm	4'5" to 4'8"	5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Page 173

Page 141

Page 64

CLOTHING

KARATE

BLITZSPORT.COM

A

Black Belts
Page 65 , 73



Heavy duty and durable ☐

Excellent for those who prefer a heavier weighted suit ☐

Robust stitching in gussett for improved performance ☐



CLOTHING

A JAPAN KARATE SUIT

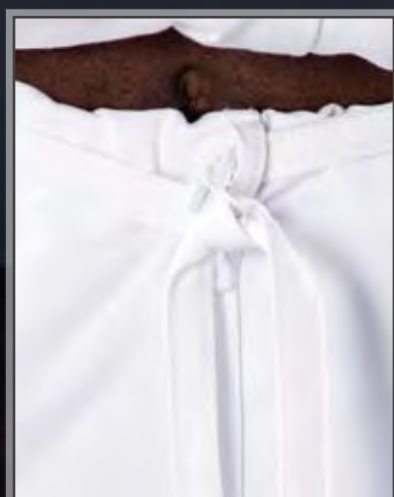
Order Code: 01-08

A fantastic 16oz super heavyweight instructors gi, made from the finest 100% smooth cotton canvas. If the high fashion industry made a karate suit, then this would be it. It has an authority of its own, commands respect and is a global seller. Belt not included.

Sizes: 160-205cm
(Available in Half Sizes)

Colours: White

KARATE



UNIFORM SIZE CHART					
Size	Height		Size	Height	
3	160cm	5'1" to 5'4"	6	190cm	6'1" to 6'3"
4	170cm	5'5" to 5'9"	7	200cm	6'4" to 6'7"
5	180cm	5'10" to 6'0"	7.5	205cm	6'8"

ALSO AVAILABLE >>>



Page 173

Page 195

Page 165

BLITZSPORT.COM

15

A

Brown Belts
Page 64



A very versatile suit used in a variety of martial arts styles

Extra stitching on seams and gusset areas, where essential durability is required

Designed by martial arts instructors



CLOTHING

A BLACK CHALLENGER KARATE SUIT

Order Code: 01-10

A professional heavyweight suit for champions. The 14oz 100% club cotton canvas suit has strong jacket ties and the long jacket stops any riding up. Additional strength comes from the extra stitching in the under arm and gusset. The pants come with traditional tie waist. Belt not included.

Sizes: 150cm - 210cm

Colours: Black

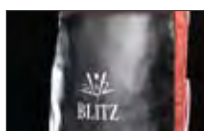
KARATE



UNIFORM SIZE CHART

Size	Height		Size	Height	
			5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Page 147

Page 161

Page 159

BLITZSPORT.COM

17



Nationally chosen by instructors and coaches, perfect for beginners

A durable and excellently priced suit

All student judo suits have an elastic/cord waist, so they stay up & feel comfortable



CLOTHING

A COTTON STUDENT JUDO SUIT

Order Code: 03-

The perfect student suit made from the finest quality interlocking single weave in 100% cotton fibre. Smart comfortable and perfect for the dedicated Judo student. The durable Judo pants come with an elastic/cord waist. This suit is the most popular judo instructors choice from Blitz. White belt included.

Sizes: 100cm - 210cm

Colours: Bleached White (Code 03-01)
Natural (Code 03-02)
Blue (Code 03-03)
Black (Code 03-04)

B COTTON STUDENT JUDO PANTS

Order Code: 03-

Student Judo pants are available separately, ideal for those training more than once a week. They have extra stitching on the knees and a reinforced gusset with elastic/cord waist. Size 160cm and over (white) are gold quality pants are tie waist. Made from 100% cotton.

Sizes: 120cm - 200cm

Colours: White (Code 03-10)
Blue (Code 03-12) (Size 160 - 200cm)
Black (Code 03-13) (Size 160 - 200cm)

UNIFORM SIZE CHART

Size	Height		Size	Height	
0000	100cm	3'5" and under	3	160cm	5'1" to 5'4"
000	110cm	3'6" to 3'7"	4	170cm	5'5" to 5'9"
00	120cm	3'8" to 4'0"	5	180cm	5'10" to 6'0"
0	130cm	4'1" to 4'4"	6	190cm	6'1" to 6'3"
1	140cm	4'5" to 4'8"	7	200cm	6'4" to 6'7"
2	150cm	4'9" to 5'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Page 174

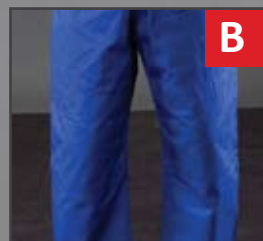
Page 84

Page 171

JUDO

BLITZSPORT.COM

19



Blue Judo Pants



White Judo Pants



Black Judo Pants



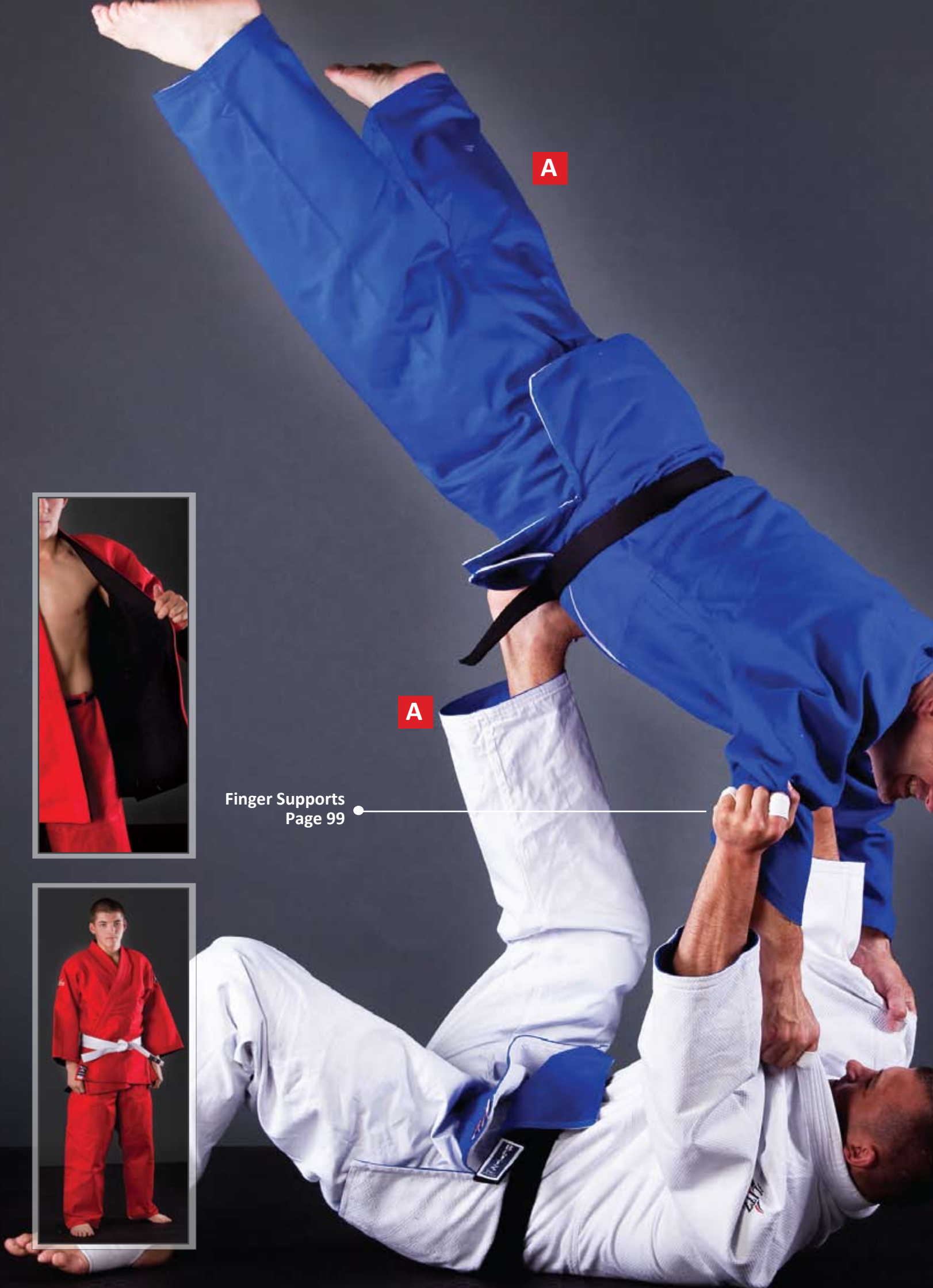
Blue, white & black student judo suit pants (that complete the suit) have elastic/cord waist.



Finger Supports
Page 99

A

A



Ideal for club or competition use

Comfortable without compromising your technical ability

Tough and long lasting



CLOTHING

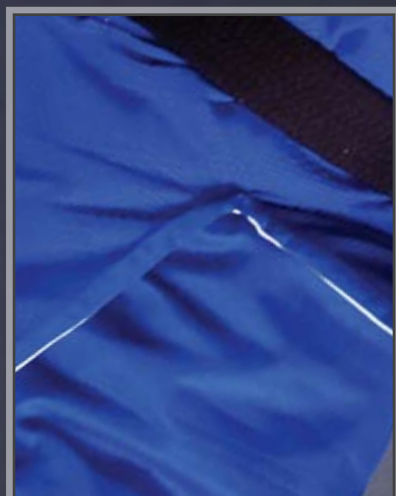
A REVERSIBLE JUDO SUIT

Order Code: 03-

Built for serious competitors and used in competitions and clubs throughout Europe. Made from 100% cotton weave drill, this durable reversible suit has many features including; extra stitching on the shoulders, under the arms and across the gusset. The reversible pants incorporate a traditional tie waist. Belt not included.

Sizes: 140cm - 210cm (Blue/White)
(Available in Half Sizes)
150cm - 190cm (Red/Black)

Colours: Blue/White (Code 03-08)
Red/Black (Code 03-09)

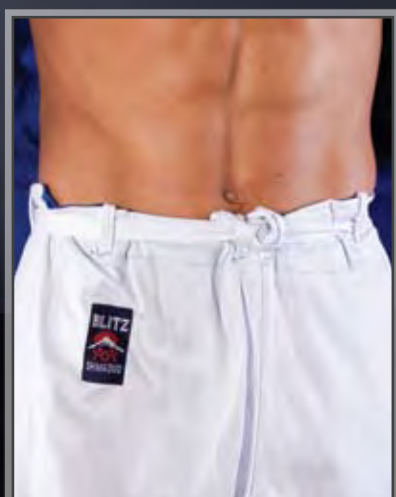


B GOLD HEAVYWEIGHT JUDO PANTS

Order Code: 03-11

These 100% cotton drill Blitz Gold Judo pants are fully lined with reinforced gusset and extra stitching on the knees, ideal for those tough competitions. Traditional tie waist for comfort and manoeuvrability.

Sizes: 160cm - 210cm
Colours: White



UNIFORM SIZE CHART

Size	Height		Size	Height	
1	140cm	4'5" to 4'8"	5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



JUDO

BLITZSPORT.COM

A

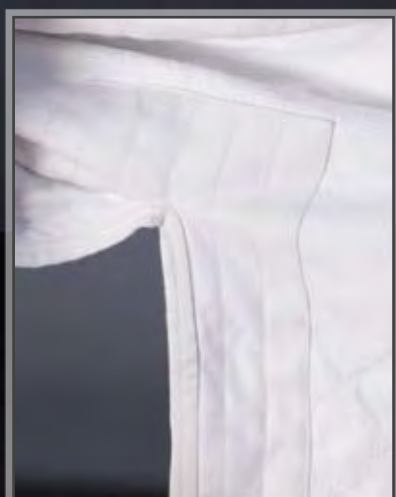
B



Finest interlocking cotton

Worn by Olympians & champions

Available in half sizes



CLOTHING

A OLYMPIAN JUDO SUIT

Order Code: 03-

The name says it all. This famous judo suit is made by Blitz from the finest interlocking cotton with double weave, reinforced and taped seams. Inside is raised double brushed cotton for maximum comfort. This special competition suit has endless features and the pants incorporate a traditional tie waist. Belt not included.

Sizes: 160cm - 210cm (White)
160cm - 205cm (Blue)
(Available in Half Sizes)

Colours: White (Code 03-06)
Blue (Code 03-07)

B GOLD HEAVYWEIGHT JUDO SUIT

Order Code: 03-05

Heavyweight 100% cotton drill double weave suit for the advanced judoka who trains everyday of the week. This excellent durable double weave gi has taped seams and soft raised cotton for comfort. It incorporates a woven design on the skirt of the jacket with reinforced knee and fully lined pants with tie waist. Belt not included.

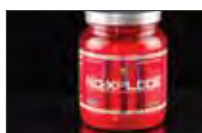
Sizes: 140cm - 210cm

Colours: White

UNIFORM SIZE CHART

Size	Height		Size	Height	
1	140cm	4'5" to 4'8"	5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



JUDO

BLITZSPORT.COM

Dipped Foam Foot
Page 133

Dipped Foam Hood
Page 105



Dipped Foam
Tag Page 117



Dipped Foam Foot
Page 133

One of the BEST & most economical Blitz suits on the market

Soft fibres which ensure comfort

Chosen by National & International instructors and coaches as an excellent first suit



CLOTHING

A WTF POLYCOTTON TAEKWONDO SUIT - KIDS

Order Code: 04-

Available in a wide range of kids sizes, our pre-shrunk polycotton mixed fibre medium weight suit is both durable and comfortable. The jacket has adjustable elastic ties on inner. Trousers have an elastic and cord waist with professional groin to ankle gusset. White belt is included.

No extra charge option; Taekwondo print on the back of the jacket in English with Korean translation underneath. Please state your preference - plain or printed when ordering.

Sizes: 110cm - 210cm

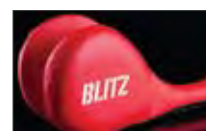
Colours: White (Code 04-03)
White with Black V Collar (04-04)

WTF TKD

UNIFORM SIZE CHART

Size	Height		Size	Height	
			3	160cm	5'1" to 5'4"
000	110cm	3'6" to 3'7"	4	170cm	5'5" to 5'9"
00	120cm	3'8" to 4'0"	5	180cm	5'10" to 6'0"
0	130cm	4'1" to 4'4"	6	190cm	6'1" to 6'3"
1	140cm	4'5" to 4'8"	7	200cm	6'4" to 6'7"
2	150cm	4'9" to 5'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>





WTF Approved Headguard
Page 103, 106

Dipped Foam
Hood Page 105



Dipped Foam Foot
Page 133

Our best selling basic Taekwondo suit

Professional groin to ankle gusset ensures high kicking techniques

Non-restrictive material gives greater ease of movement



Standard Spot
● Body Armour
Page 112

A



A WTF POLYCOTTON TAEKWONDO SUIT
- ADULTS

Our pre-shrunk polycotton mixed fibre medium weight suit is both durable and comfortable. The jacket has adjustable elastic ties on inner. Trousers have an elastic and cord waist with professional groin to ankle gusset. White belt is included.

No extra charge option; Taekwondo print on the back of the jacket in English with Korean translation underneath. Please state your preference - plain or printed when ordering.

- Sizes:** 110cm - 210cm
Colours: White (Code 04-03)
White with Black V Collar (04-04)

UNIFORM SIZE CHART					
Size	Height		Size	Height	
			3	160cm	5'1" to 5'4"
000	110cm	3'6" to 3'7"	4	170cm	5'5" to 5'9"
00	120cm	3'8" to 4'0"	5	180cm	5'10" to 6'0"
0	130cm	4'1" to 4'4"	6	190cm	6'1" to 6'3"
1	140cm	4'5" to 4'8"	7	200cm	6'4" to 6'7"
2	150cm	4'9" to 5'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



WTF Approved
Headguard
Page 102, 106

WTF Approved
Body Armour
Page 103, 113

A

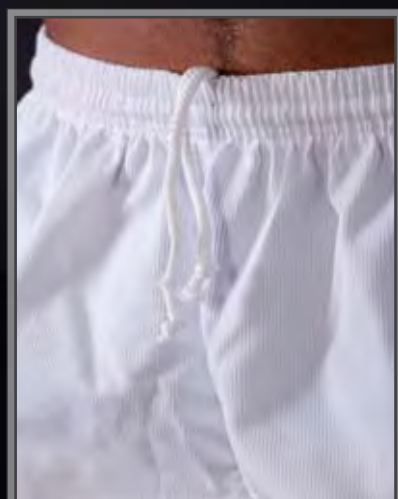
WTF Approved
Gloves
Page 102,116



Approved by the
World Taekwondo Federation

Mixed fibres ensuring
maximum comfort

Accompanying approved
products available.



CLOTHING

A WTF WACOKU APPROVED MASTER TAEKWONDO SUIT

Order Code: 92-02

A unique suit approved by the leading authority of Taekwondo, the World Taekwondo Federation. It's 45% cotton and 55% poly fabric and consists of an elastic/cord waist ensuring maximum comfort when you kick! The official WTF logo appears on the centre of the jacket and can be purchased with a variety of WTF approved products. Belt not included.

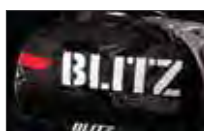
Sizes: 140cm - 210cm
Colours: White with Black V Neck

SEE PAGE 102 & 103 FOR OUR FULL RANGE OF
WTF APPROVED EQUIPMENT

UNIFORM SIZE CHART

Size	Height		Size	Height	
1	140cm	4'5" to 4'8"	5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



WTF TKD

BLITZSPORT.COM



A

Softer cotton suit ensuring greater comfortability

Complete with white belt

A variety of accompanying products available

A

Dipped Foam Tag
Page 117



A ITF POLYCOTTON TAEKWONDO SUIT - KIDS

Order Code: 04-11

Suitable for children, our pre-shrunk polycotton mixed fibre medium weight suit is both durable and comfortable. The jacket has adjustable velcro on inner. Trousers have an elastic and cord waist with professional groin to ankle gusset. White belt is included.

I.T.F. logo printed on rear of jacket.

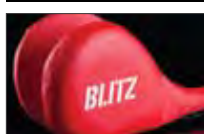
Sizes: 120cm - 150cm

Colours: White (Code 04-11)
White with Black Trim (Code 04-12)

UNIFORM SIZE CHART

Size	Height		Size	Height	
00	120cm	3'8" to 4'0"	1	140cm	4'5" to 4'8"
0	130cm	4'1" to 4'4"	2	150cm	4'9" to 5'0"

ALSO AVAILABLE >>>



Page 143

Page 69

Page 69

CLOTHING

ITF TKD

BLITZSPORT.COM

Pro Leather Gloves
Page 115

A

Pro Leather Foot
Page 134



Professional groin to ankle gusset, ensuring greater kicking flexibility

Secure velcro fastening to front keeps the jacket securely closed

Chosen by some of the greatest names within the ITF

A



CLOTHING

A ITF POLYCOTTON TAEKWONDO SUIT - ADULTS

Order Code: 04-11

Our pre-shrunk polycotton mixed fibre medium weight suit is both durable and comfortable. The jacket has adjustable velcro on inner. Trousers have an elastic and cord waist with professional groin to ankle gusset. White belt is included. Also features an embroidered I.T.F. logo which is stitched onto the suit.

I.T.F logo is printed on rear of jacket.

Sizes: 160cm - 200cm

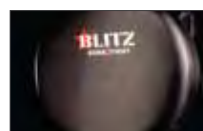
Colours: White (Code 04-11)
White with Black Trim (Code 04-12)

ITF TKD

UNIFORM SIZE CHART

Size	Height		Size	Height	
3	160cm	5'1" to 5'4"	6	190cm	6'1" to 6'3"
4	170cm	5'5" to 5'9"	7	200cm	6'4" to 6'7"
5	180cm	5'10" to 6'0"			

ALSO AVAILABLE >>>





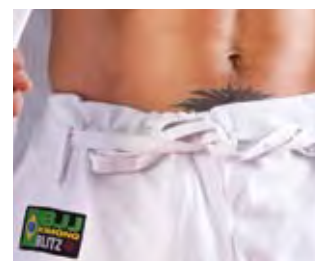
A

A

Reinforced gusset and seams

A tough suit where durability is essential

Used by many Ju Jitsu clubs throughout the U.K. & Europe



CLOTHING

A LUTADOR BRAZILIAN JU JITSU SUIT

Order Code: 02-03

Our answer to the popular demand for a fitted durable Competition Brazilian Ju Jitsu suit that stands out. Made from white "A" grade double weave fabric, 100% cotton/canvas complete with fight 'Lutador' sponsor patches and red trim. Tie waist and reinforced gusset are an asset. Light in weight but heavy in durability, this is the only competition Brazilian Ju Jitsu suit you will ever need. Tested and approved by some of U.K.'s top Brazilian Ju Jitsu coaches. Unique in look and quality for die hard Brazilian Ju Jitsu fighters. Belt not included, tie waist.

Sizes: 150cm - 200cm

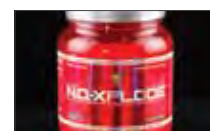
Colours: White



UNIFORM SIZE CHART

Size	Height		Size	Height	
2	150cm	4'9" to 5'0"	5	180cm	5'10" to 6'0"
3	160cm	5'1" to 5'4"	6	190cm	6'1" to 6'3"
4	170cm	5'5" to 5'9"	7	200cm	6'4" to 6'7"

ALSO AVAILABLE >>>



BRAZILIAN JU JITSU

BLITZSPORT.COM

Elastic Hand
Pads Page 99

A



Elastic Shin &
Instep Page 99

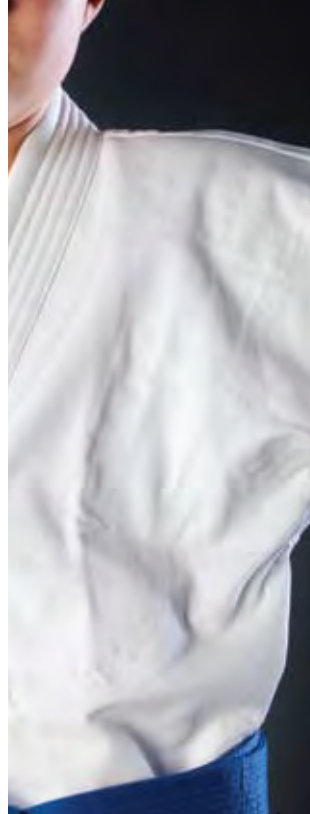
Extra stitching on shoulders & thighs

Versatile suits that can be used in a variety of martial arts styles

Used by National and International champions

A

Belts
Page 65



A TRADITIONAL JU JITSU SUIT - KIDS

Order Code: 02-

Our traditional style Ju Jitsu suit has reinforced chest areas and heavy duty stitching to withstand the rigours of regular training and competitions. Excellent for all levels of fighting, the trousers have reinforced knee padding for durability, comfort and protection during ground work. Trousers have an elastic cord waist. 14oz 100% cotton canvas. Belt not included.

Sizes: 150cm - 210cm

Colours: White (Code 02-01)
Black (Code 02-02)

UNIFORM SIZE CHART

Size	Height	Size	Height
2	150cm	5	180cm
3	160cm	6	190cm
4	170cm	7	200cm
		8	210cm

ALSO AVAILABLE >>>



Page 194

Page 69

Page 69

CLOTHING

JU JITSU

BLITZSPORT.COM

37



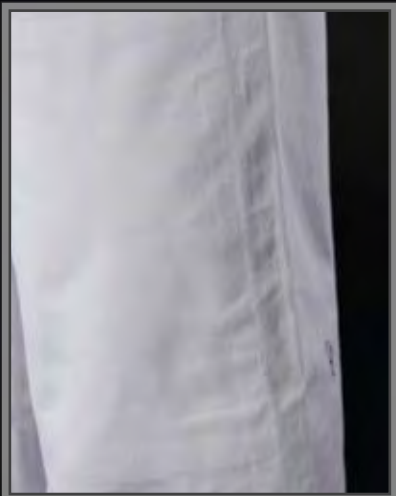
A

A

Heavy duty stitching ☐

Excellent for all levels of training ☐

Comfortable & affordable ☐



A TRADITIONAL JU JITSU SUIT - ADULTS

Order Code: 02-

Our traditional style Ju Jitsu suit has reinforced chest areas and heavy duty stitching to withstand the rigours of regular training and competitions. Excellent for all levels of fighting, the trousers have reinforced knee padding for durability, comfort and protection during ground work. Trousers have an elastic cord waist. 14oz 100% cotton canvas. Belt not included.

- Sizes:** 150cm - 210cm
- Colours:** White (Code 02-01)
Black (Code 02-02)

UNIFORM SIZE CHART					
Size	Height		Size	Height	
			5	180cm	5'10" to 6'0"
2	150cm	4'9" to 5'0"	6	190cm	6'1" to 6'3"
3	160cm	5'1" to 5'4"	7	200cm	6'4" to 6'7"
4	170cm	5'5" to 5'9"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Double Dipped
Foam Hood
Page 106

C

CLASSIC FULL CONTACT TROUSERS



Black/Yellow Black/Pink Black/White Black/Red

XTREME FULL CONTACT TROUSERS



Black/Yellow White/Red Red/Red Black/Pink Blue/Red Black/Red

Double Dipped
Foam Foot
Page 133

Easily create your own club identity with our combination of colours

Available in smaller sizes along with accompanying products

Durable for the toughest little fighter!

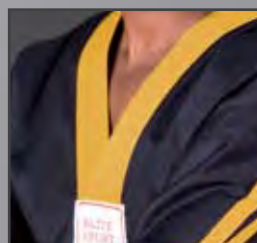
B

Double Dipped Foam Tag
Page 117

A



Black/Red



Black/Yellow



Black/Pink



Black/White



A

CLASSIC FULL CONTACT TROUSERS - KIDS

Order Code: 16-

Classic Full Contact Trousers (FCT) made in polycotton. They are also available with a silk satin finish especially for smaller fighters.

Sizes: 120cm - 150cm

Colours: Please see adult section for codes & colours

B

CLASSIC FULL CONTACT FREESTYLE TOP - KIDS

Order Code: 18-

Mix and match with your favourite pair of full contact trousers. Smaller sizes, especially for smaller kids!

Sizes: 120cm - 150cm

Colours: Please see adult section for codes & colours

C

XTREME SATIN FULL CONTACT TROUSERS - KIDS

Order Code: 17-

If your kids want something a little bit extra on their trousers and still incorporate your club colours, try our xtreme satin full contact trousers.

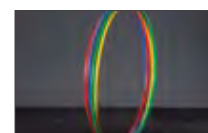
Sizes: 120cm - 150cm

Colours: Please see adult section for codes & colours

UNIFORM SIZE CHART

Size	Height		Size	Height
00	120cm	3'8" to 4'0"	1	140cm
0	130cm	4'1" to 4'4"	2	150cm

ALSO AVAILABLE >>>



Page 136

Page 169

Page 169

CLOTHING

FULL/SEMI CONTACT

BLITZSPORT.COM

Firepower Leather
Boxing Gloves
Page 122

A



Black/Yellow

Black/Pink

Black/White

Black/Red

Pro Leather Foot
Page 134

One of the most popular semi & full contact items of clothing at Blitz

Hundreds of items available to complement and match

Chosen and worn by World Champions

B



Box-Fit Gloves
Page 121



Black/Red



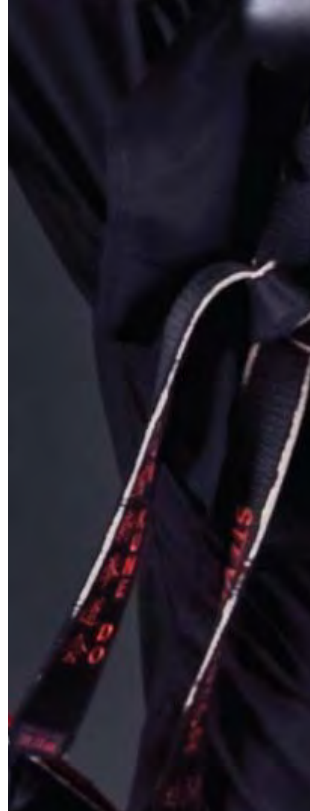
Black/Yellow



Black/Pink



Black/White



CLOTHING

A

CLASSIC FULL CONTACT TROUSERS - ADULTS

Order Code: 16-

Classic Full Contact Trousers (FCT) used by many styles of martial arts, made in polycotton. They are also available with a silk satin finish. Black with contrasting stripes, they are also very comfortable and durable. These also make excellent casual wear.

Sizes: 160cm - 210cm

Colours: Black/White (Code 16-54)
(Polycotton) Black/Yellow (Code 16-55)
Black/Red (Code 16-56)
Black/Pink (Code 16-57)

Colours: Black/White (Code 16-64)
(Satin) Black/Yellow (Code 16-65)
Black/Red (Code 16-66)
Black/Pink (Code 16-67)

B

CLASSIC FULL CONTACT FREESTYLE TOP - ADULTS

Order Code: 18-

Mix and match with your favourite pair of full contact pants. Available in a variety of colours with contrasting stripes on arms and collar. Can be used for many disciplines or those wishing a change from their normal club colours. Poly cotton mixed fibre.

Sizes: 160cm - 210cm

Colours: Black/White (Code 18-51)
(Polycotton) Black/Yellow (Code 18-52)
Black/Red (Code 18-53)
Black/Pink (Code 18-54)

SIZE CHART

Size	Height		Size	Height	
3	160cm	5'1" to 5'4"	6	190cm	6'1" to 6'3"
4	170cm	5'5" to 5'9"	7	200cm	6'4" to 6'7"
5	180cm	5'10" to 6'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Page 170

Page 92, 137

Page 195

FULL/SEMI CONTACT

BLITZSPORT.COM



Firepower Boxing
Gloves Page 122

Embroidered Belts
Page 73

A

Pro Leather Foot
Page 134



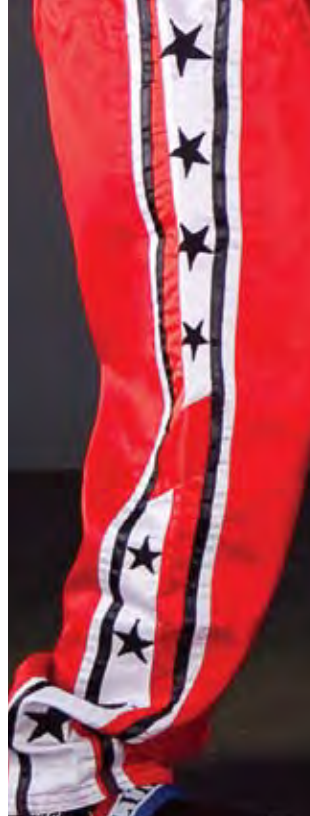
White/Red Black/Yellow Red/Red Black/Pink



Light & easy to wear

Used in and out of the fighting arena

Available in a large variety of colours & sizes



CLOTHING

A XTREME SATIN FULL CONTACT TROUSERS - ADULTS

Order Code: 17-

The xtreme full contact trousers are now available in creative designs which are incorporated within the Blitz new range! All black with contrasting lightning strike in a light satin material. Excellent quality for use in the ring.

Sizes: 160cm - 210cm

Colours: Black/Yellow (Code 17-54)
Black/Red (Code 17-55)
Black/Pink (Code 17-56)
Red/Red (Code 17-57)
White/Red (Code 17-58)
Blue/Red (Code 17-59)

FULL/SEMI CONTACT



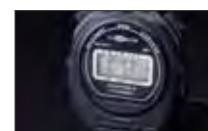
Blue/Red

Black/Red

SIZE CHART

Size	Height		Size	Height	
3	160cm	5'1" to 5'4"	6	190cm	6'1" to 6'3"
4	170cm	5'5" to 5'9"	7	200cm	6'4" to 6'7"
5	180cm	5'10" to 6'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>



Page 101

Page 172

Page 173

BLITZSPORT.COM

Firepower Boxing
Gloves Page 123

A

A

Firepower
Shin & Instep
Page 129

Ankle Supports
Page 98



Vibrant colours ensuring you get noticed in and out of the ring

A wide waist band that won't restrict movement

A wide variety of sizes available

Körpertech
Maxi Guard
Page 100



Red



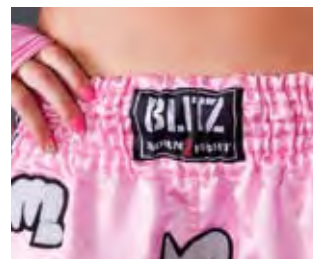
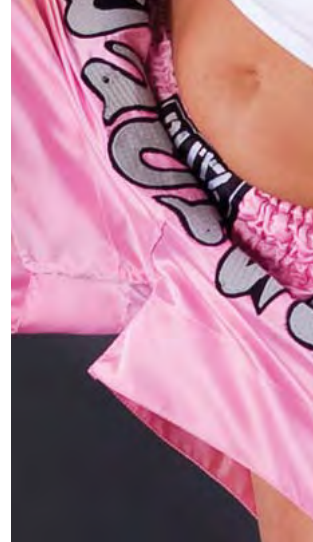
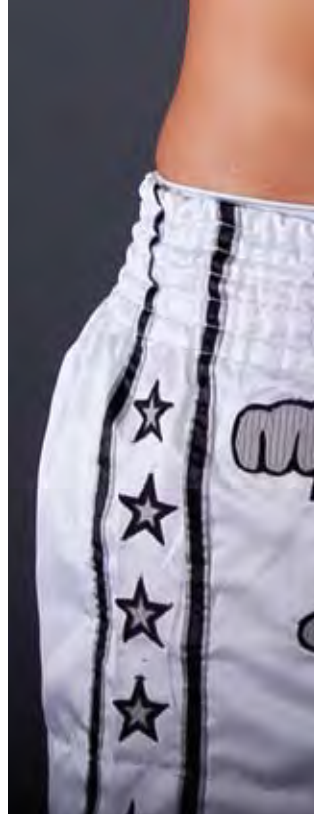
Yellow



Black



Camo



A MUAY THAI FIGHT SHORTS

Order Code: 08-

Lightweight professional shorts for club and ring use. Co-ordinate your shorts with our training equipment. Vibrant new colours for maximum visual effect. Available in satin material with an elastic and cord waistband.

Sizes: 130cm, 140cm, 150cm, Small, Medium, Large, Exlarge

Colours: Black (Code 08-05)
White (Code 08-06)
Pink (Code 08-07)
Camouflage (Code 08-08)
Yellow (Code 08-09)
Red (Code 08-10)

SIZE CHART

Size	Height	Size	Height
130cm	4'1" to 4'4"	Small	5'1" to 5'4"
140cm	4'5" to 4'8"	Medium	5'5" to 5'9"
150cm	4'9" to 5'0"	Large	5'10" to 6'0"
		Exlarge	6'1" to 6'3"

ALSO AVAILABLE >>>



Page 161

Page 159

Page 143

CLOTHING

MUAY THAI

BLITZSPORT.COM

Pro-Star MMA
Gloves Page 120

Fighter T.Shirt
Page 82

Pro-Star
Lutador MMA
Gloves Page 121

A



As used in U.K.'s Ultimate Challenge

Worn by the U.K.'s top MMA fighters

Perfect for groundwork and kicking



White



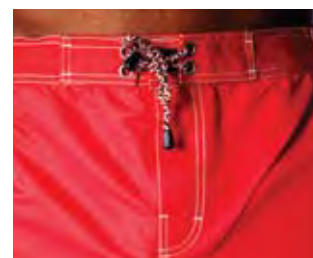
Red



Black



Camo



A BRAZILIAN MMA SHORTS

Order Code: 14-

Fighting shorts designed for grappling or Vale Tudo. Made from synthetic microfibre material, these shorts are pre-shrunk to ensure a comfortable fit with added durability. The official shorts of Ultimate Challenge and ideal for leisure wear.

Sizes: Medium, Large, Exlarge, XXLlarge

Colours: White (Code 14-01)

Red (Code 14-02)

Black (Code 14-03)

Camouflage (Code 14-04)

B NO HOLDS BARRED MMA SHORTS

Order Code: 14-06

Great detail and design with unique design work to stand out from the norm. Made from synthetic microfibre material, pre-shrunk combined with a tough lycra gusset for added stretch and durability for ground work and kicking. Waist has tie cord and strong velcro cover.

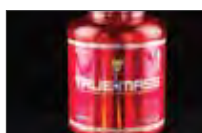
Sizes: Small, Medium, Large, Exlarge, XXLlarge

Colours: Black As Shown

SIZE CHART

Size	Height	
Small	160cm	5'1" to 5'4"
Medium	170cm	5'5" to 5'9"
Large	180cm	5'10" to 6'0"
Exlarge	190cm	6'1" to 6'3"
XXLarge	200cm	6'4" to 6'7"

ALSO AVAILABLE >>>



CLOTHING

MMA

BLITZSPORT.COM

Badbreed
Gum Shield
Page 92, 137

A

Badbreed 'Sinners'
MMA Gloves
Page 121

B

Badbreed
T-Shirt
Page 92



New Rear Design

Breathable Rash Guard ensuring optimum body temperature

Authentic designs

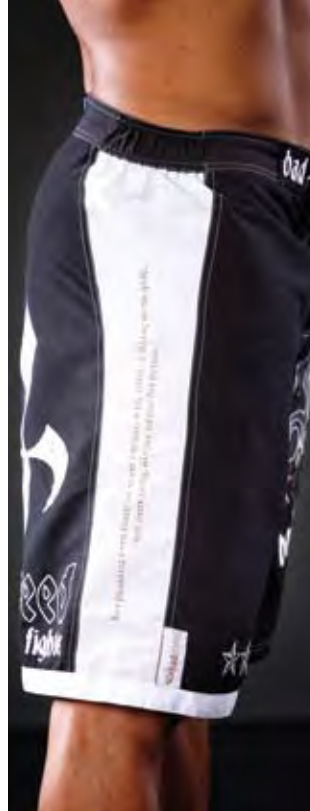
Tried & tested by champions



Improved Design



Improved Design



CLOTHING

MMA

A BAD BREED 'SAINTS OF WAR' RASH GUARD

Order Code: 15-08

Brand new at Blitz, the Bad Breed anti-friction rash guard. Ideal for MMA and as an under vest to protect the skin during ground work and training. Excellent for BJJ and MMA it is designed to help keep muscle temperature at an optimum level.

Sizes: Small, Medium, Large, Exlarge, XXLarge, XXXLarge

Colours: Black (As Shown)

B BAD BREED DIABLO 'RARE' MMA SHORTS

Order Code: 14-07

New from Badbreed, mma Shorts, with elastic and tie waist and elastic stretch gusset for ease of movement. One of the most comfortable mma shorts you will find, with both embroidery and print styling.

As worn in the cage, tried and tested by champions, one for confident fighters who can back up the statement... 'The Chronicles of a Fighter!'

Sizes: Small, Medium, Large, Exlarge, XXLarge

Colours: Black As Shown

SIZE CHART

Size	Height	
Small	160cm	5'1" to 5'4"
Medium	170cm	5'5" to 5'9"
Large	180cm	5'10" to 6'0"
Exlarge	190cm	6'1" to 6'3"
XXLarge	200cm	6'4" to 6'7"
XXXLarge	210cm	6'8" and Over

ALSO AVAILABLE >>>



Rattan Bo
Page

Broadsword
Page 181

A

B

Sashes
Page 65

Kung Fu Shoes
Page 85



Ideal for training or demonstrations

All Kung Fu suits have a reinforced gusset

Kung Fu pants also sold separately



A KUNG FU WU SHU SUIT

Order Code: 06-03

Straight cut jacket with red ribbon toggle design. Cuffs are velcro fastening and complete with double ribbon pattern. Trousers have cuffed ankles with an elastic and cord waist. Sold with co-ordinated red sash. 100% silk/satin finish.

Sizes: 160cm - 200cm

Colours: Black/Red (As Shown)

B KUNG FU SUIT

Order Code: 06-

An authentic hard-wearing, practical and comfortable Kung Fu suit made from 100% soft cotton. Pants have cuffed ankles and elastic/cord waist. Available in full black or black with white collar and cuffs. Sash not included.

Sizes: 110cm - 210cm

Colours: All Black (Code 06-01)
Black with White Collar and (Code 06-02)

C KUNG FU PANTS

Order Code: 06-04

Same quality trousers as those supplied with the suits with cuffed ankles and an elasticated cord waist. Great for general training and casual wear. 100% soft cotton.

Sizes: 120cm - 210cm

Colours: Black (As Shown)

UNIFORM SIZE CHART

Size	Height		Size	Height	
			3	160cm	5'1" to 5'4"
000	110cm	3'6" to 3'7"	4	170cm	5'5" to 5'9"
00	120cm	3'8" to 4'0"	5	180cm	5'10" to 6'0"
0	130cm	4'1" to 4'4"	6	190cm	6'1" to 6'3"
1	140cm	4'5" to 4'8"	7	200cm	6'4" to 6'7"
2	150cm	4'9" to 5'0"	8	210cm	6'8" and over

ALSO AVAILABLE >>>

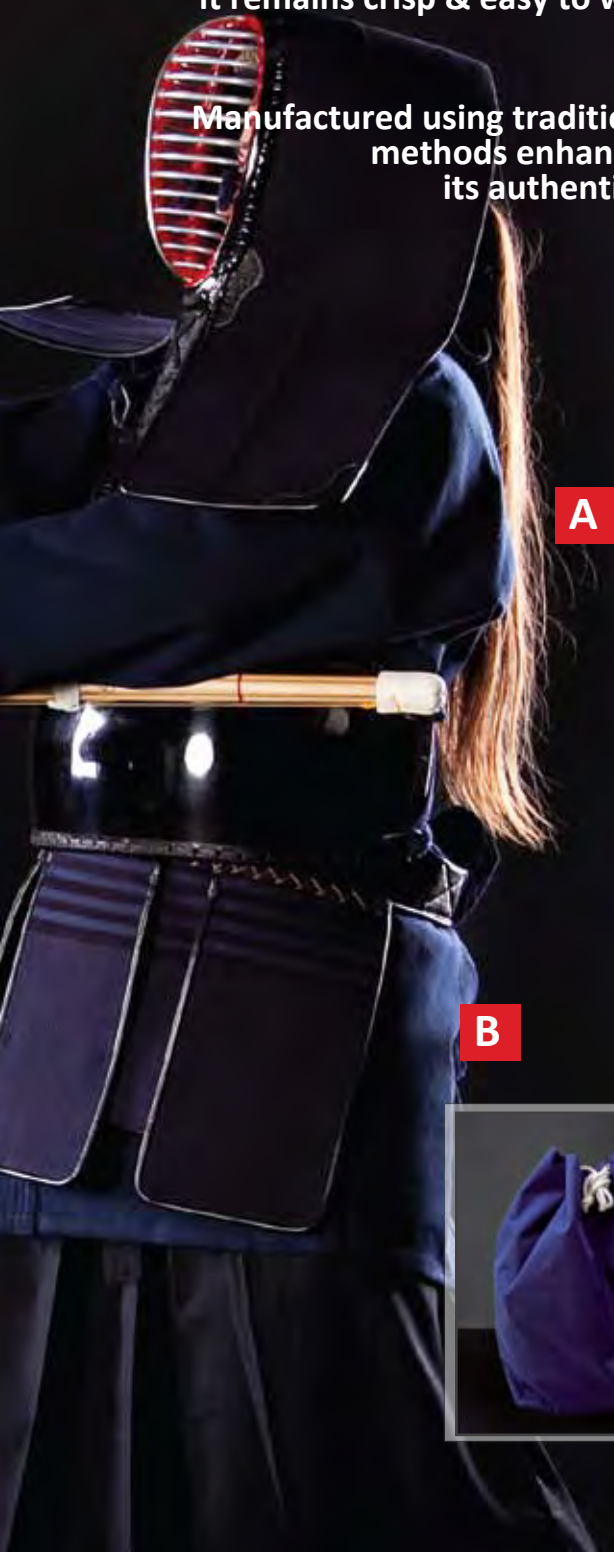




One of the most cost effective armours in the U.K.

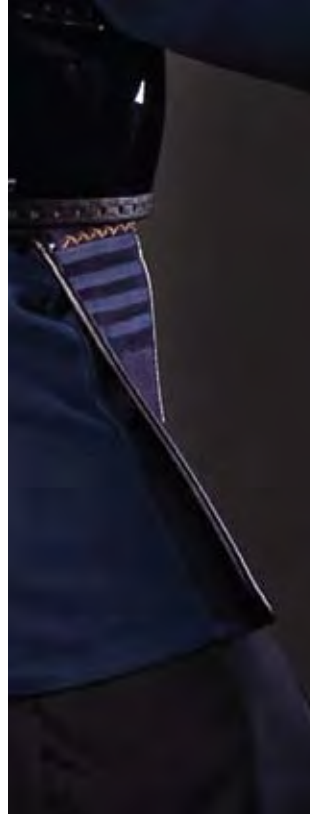
The hakamas poly cotton fibres ensure it remains crisp & easy to wash

Manufactured using traditional methods enhancing its authenticity



A

B



A

KENDO ARMOUR WITH CARRY CASE

Order Code: 07-07

Kendo armour is authentic and robust. Constructed for the toughest of training schedules! The entire set comprises of: head mask(men), gloves(kote), breast plate(dou) and protective skirt(tar) - complete with carry case.

Sizes: Small, Medium, Large, Exlarge

Colours: One Colour As Shown

B

KEOKOGI

Order Code: 07-05

Used by Kendo and Iaido practitioners our professional keokogi is a deluxe woven wrap-over jacket with the side slits of jacket skirt edged in cotton tape. 100% cotton.

Sizes: 160cm - 210cm

Colours: Blue

C

HAKAMA

Order Code: 07-

A professional training Hakama. Complete with tie. Tacking holds the pleats in place prior to wearing. (Please do not remove tacking if there is a need to return). Hakama has been finished with a stitched hem and stiff waist-band. 65% polyester - 35% rayon.

Sizes: 160cm - 210cm

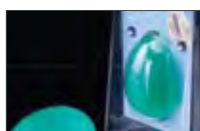
Colours: Black (Code 07-01)

Blue (Code 07-02)

SIZE CHART

Size	Height		Size	Height
3 (Small)	160cm	5'1" to 5'4"	6 (ExLarge)	190cm
4 (Med)	170cm	5'5" to 5'9"	7 (XXL)	200cm
5 (Large)	180cm	5'10" to 6'0"	8 (XXXL)	210cm
				6'1" to 6'3"
				6'4" to 6'7"
				6'8" and over

ALSO AVAILABLE >>>



CLOTHING

KENDO/IAIDO

BLITZSPORT.COM

Ninja Bokken
Page 185

A



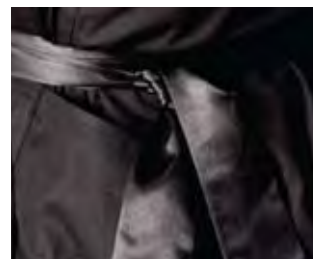
Ninja Outdoor
Tabi Boots
Page 84

An original, yet updated design,
popular with many Ninjitsu
instructors and coaches

A multitude of accompanying products
to complement the ninja set

Available in a variety of sizes &
fabulous as a fancy dress costume

A



A NINJA SUIT

Order Code: 05-01

This suit is made in a time-honoured manner. It is used by students and instructors world wide. The top is a customary wrap over incorporating secret pocket. The pants have calf ties and traditional ties to the waist. The outfit is complete with inner and outer hood, gauntlets, hand cover gloves and sash. Made from 100% cotton. Tabi boots and ninja bokken not included.

Sizes: 120cm - 200cm

Colours: Black (As Shown)

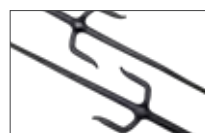
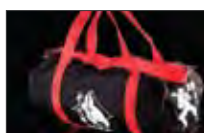
Includes

1. Hood
2. Jacket
3. Trousers
4. Gauntlets
5. Hand Cover Gloves
6. Black Sash Belt

UNIFORM SIZE CHART

Size	Height	Size	Height
		3	160cm
00	120cm	4	170cm
0	130cm	5	180cm
1	140cm	6	190cm
2	150cm	7	200cm

ALSO AVAILABLE >>>



CLOTHING

NINJITSU

BLITZSPORT.COM

B

C

B

Classic Full Contact
Trousers Page 41, 43

Firepower Leather
Training Shoes Page 85



Can be used for many other
full contact martial arts

Worn by Coaches, Instructors
& World Champions

Excellent competition or club wear,
withstands substantial punishment

A



CLOTHING

A KALI REVERSIBLE BODY ARMOUR

Order Code: 48-02

A tough reversible jacket able to withstand substantial punishment. Red one side, blue the other makes it ideal for competitions. Padded design allows unrestricted movement.

Sizes: Small, Medium, Large, ExLarge

Colours: Red/Blue

B KALI HEAD GUARD

Order Code: 48-01

A superb leather padded head guard with full face metal grill protects against blows from all directions.

Sizes: Junior or Senior

Colours: Black

C KALI GLOVE

Order Code: 48-03

Kali gloves protect the hands from blows yet still allows free movement and great grip.

Sizes: Small, Medium, Large, ExLarge

Colours: Black

HEADGUARD SIZE CHART		BODY ARMOUR SIZE CHART	
		Size	Height
		Small	160 cm
		Medium	170 cm
Junior	Youth	Large	180 cm
Senior	Adult	ExLarge	190 cm

ALSO AVAILABLE >>>



KALI

BLITZSPORT.COM



Spot Leather
Focus Pad With Mitt
Page 144

Pro Boxing Semi Faced
Head Guards
Page 108

Coaching Armour
Page 111

A

B

Professional
Boxing Boots
Page 85

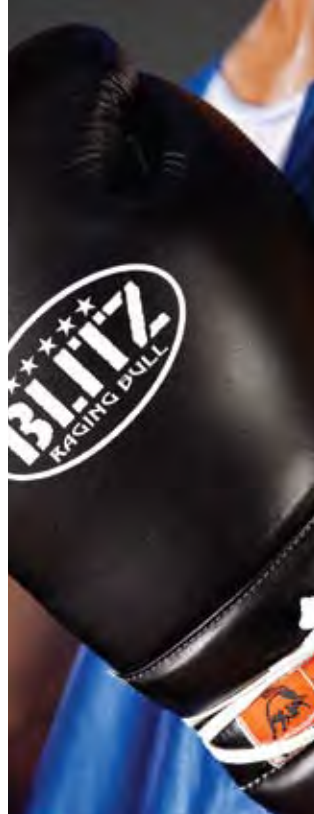


Light & cool to wear

Synthetic fibres
which ensure comfort

Smaller sizes for the
smallest of fighters

Kids Leather Boxing
Gloves Page 124



CLOTHING

A RAGING BULL BOXING VEST - KIDS

Order Code: 08-

Especially for younger fighters, light and cool breathable vest with side inserts for a comfortable fit. 100% Polyester means no shrinkage and no skin irritation.

Sizes: XXSmall, XSmall

Colours: Blue (Code 08-14-Blue)
Red (Code 08-15-Red)
Black (Code 08-16-Black)

B RAGING BULL BOXING SHORTS - KIDS

Order Code: 08-

Same material as the vest which complements the whole set. The 8cm soft elastic waist band means your shorts will stay securely in place while you battle it out with your opponent.

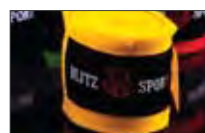
Sizes: XXSmall, XSmall

Colours: Blue (Code 08-11-Blue)
Red (Code 08-12-Red)
Black (Code 08-13-Black)

SIZE CHART

Size	Height	
XXSmall	140cm	4'5" to 4'8"
XSmall	150cm	4'9" to 5'0"

ALSO AVAILABLE >>>



Page 136

Page 126

Page 127

BOXING

BLITZSPORT.COM

A

B

B



Available in a wide variety of sizes & a full range of matching protection

Breathable vest with side inserts

Very adaptable & can be worn separately for general training purposes

A



Professional Boxing ●
Boots Page 85



CLOTHING

A

RAGING BULL BOXING VEST - ADULTS

Order Code: 08-

Light and cool breathable vest with side inserts for a comfortable fit. 100% Polyester means no shrinkage and no skin irritation.

Sizes: XXSmall, XSmall, Small, Medium, Large, ExLarge, XXLLarge

Colours: Blue (Code 08-14-Blue)
Red (Code 08-15-Red)
Black (Code 08-16-Black)

B

RAGING BULL BOXING SHORTS - ADULTS

Order Code: 08-

Same material as the vest which complements the whole set. The 8cm soft elastic waist band means your shorts will stay securely in place while you battle it out with your opponent.

Sizes: XXSmall, XSmall, Small, Medium, Large, ExLarge, XXLLarge

Colours: Blue (Code 08-11-Blue)
Red (Code 08-12-Red)
Black (Code 08-13-Black)



SIZE CHART

Size	Height	
XXSmall	140cm	4'5" to 4'8"
XSmall	150cm	4'9" to 5'0"
Small	160cm	5'1" to 5'4"
Medium	170cm	5'5" to 5'9"
Large	180cm	5'10" to 6'0"
ExLarge	190cm	6'1" to 6'3"
XXLarge	200cm	6'4" to 6'7"

ALSO AVAILABLE >>>



BOXING

BLITZSPORT.COM



PLAIN COLOURED BELTS

Order Code: 100-

100% cotton, 45mm wide with 11 rows of high quality stitching for double strength. These plain belts are easy to tie and very durable.

Size: 230cm, 250cm, 280cm, 320cm



COLOURED BELT/BLACK STRIPE

Order Code: 101-

These plain colour with black stripe belts are made of 100% cotton. 45mm wide with 11 rows of high quality stitching for double strength making them very durable.

Size: 250cm, 280cm, 320cm



WHITE BELT/COLOURED STRIPE

Order Code: 102-

These white with colour stripe belts are made of 100% cotton. 45mm wide with 11 rows of high quality stitching for double strength making them very durable.

Size: 230cm, 250cm, 280cm, 320cm



COLOURED BELT/WHITE STRIPE

Order Code: 103-

These plain colour with white stripe belts are made of 100% cotton. 45mm wide with 11 rows of high quality stitching for double strength making them very durable.

Size: 230cm, 250cm, 280cm, 320cm



COLOUR BELT/COLOUR STRIPE

Order Code: 104-

These plain colour with colour stripe belts are made of 100% cotton. 45mm wide with 11 rows of high quality stitching for double strength making them very durable.

Size: 250cm, 280cm, 320cm



COLOUR BELT DOUBLE STRIPE

Order Code: 105-

Made of 100% cotton. 45mm wide with 11 rows of high quality stitching for double strength making them very durable.

Size: 250cm, 280cm, 320cm



SPLIT LENGTH COLOUR BELT

Order Code: 111-

Made of 100% cotton. 45mm wide with 11 rows of high quality stitching for double strength making them very durable.

Size: 250cm, 280cm, 320cm

BELTS AND SASHES

Belts and sashes not only keep your clothes neatly together, but they are an important part of showing what level of martial arts proficiency you have achieved.

All of our belts and sashes are carefully made with that in mind, because we understand how much a belt or sash is cherished.



STANDARD SILK BLACK BELT

Order Code: 108-

Standard silk belt with 10 rows of stitching, 1.75 inches wide.

Size: 250cm, 280cm, 320cm



DELUXE SILK BLACK BELT

Order Code: 109-

A deluxe silk black belt with 17 rows of stitching, 2 inches wide.

Size: 250cm, 280cm, 320cm



DELUXE COTTON BLACK BELT

Order Code: 110-

A deluxe cotton belt with 17 rows of stitching, 2 inches wide.

Size: 250cm, 280cm, 320cm



KAKUOBI

Order Code: 110-

Webbed design. Used as a belt to hold a sword during laido practice.

Size: One Size



BLOCK COLOUR BELT

Order Code: 106-

Advanced belt with 17 rows of stitching, 2 inches wide. Black/red 320cm only.

Size: 280cm, 320cm



COMPETITION SILK

Order Code: 107-

A Competition silk belt with 11 rows of stitching, 1.75 inches wide.

Size: One Size Only



SASH

Order Code: 113-

Silk smooth and easy to tie. Available in one size. 100% Polyester (Satin).

Size: 300cm

KIDS - SAMURAI SAM

Samurai Sam Equipment
Samurai Sam Suits
Samurai Sam Training Aids





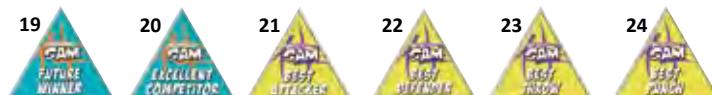
SAMURAI SAM FREESTANDING KICK & PUNCH BAG

Order Code: SS-03

Great for a child's enjoyment and training! No need to hang this bag. Its height stands at just 50 inches. Incorporating a 13.5 inch diameter it also features strike points with training factors on both sides.

Size: 1250mm x 325mm
Colours: Blue, Red or Black

COMPETITIONS



These badges provide a visual reward to go alongside trophies, so that students can place them on t-shirts/suits, etc. They also offer the chance to praise all event competitors.

Order Code: SS-09 (+ Badge Code)

Each badge design comes in a pack of three

FUN TO COLLECT

CLUB RETENTION



These Samurai Sam badges are designed to reward students for their attitude to the club, and training. Ideally used between gradings as student rewards and encouragement.

Order Code: SS-09 (+Badge Code)

Each badge design comes in a pack of three

TRAINING SKILLS



Often we forget to praise young students enough. We have found that rewarding a student for a specific skill encourages better all round development and commitment.

Order Code: SS-09 (+ Badge Code)

Each badge design comes in a pack of three

SAMURAI SAM MARTIAL ARTS SUITS

Order Code: SS-07, SS-08

Blitz have launched a new suit designed and manufactured with children in mind. A durable and versatile uniform to suit all types of martial arts and other sports. Designed to allow clubs to add additional branding, badges, etc.. this is the ultimate suit for all clubs using the Samurai Sam brand.



Sizes: 80cm - 160 cm

Colours: White (Code SS-07), Black (Code SS-08)



Rear View Embroidery



Belt & Jacket



SAMURAI SAM SILICON GRADING WRIST BANDS

Order Code: SS-10

Enables kids to be proud of the grade they have achieved. After all, they can't wear a real belt to school. Sold singularly.

Size: 180mmx12mmx2mm
Colours: Variety

Kids play an important part in martial arts. Amongst many things, they learn discipline, patience, respect, confidence and physically they keep fit. That's why we have dedicated a brand tailored just for kids.

Specifically engineered training equipment, that makes training fun yet functional, keeps them motivated and keeps them coming back for more lessons!

INCREASE & RETAIN JUNIOR MEMBERS

KEEP JUNIOR MEMBERS INTERESTED & MOTIVATED

CAN BE USED FOR MOST MARTIAL ARTS STYLES

MAKES LEARNING FUN!



SAMURAI SAM DRUM BAG

Order Code: SS-04

Every student needs one. A colourful designed single zip holdall with shoulder strap. Canvas material, these bags are durable and especially designed for children.

Size: 48cm (length) x 27cm x 27cm
Colours: Blue



SAMURAI SAM FOAM SPONGE DODGE BALLS

Order Code: 66-31

Soft foam balls excellent for warming up and cooling down sessions. Sold in sets of 3.

Size: 70mm (diameter)
Colours: Yellow



SAMURAI SAM LARGE FOAM SPONGE BALL

Order Code: 66-41

Soft foam ball, which has a variety of uses in and out of the dojo. Sold singularly.

Size: 150mm (diameter)
Colours: Yellow



SAMURAI SAM FOCUS PADS

Order Code: SS-02

Make training more fun for the young students with these branded semi-soft focus pads. The reverse has an easy to hold hand grip and a velcro wrist strap. Sold as a pair.

Size: 26x26x13.5cm
Colours: Red/Blue



SAMURAI SAM KICK AND PUNCH

Order Code: SS-01

Versatile and ideal for most techniques, this kids branded shield features target points for students to strike. The back has a strong grip bar and strap making the shield easy to hold. Part of the Samurai Sam range of products, aiding reward and retention.

Sizes: 45x18x15cm
Colours: Blue/Red, Red/Blue, Black/Red



Rear View

TAILORMADE & REFEREE

Belts
Caps
Suits
Referee Equipment
Sweatshirts
Tracksuits
T-Shirt





HOODED TOP WITH ZIP FASTENING

Double layered hood with integral layer drawstring, YKK quality zip and two front pouch pockets.

Contains 80% cotton and 20% polyester.
Material weight is 320 g/m²

Sizes: Small, Medium, Large, ExLarge, XXlarge

Black 

White 

Red 

Navy 

Baby Blue 

Baby Pink 



HOODED TOP WITH NO FASTENING

Double layered hood with front kangaroo style pocket, ribbed trims and matching draw cord.

Contains 70% cotton and 30% polyester (kids),
50% ring sprung cotton, 50% cotton (adults).
Material weight is 260 g/m²

Sizes: 5-6, 7-8, 9-11, 12-13, 14-15 (Years Old)
Small, Medium, Large, ExLarge, XXlarge

Black 

White 

Red 

Navy 

Baby Blue 

Baby Pink 



T-SHIRTS

A good quality t-shirt with lycra mix neck and shoulder to shoulder taping.

Contains 100% cotton, 90 - 205 g/m²

Sizes: 5-6, 7-8, 9-11, 12-13, 14-15 (Years Old)
Small, Medium, Large, ExLarge, XXlarge

Black 

White 

Red 

Navy 

Baby Blue 

Baby Pink 



POLO SHIRTS

A 3 button flushed placket with tailored neckline for added comfort.

Contains 65% poly and 35% cotton, 170 - 180 g/m²

Sizes: 5-6, 7-8, 9-11, 12-13, 14-15 (Years Old)
Small, Medium, Large, ExLarge, XXlarge

Black 

White 

Red 

Navy 

Baby Blue 

Baby Pink 



CAPS

Junior caps have a velcro fastening strap to the rear. Adult caps have a snap buckle.

Junior caps are 100% cotton trill. Adlt caps are 100% heavy brushed cotton drill.

Sizes: Junior or Senior

Black 

White 

Red 

Navy 

Baby Blue 

Baby Pink 

OTHER COLOURS ALSO AVAILABLE, PLEASE ENQUIRE



If you need print or embroidery to enhance your clubs identity, then look no further. With the added benefit of Blitz products being on site, it would save you time and money. No need to send off our products to a separate printer or embroidery company, we will do it for you.

Your club logo can be incorporated on most of the Blitz clothing range. We've also sourced quality products such as **t-shirts, polo shirts, hooded tops and caps**, so your club can truly stand out as a professionally run association.



EMBROIDERY

SCREEN
PRINTINGHEAT
TRANSFER

**ENSURE YOUR MEMBERS
FEEL PART OF YOUR CLUB**

**EXCELLENT GIFTS FOR
ASSISTANT INSTRUCTORS**

**INCREASES YOUR PROFIT
WITHIN YOUR CLUBS!**

**PRINT OR EMBROIDERY ON
MOST OF THE BLITZ PRODUCT
CLOTHING RANGE**

PRINT OR EMBROIDERY?



The minimum order quantity for printed items would be 20, however these can be mixed sizes and products (i.e. a variety of t-shirts, hoodies or polo shirts etc; as long as they total 20 products).

We understand you may get one new beginner in one week and not have to order tens of suits, that's why when it comes to embroidery there is a no minimum order requirement.



If club members feel part of a team, then they'll perform better. Team tracksuits are an excellent way to keep your team motivated and ensure your students try and train harder!



WANT TO **STAND OUT?**

We now offer in house:



EMBROIDERY



SCREEN
PRINTING



HEAT
TRANSFER

Why pay over the odds to just a middle man when you can come direct to us and save a fortune

Our team of designers, will help you create and design your image on any type of clothing you wish, at a competitive price. We are here to make sure you get the right look and branding for your club. Nothing is too much or too little for us to handle. So give us a call, you'll be surprised how cost effective we are.

Call: **0208 317 8280** for a quote

TAILORMADE
EMBROIDERY & PRINT SERVICES

Our only limitation, is your imagination...

4 Easy steps

TAILORMADE

1 Create or let us create your club design or logo...

2 Choose from the many types of clothing or martial arts suits you'd like your design to appear on...

3 Choose the method you wish to have your design embroidered, printed or transferred onto the garment...

4 Wear and sell your customised garments, with a great profit margin, you really can't go wrong...

TAILORMADE

BLITZSPORT.COM



Customisation just got a whole lot easier...



STOP WATCH

Order Code: 66-02

Ideal for referees and coaches with multi function options.

Size: One Size



DRILL WHISTLE WITH LANYARD

Order Code: 66-37

Drill Whistle complete with lanyard. Use in competitions, lessons or keep fit drill sessions.

Size: No Size



RED AND BLUE BELTS

Order Code: 100-

100% cotton, 45mm wide with 11 rows of high quality stitching for double strength. These plain belts are easy to tie and very durable.

Size: 250cm,280cm,320cm **Colours:** Red, Blue



STEROSPORT GENERAL SPORTS

KIT Order Code: 39-14

Handy small holdall for any event or club use. For Full details, please see page 159.



Size: One Size



HEAT SPRAY

Order Code: 39-03

A convenient way to provide fast and effective relief from muscular pain and stiffness; rheumatic pain; sprains; sciatica; lumbago and fibrositis.

Size: 125ml



KUNG FU SHOES COTTON SOLE

Order Code: 25-01

Popular as a training shoe or leisurewear. Patterned outer sole with white stitched inner lining.

Size: Adult UK 3(36)-UK12 (46) **Colours:** Black



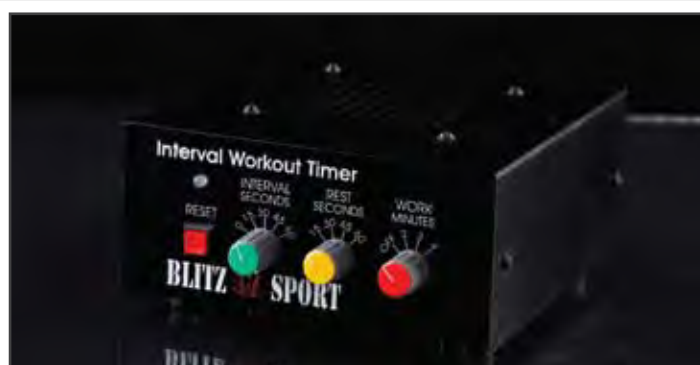
PROFESSIONAL DIGITAL BOXING TIMER

Order Code: 66-38

Digitally adjustable parameters with four level volume control, a large 3" clear display & built in speaker. A digital multi use ring timer for professional boxing sessions and other classes.

Size: One Size

Colours: One Colour



INTERVAL WORKOUT TIMER

Order Code: 66-28

Reset switch To reset timer at any instant. A dual colour LED Indication with multiple work, rest and beep timer. Ideal for personal training sessions. Set your own work out time.

Size: One Size

Colours: One Colour

REFEREES & EVENTS



RING MARK TAPE

Order Code: 39-08

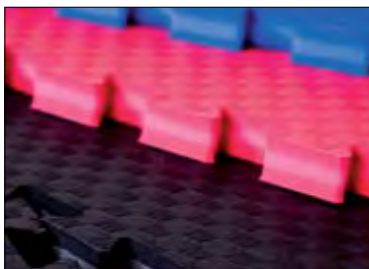
Just what you need when you have to mark out your rings. Each roll is approx; 33 metres long.

Size: 50mm **Colours:** Red, Blue, White

Organizing your competition or tournament can take time and effort, especially if you juggle a full time job, family and run martial arts clubs!

Optimise your time and effort when arranging your event. Take a look at our large selection of all the necessary items needed to hold an event, that both competitors and spectators will never forget!

We've selected some essential products our customers have requested and collated them in one easy section. If you do not see what you require, give us a call we may be able to source it for you.



Deep Soft Core



**Easily Taken Apart
Quick to Put Away**

20mm Depth



Red (38-01)



Blue (38-01)



**Green
(38-01)**

30mm Depth



Red (38-02)



Blue (38-02)



Black (38-02)

40mm Depth



Red (38-03)



Blue (38-03)



**Olive Green
(38-03)**

JIGSAW MAT

Order Code: 38-0

Vesatile, light and easy to store! For bulk buying please contact Blitz who will quote you discount prices. Excellent for Judo and grappling, a extra deep soft core provides better protection than other mats. Finished in a tatami pattern. Soft core not on 20mm mat.

Sizes: 1m x 1m
(20mm, 30mm or 40mm depth)

Colours: As Shown



DRILL CONES

Order Code: 66-29

Used for marking out areas, ideal to block off competitor and spectator areas. Pack of 20.

Size: 225mm High

REFEREE FLAGS

Order Code: 66-03

Solid wood poles with nylon flags. Great for tournaments and competitions. Sold in singles.

Size: Stick is 53cm, flag is 28cm x28cm

Colours: Red, White or Blue



LEISURE WEAR

Footwear
Holdalls
Sweatshirts
Tracksuits
T-Shirts



CLASSIC TRACKSUIT

Order Code: 33-08 (Men), 33-09 (Women)

This newly designed tracksuit offers complete comfort with a tailored feel. The navy tracksuit is straight cut and ideal for both men and women to go over a martial arts uniform or for casual use. There are tailored joints along the main seams to give unrestricted movement and strength without compromising style. For women there is now a fitted version available in black with blue inset trim. Both have double white stripe down the sides. These tracksuits are made plain, ready for embroidery or printing of club logos, to suit your needs as required.

Sizes: Blue (XXXSmall, XXSmall, XSmall, Small, Medium, Large, XLarge, XXLLarge)
Black (XXSmall, XSmall, Small, Medium, Large, ExLarge)

Colours: Blue (Male & Female)
Black (Female) (Size 6,8,10,12,14,16)



Double Stitched for Durability



Stripes Down Leg



BATWING TRACKSUIT

Order Code: 33-01

As worn by the England Karate Team. Will fit over gi, martial arts clothing, or on its own. Exceptionally light to wear and incorporates a unique lining which enables you to easily slip it on and off when wearing a martial arts suit underneath. Polyester cotton.

Sizes: XXXXSmall, XXXSmall, XXSmall, XSmall, Small, Medium, Large, ExLarge, XXLLarge

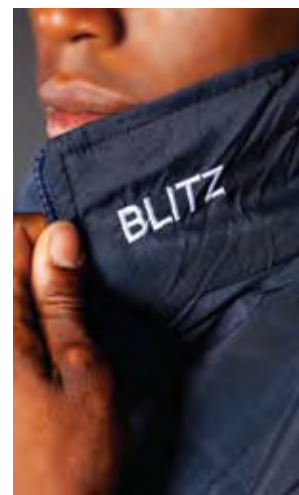
Colours: Blue/Red



Plain Back, Ideal for Club Embroidery



Easily Glides Over Gi



Embroidered Blitz Motif

TRACKSUITS

Going to or from the club, or just lounging around, our sports and leisure wear has been worn by some of the top competitors in the martial arts and sporting fields. The England Karate Team, the England Karate coach, triathletes, world champions and Olympic medallists have chosen us and continue to do so.

ENGLAND CLUB TRACKSUIT

Order Code: 33-10

We now offer a great England branded tracksuit that can be used by clubs and associations. Printed rear design and England badge on chest, arm and thigh.

Sizes: XXXSmall, XXSmall, XSmall, Small, Medium, Large, ExLarge, XXLLarge

Colours: Navy



England Badge to Front



Tag to Side of Jacket



Printed Rear Design



Printed Rear Design



Handy Pockets to Front



Hooded Top

RAGING BULL TRACKSUIT

Order Code: 33-07



Great for shadow boxing training or recreational use. A traditional sweater material comprising a sleeveless hooded top and traditional jogging trousers. The famous Raging Bull brand is printed on the rear and has icons on the front.

Sweat it out during your training yet have the freedom to move with sleeveless arms, perfect for training/boxing/gym wear.

Sizes: Small, Medium, Large, ExLarge, XXLLarge

Colours: Blue

CLOTHING SIZE CHART

Size	Height	
XXXXSmall	120cm	3'8" to 4'0"
XXXSmall	130cm	4'1" to 4'4"
XXSmall	140cm	4'5" to 4'8"
XSmall	150cm	4'9" to 5'0"
Small	160cm	5'1" to 5'4"
Medium	170cm	5'5" to 5'9"
Large	180cm	5'10" to 6'0"
ExLarge	190cm	6'1" to 6'3"
XXLarge	200cm	6'4" to 6'7"

ALSO AVAILABLE >>>





Printed Rear Design



Red

FIGHTER T-SHIRT

Order Code: 26-

Blitz sponsor some of the best fighters around the world. They love our fighters t-shirt and you'll see them at many events. For a limited time we are now offering these to everyone under the BORN 2 FIGHT brand. Made of 100% supergrade cotton, they feel and look great.

Sizes: Small, Medium, Large, ExLarge, XXLlarge
Colours: Red (Code 26-06), Blue (Code 26-07)



Printed Rear Design

BAD BREED SLAVE T-SHIRT

Order Code: 26-08

The Bad Breed Slave T-Shirt. This is one for the hardcore MMA fans, if you don't mind attracting attention or causing controversy then this top is for you. Worn edges and faded print in a comfortable cotton feel, this t-shirt is perfect for those who want to make a statement.

Sizes: Small, Medium, Large, ExLarge, XXLlarge
Colours: Black



BAD BREED SOULDIER HOODED TOP

Order Code: 35-09

The Bad Breed Souldier hooded top. Its meaning when broken down means "Soul (soul) Worker (dier)" which links to their motto "Slave to the Cage." This hooded top has got us thinking that the designers over at Bad Breed, are somewhat twisted to say the least. Part embroidered, part printed and a weathered stitched and cut look creates the feel that this top has been through a fight of its own, either that or replicates the punishment it hopes its wearer to dish out. Nevertheless this is one that will stand out and stands unique. Bad Breed... The Chronicles of a Fighter...

Sizes: Small, Medium, Large, ExLarge, XXLlarge
Colours: Black





BORN 2 FIGHT HOODED TOP

Order Code: 35-08

Double weaved hooded top, excellent for training or for casual wear. If you don't mind making a statement or standing out from the crowd then this is the top for you... BORN 2 FIGHT with the code of Japanese Samurai etched on the back. 100% cotton. Black with red lining and drawstring hood.

Sizes: Small, Medium, Large, ExLarge, XXLlarge
Colours: Black



Printed Rear Design



Authentic Arm Print



FIREPOWER HOODED TOP

Order Code: 35-07

Double weaved hooded top, excellent for training or for casual wear. A top that makes a statement and makes you stand out from a crowd. Etched fists in blood with the statement "Full Contact Fighter" in old English. 100% cotton. Blue with white lining and drawstring hood.

Sizes: Small, Medium, Large, ExLarge, XXLlarge
Colours: Blue

CLOTHING SIZE CHART

Size	Height	
Small	160cm	5'1" to 5'4"
Medium	170cm	5'5" to 5'9"
Large	180cm	5'10" to 6'0"
Exlarge	190cm	6'1" to 6'3"
XXLarge	200cm	6'4" to 6'7"

ALSO AVAILABLE >>>





RUBBER SOLE KUNG FU SHOE

Order Code: 25-03

Made especially for indoor training, a rubber anti-slip sole. Fully lined and padded making it extremely comfortable.

Sizes: Adult 1-12 UK (33-46 EU)

Colours: One Colour (As Shown)



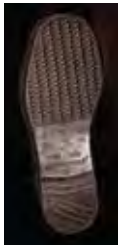
PLASTIC SOLE KUNG FU SHOE

Order Code: 25-02

Popular as a training shoe or leisurewear. Patterned outer sole with white stitched inner lining.

Sizes: Kids 11-Adult 12 UK (30-46 EU)

Colours: One Colour (As Shown)



ZORI SANDALS

Order Code: 24-01

A hard foam type outer sole and inner tatami straw sole with a stitched velour type cross over band for ease of wear.

Sizes: Adult 1-12 UK (33-46 EU)

Colours: One Colour (As Shown)



COTTON SOLE KUNG FU SHOE

Order Code: 25-01

Soft outer white sole with multi rows of stitching. Also has white stitched inner lining. Suitable for indoor purposes/training.

Sizes: Adult 3-12 UK (36-46 EU)

Colours: One Colour (As Shown)



OUTDOOR NINJA TABI BOOT

Order Code: 23-02

The all black traditional ninja outdoor tabi boot. Comprises of a rubber stitched sole with cotton upper. Resilient velcro fastening at calf with extra stitching within the sole to assist against wear and tear.

Sizes: Adult 3-13 UK (36-46 EU)

Colours: One Colour (As Shown)



TABI SOCKS ALSO AVAILABLE
Order Code: 23-03



INDOOR NINJA TABI BOOT

Order Code: 23-01

Mid-calf length indoor tabi. Three adjustable robust straps located to the rear of the calf. The black canvas upper sports five rows of stitching at the toes whilst the black suede sole ensures flexibility. Sold complete with a carry case.

Sizes: Adult 3-12 UK (36-46 EU)

Colours: One Colour (As Shown)



TABI SOCKS ALSO AVAILABLE
Order Code: 23-03



FIREPOWER LEATHER TRAINING SHOES

Order Code: 21-

A multi-function soft leather shoe. Designed for martial arts use yet can be worn for leisure. The soft leather upper has additional stitching with contrasting stripes. The combination of the thin wedged shaped sole makes the shoe comfortable to wear whilst the circular pivot on the ball of the foot allows for kicking and spinning techniques.



Sizes: Adult 2 UK (34-48 EU)

Colours: As Shown



White/Black (21-02)



White/Pink (21-03)



Black/Red (21-05)



Black/White (21-04)



Black/Black (21-06)



PROFESSIONAL LEATHER BOXING BOOT

Order Code: 22-

When agility and speed are needed in the ring, Blitz boxing shoes enable the wearer to maximise their potential over his/her opponent. A full length boot with laces which can be fully fastened, optional, to the top. The sole comprises of a rubber material that grips but won't damage ring areas.

Sizes: Adult 1 - 14 (33 - 47 EU)

Colours: Blue/White (Code 22-03), White/Black (Code 22-04), Red/White (Code 22-02), Black/White (Code 22-01)

FOOTWEAR

Keeping your feet firmly on the ground is important when practicing your martial arts.

Our complete range of footwear are constructed by martial artists who appreciate the complexity of making sure your foot moves with you when you carry out certain techniques without restriction.

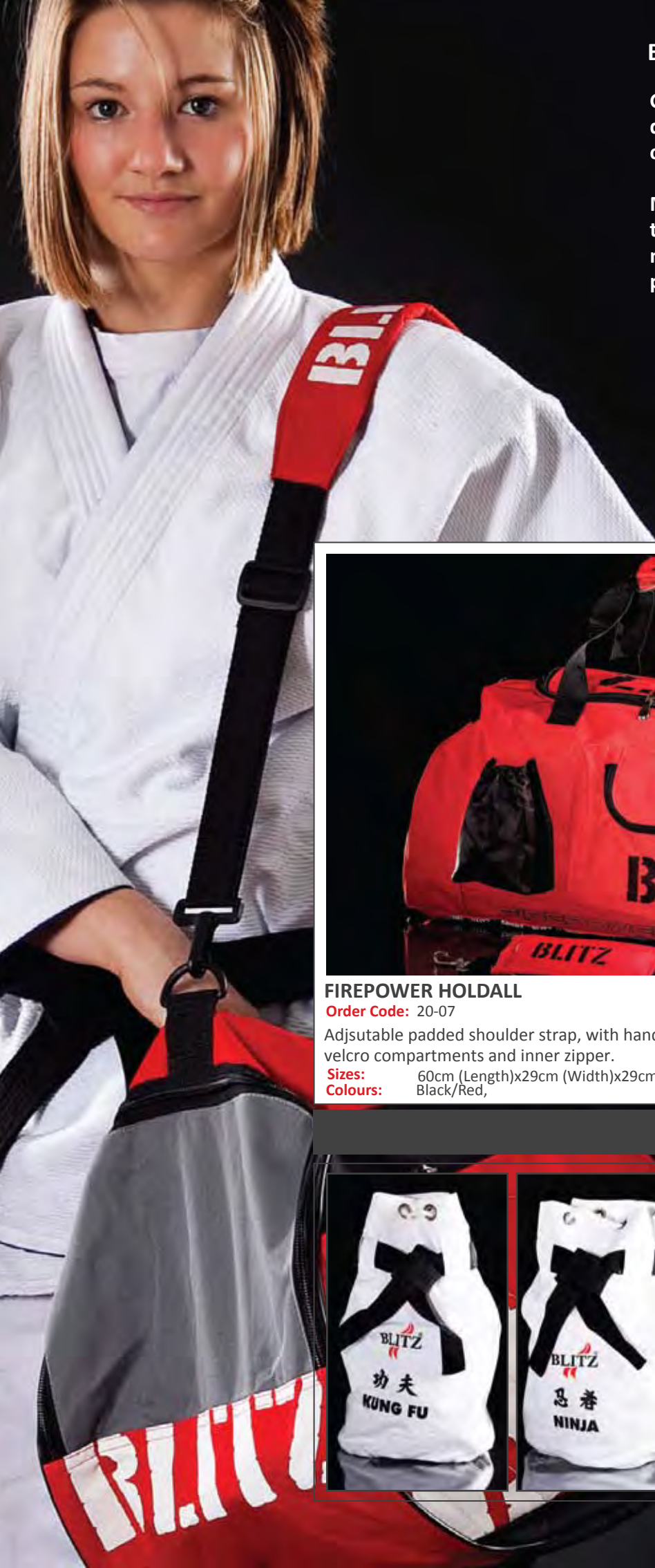


FOOTWEAR SIZE CHART

UK	EURO	UK	EURO	UK	EURO
10	29	3	36	8	42
11	30	4	37	9	43
12	31	5	38	10	44
13	32	6	39	11	45
1	33	6.5	40	12	46
2	34	7	41	13	47
				14	48

ALSO AVAILABLE >>>





BAGS & HOLDALLS

Going to or from the club? Going on holiday? Then you won't want to be without one of our bags or holdalls.

Multi-functional, long lasting and practical they keep everything together and make things a lot easy to carry from one place to another!



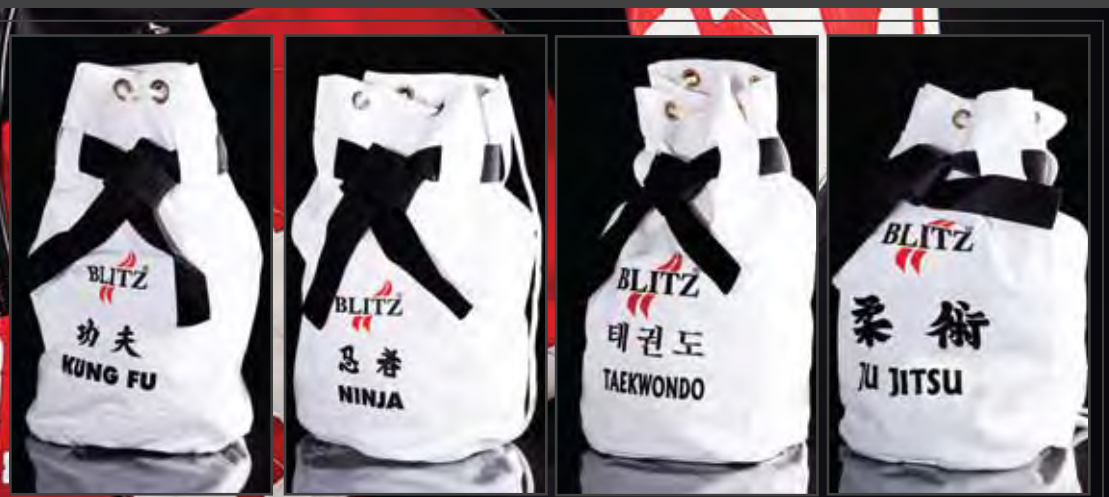
FIREPOWER HOLDALL

Order Code: 20-07

Adjustable padded shoulder strap, with handy side and end pocket drinks holder. Also contains velcro compartments and inner zipper.

Sizes: 60cm (Length)x29cm (Width)x29cm (Height)

Colours: Black/Red,





Red (20-11-Red)

LARGE BLITZ TEAM BAG**Order Code:** 20-

Here is the latest in sports holdalls, excellent design which will take all your equipment and clothing. Great colours and branding, it is lightweight yet durable. Makes a great impact when used as an official squad/team bag.

Sizes: 68cm (Length) x 31cm (Width) x 32cm (Height)**Colours:** Red, Blue, Camo, Pink, Black

Blue (20-11-Blue)



Camo (20-11-Camo)



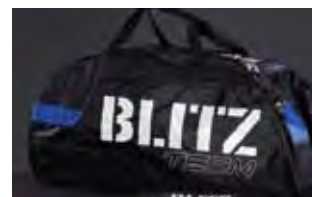
Pink (20-11-Pink)



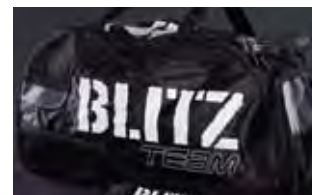
Black (20-11-Black)



Black/Red



Black/Blue



Black/Silver

EXTRA LARGE BLITZ TEAM HOLDALL**Order Code:** 20-12

This is the biggest of our team bags, a great holdall for all your martial arts equipment. Detachable shoulder strap and zip side compartments to keep worn items separate. Ideal for carrying bulky products to and from the club.

Sizes: 81cm (Length) x 32cm (Width) x 38cm (Height)**Colours:** Black/Red, Black/Blue, Black/Silver**KIDS CORNER****WHITE DUFFLE BAG****Order Code:** 20-05

White canvas material holdall with draw string closure and black belt style tie. Complete with martial art style motif printed on front. 100% cotton in 14oz canvas material.

Sizes: 40 x 45cm**Colours:** White (As Shown)



APPROVED



WORLD TAEKWONDO FEDERATION

See Pages 102 & 103 for Full Range

We stock a whole range of  products



AVAILABLE AT
BLITZSPORT.COM



BLACK DUFFLE BAG

Order Code: 20-05

Black canvas material holdall with draw string closure. Complete with martial art style motif printed on front. 100% cotton in 14oz canvas material.

Sizes: 40 x 45cm

Colours: Black (As Shown), Wado Ryu, Taekwondo, Shotokan



Judo

SPORTS DRUM BAG

Order Code: 20-04

Single zip holdall with shoulder strap. Red and black colours complete with martial art style motif printed on the sides. Canvas material - ideal for children!

Sizes: 48cm(Length) x27cm (Width) x27cm (Height)

Colours: Black (As Shown)



Ying Yang



Karate



Ninja



Taekwondo

KIDS CORNER



SAMURAI SAM DRUM BAG

Order Code: SS-04

Every student needs one. A colourful designed single zip holdall with shoulder strap. Canvas material, these bags are durable and especially designed for children.

Sizes: 48cm(Length) x27cm x 27cm

Colours: Blue (As Shown)

BAD BREED



Diablo 'Rare' Shorts
Heavy Duty Filled Bag
Rash Guard
Sinner MMA Gloves
Slave T-Shirt
Souldier Hoody
Rash Guard
BAD BREED Gum Shield

SLAVE T-SHIRTS



(Rear)

BAD BREED SLAVE T-SHIRTS

Order Code: 26-08

One for hardcore MMA fans. If you don't mind attracting attention or causing controversy, then this top is for you.

Worn edges and faded print. A comfortable cotton feel means you won't want to take it off!

Sizes: Small, Medium, Large, ExLarge, XXLarge

Colour: Black



BAD BREED GUM SHIELD

Order Code: 45-06

A gum shield with an attitude. Smile at your opponent and dazzle them with your pearly whites! Not just a gimmick, but one of the most comfortable gum shields on the market. Maximum protection without sacrificing comfort.

CE approved and ready to rumble!

Sizes: One Size

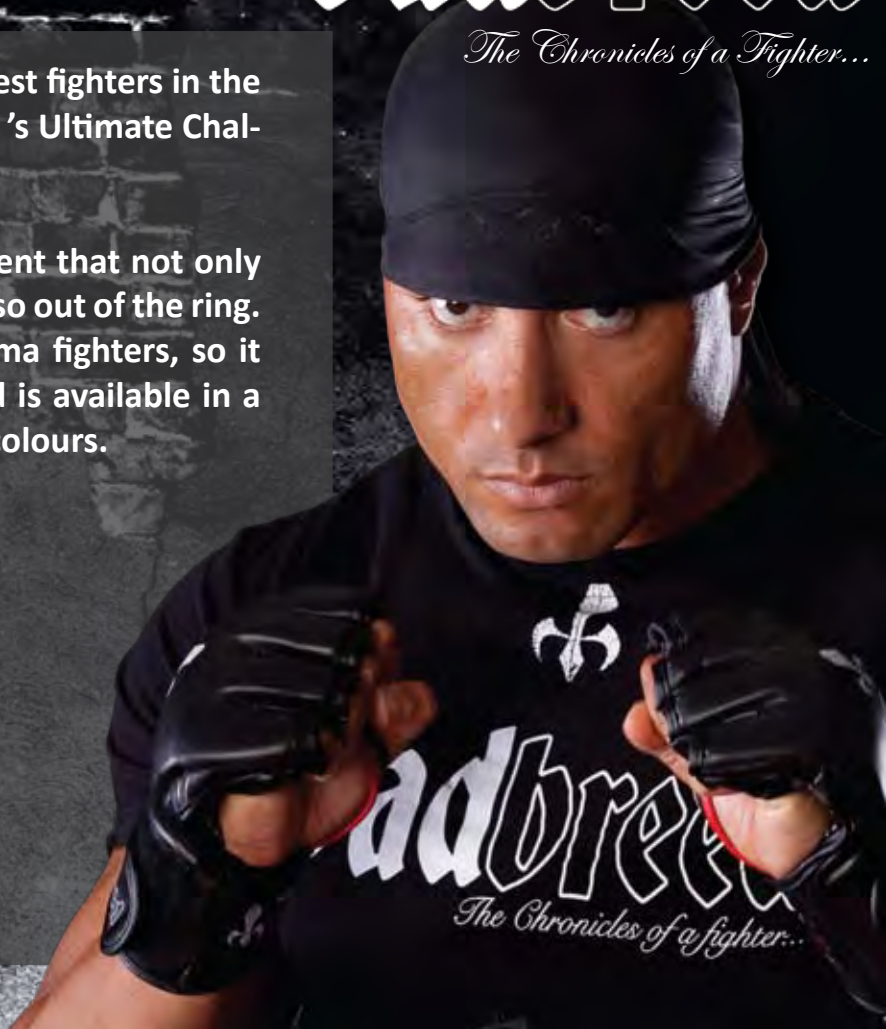
Colour: Black with Bad Breed Font complete with case.

badbreed

The Chronicles of a Fighter...

Worn by some of the toughest fighters in the U.K. & sponsors of the U.K. 's Ultimate Challenge.

A popular brand of equipment that not only looks good in the ring but also out of the ring. Specifically designed for mma fighters, so it withstands punishment and is available in a range of designs, sizes and colours.



CE
Approved
Product

BAD BREED SINNER MMA GLOVES

Order Code: 57-12

As used in the Ultimate Challenge by the U.K. 's toughest fighters. Just enough padding to protect your knuckles, yet little enough for your opponent. Excellent for training and competition use, for both padwork and sparring. Triple stitch, hard wearing yet comfortable, with Badbreed signature trademark.

Excellent for training and competition use.



Sizes: Small, Medium, Large, ExLarge

Colour: Black or Red/Black

BAD BREED

BAD BREED

BLITZSPORT.COM



BAD BREED HEAVY DUTY LEATHER BAG (5FT)

Order Code: 61-16 (Filled or Unfilled),

Excellent for those who wish to condition their shins and long enough to drill take downs, this bag is not your average. Heavy duty leather with triple stitch durability and Bad Breed logo printed on both sides, to remind you who you are and why you train so hard. Excellent for those training for competition, this bag will outlast your opponent. Complete with bag chains.

Available as a filled or unfilled bag



Sizes: 5ft (34cm diameter) ,
50 Kilos Approx.

Colours: Black

BAD BREED ' SAINTS OF WAR' RASH GUARD

Order Code: 15-08

Brand new at Blitz, the Bad Breed anti-friction rash guard. Ideal for MMA and as an under vest to protect the skin during ground work and training. Excellent for BJJ and MMA it is designed to help keep muscle temperature at an optimum level.



(Rear)

Sizes: Small, Medium, Large,
Exlarge, XXXLarge

Colours: Black (As Shown)



Souldier hoodies badbreed

MORE BADBREED
PRODUCTS
COMING
SOON

BAD BREED

BAD BREED SOULDIER HOODED TOP

Order Code: 35-09

Soul (soul) Worker (dier). For all you bad boys out there, a hoody you can't resist! Part embroidered, part printed with weathered stitching. A totally unique top.



(Rear)

Sizes: Small, Medium, Large,
ExLarge, XXlarge

Colour: Black

BAD BREED DIABLO 'RARE' SHORTS

Order Code: 14-07

Multi purpose with elastic/tie waist. Shorts with a statement!



(Rear)

Sizes: Small, Medium, Large,
Exlarge, XXlarge

Colour: Black

NEW IMPROVED
TOUGHER MATERIAL
FOR HARD CORE
TRAINING



BAD BREED

BLITZSPORT.COM

PROTECTION

**Body Armour
Elastic Supports
Foot Protection
Forearm Protection
Groin & Chest Guards
Gum Shields
Hand Pads
Head Guards
Leg Protection
Neoprene Supports
Wraps & Tapes
WTF Approved Equipment**





ELASTIC ANKLE PADS

Order Code: 60-06

Padded elasticated slip-on ankle support. Great protection for sweeping techniques. Sold in pairs

Size: S, M, L, XL

Colours: As Shown



ELASTIC ANKLE SUPPORT

Order Code: 58-

Non padded elasticated slip-on ankle support. Excellent for any sport. Sold in singles.

Size: S, M, L, XL **Colours:** Black, White, Pink



ELASTIC FINGER SUPPORTS

Order Code: 54-05

Elastic Finger Wraps. Especially good for grappling styles of martial arts. Sold in packs of 5

Size: One Size

Colours: As Shown



ELASTIC ELBOW PADS

Order Code: 60-07

Padded elasticated slip on elbow support. Especially good for styles that involve groundwork. Sold in pairs.

Size: S, M, L

Colours: As Shown



ELASTIC KNEE PADS

Order Code: 60-09 (White), 60-10 (Black)

Padded elasticated slip-on knee support. Especially good for styles that involve groundwork. Sold in pairs.

Size: S, M, L

Colours: Black or White



ELASTIC FOREARM PADS

Order Code: 60-02

Padded elasticated slip-on forearm support. Just what you need for blocking your sparring partner. Sold in pairs

Size: XS, S, M, L

Colours: As Shown



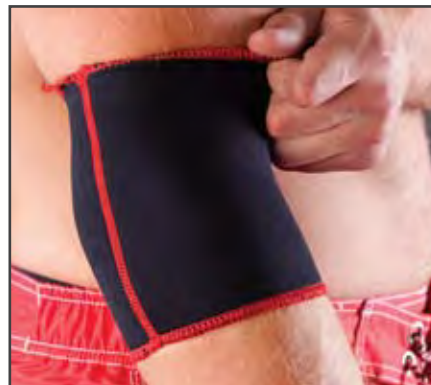
NEOPRENE WRIST WITH HAND SUPPORT

Order Code: 59-06

Non padded neoprene wrist support with velcro strap. Where extra support is required most. Sold in singles.

Size: S, M, L, XL

Colours: Black



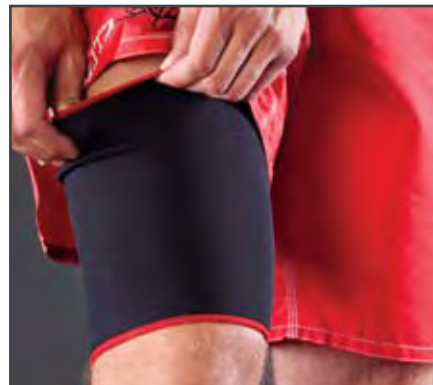
NEOPRENE ELBOW SUPPORT

Order Code: 59-01

Non padded neoprene slip on elbow support. Comfortable and easy to use. Sold in singles.

Size: S, M, L, XL

Colours: Black



NEOPRENE THIGH SUPPORT

Order Code: 59-05

Non padded neoprene slip on thigh support. Sold in singles.

Size: S, M, L, XL

Colours: Black



ELASTIC INNER GLOVES

Order Code: 54-05 (White), 54-04 (Black)

A fingerless elasticated inner glove ideal for use inside boxing gloves or bag gloves. Save time when wrapping hands, can be put on instantly. Sold in pairs.

Size: S, M, L, XL

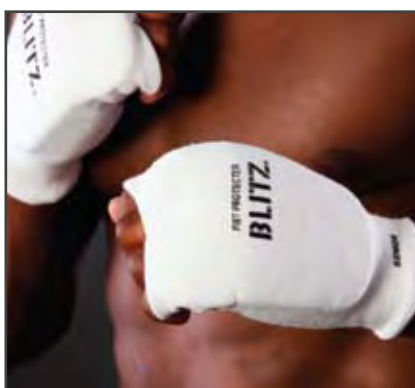
Colours: Black or White

PROTECTION

Minimise the risk of injury to yourself and your colleagues by protecting the whole of your body.

We stock a wide range of protection no matter what martial art you practice in a variety of colours, sizes and protective levels from the harshest of blows to the lightest of supports.

There's also a large range of products officially approved by some of the largest governing bodies in the world.



ELASTIC HAND PADS

Order Code: 60-01

Padded elasticated slip-on hand mitts. The most economical of all our hand pads. Sold in pairs.

Size: XS, Jnr, Snr

Colours: As Shown



ELASTIC SHIN PADS

Order Code: 60-04

Padded elasticated slip-on shin support. Ideal for all types of martial arts. Sold in pairs.

Size: S, M, L

Colours: As Shown



ELASTIC SHIN/INSTEP PADS

Order Code: 60-03

Padded elasticated slip-on shin and foot support. Our most popular shin and instep. Sold in pairs.

Size: XS, S, M, L

Colours: As Shown

SUPPORTS



NEOPRENE KNEE SUPPORT

Order Code: 59-03 (with brace)

Non padded neoprene slip on knee support, with or without brace. Sold in singles. Without Brace: Code : 59-02

Size: S, M, L, XL

Colours: Black



NEOPRENE ANKLE SUPPORT

Order Code: 59-04

Non padded neoprene slip on ankle support. Used in many sports. Sold in singles.

Size: S, M, L, XL

Colours: Black



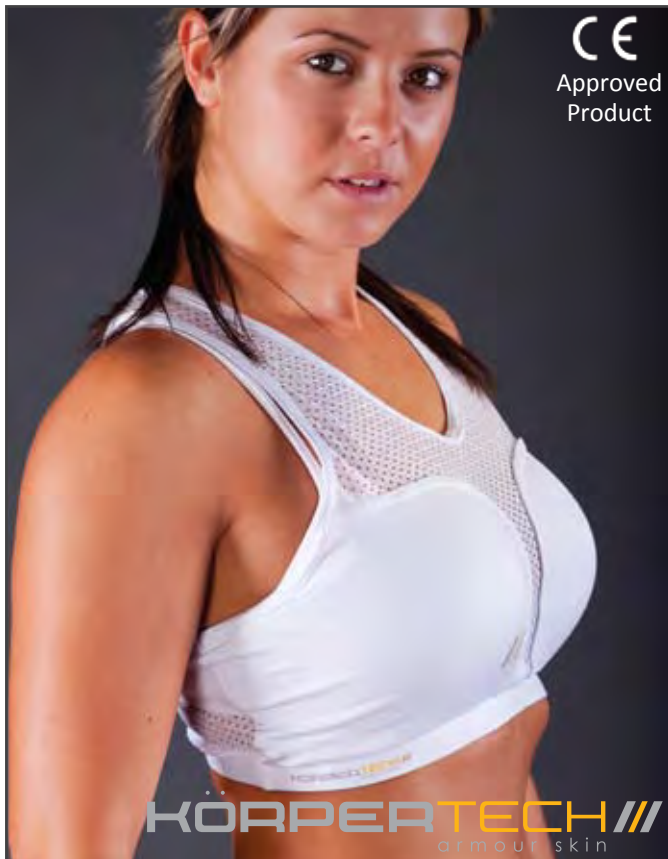
NEOPRENE LUMBAR SUPPORT

Order Code: 59-08

A velcro fastening support that gently eases pain caused by strenuous exercise or improper use of the spine. Ideal to help with back ailments.

Size: One Size

Colours: Blue



CE
Approved
Product

KORPERTECH FEMALE COOL GUARD - SPORTS BRA ONLY

Order Code: 46-09

Two separate moulded inserts complete with a breathable and comfortable sports bra. These inserts do not touch the skin. They are discreetly and easily inserted into the sports bra allowing more comfort. The vest and guard are sold separately which ensures sizing and fit are correct.

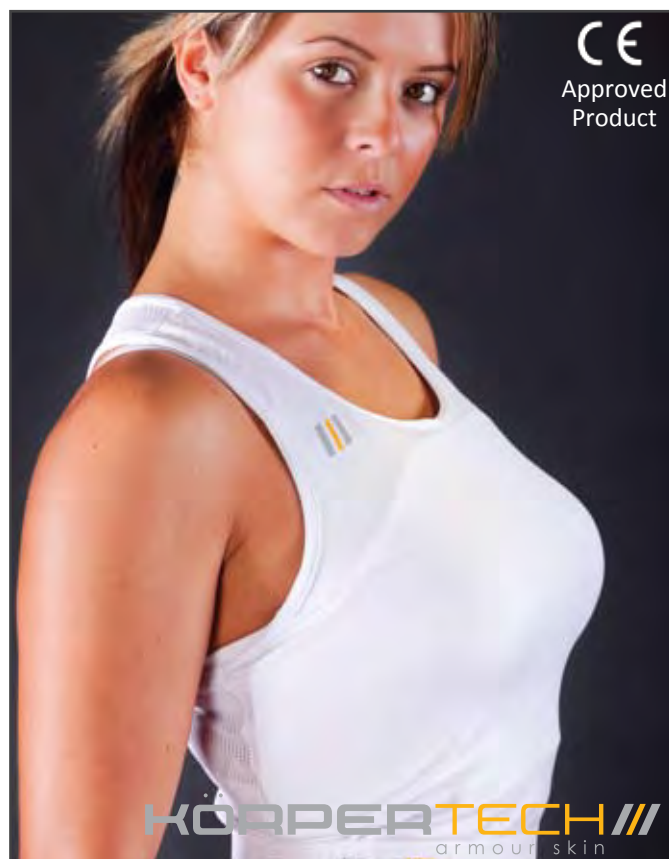


Insert Only

Order Code: 46-10

Size: Small, Medium, Large, ExLarge

Colours: As Shown



CE
Approved
Product

KORPERTECH MAXI GUARD - VEST ONLY

Order Code: 46-08

An adaptable guard that can also be used just as a training vest. The perspex protector discreetly inserts from the front of the lycra vest ensuring minimal effort and time when competing and training. Cotton lycra vest with perspex guard. The vest and guard are sold separately which ensures sizing and fit are correct.

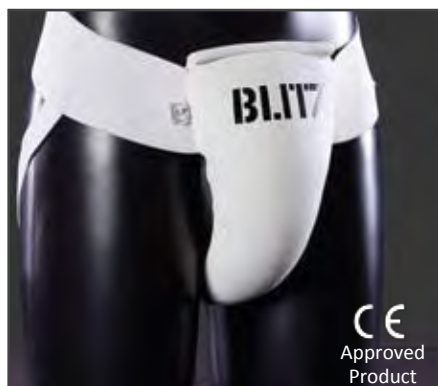


Insert Only

Order Code: 46-07

Size: See rear of Cat.

Colours: Black or White



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Approved
Product

DELUXE MALE GROIN GUARD

Order Code: 56-02

Made from PU, this groin guard gives maximum protection where needed most.

Size: S, M, L, XL

Colours: As Shown



CE
Approved
Product

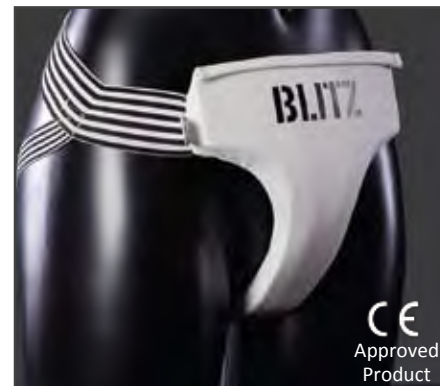
STANDARD MALE GROIN GUARD

Order Code: 56-01

A standard groin guard with detachable cup, discreet yet giving ultimate protection.

Size: XS, Jnr, Snr

Colours: As Shown



CE
Approved
Product

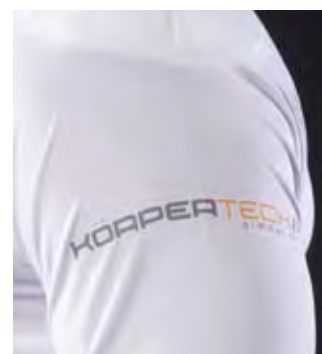
DELUXE FEMALE GROIN GUARD

Order Code: 56-03

Female groin guard made to give maximum protection can be worn inside or outside the trouser.

Size: XS, S, M, L, XL

Colours: As Shown



KORPERTECH ARMOUR SKIN

Order Code: 47-

Körpertech is a brand new product to Blitz. It helps reduce the effects of knocks from training and sparring whilst being flexible. Made from the latest non-abrasive breathable material, you'll hardly know you have it on. It ensures perspiration stays away from your skin and the 4mm foam padding is ribbed to provide full free movement, helping to protect shoulders, chest, ribs, hips, thighs and spine. Ideal for children and adults at all levels. Contains top and shorts.

KÖRPERTECH ///
armour skin

Size: XXS, XS, S, M, L, XL, XXL, XXXL

Colours: Black (Code 47-10), White (Code 47-08)



WACOKU WTF APPROVED FEMALE GROIN GUARD

Order Code: 92-10

Approved by the World Taekwondo Federation. The inner part consists of a shock absorbing EVA foam cup and a comfortable elastic waist band that holds the guard firmly in position.

Size: S, M, L

Colours: As Shown



WACOKU WTF APPROVED MALE GROIN GUARD

Order Code: 92-09

This groin guard meets all the requirements and is approved by the World Taekwondo Federation. It gives great coverage and contains shock absorbing EVA foam and comfortable elastic waist band.

Size: S, M, L, XL

Colours: As Shown



Secure Velcro
Fastening

WACOKU WTF APPROVED SHIN PADS

Order Code: 92-05

A WTF approved and recognised shin guard consisting of a vinyl surface which can easily be wiped clean. The inner structure consists of a shock absorbing EVA pad that aids the wearer when performing or blocking techniques. The velcro tapes are attached to the guard that thread through the double slots at the side to ensure stability. Sold as a pair.

Sizes: Small, Medium, Large, Exlarge
Colours: White



Underside

WACOKU WTF APPROVED SPARRING GLOVES

Order Code: 92-08

The palms of the gloves consist of a ventilated material which enables your palms to breathe. The backs of the hands, which protect the joints, consist of sectioned EVA pads which protect the knuckles from external shocks. To maximise the stability of the glove, elastic straps secure the pads which are then attached via velcro depending on the width of the wrist. Sold as a pair.

Sizes: ExSmall, Small, Medium, Large, Exlarge
Colours: White



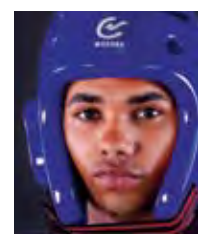
Underside

WACOKU WTF APPROVED FOREARM PADS

Order Code: 92-04

The smooth inner surface of the approved forearm guards ensure the wearer receives maximum protection and comfort. The vinyl surface and EVA shock absorbing pad ensures the wearer gains maximum coverage over the forearm. Sold as a pair.

Sizes: Small, Medium, Large, Exlarge
Colours: White



Blue



Rear of Guard

WACOKU WTF APPROVED DIPPED FOAM HOOD

Order Code: 92-

A headguard that contains all the necessary requirements for WTF taekwondo practitioners. Headguards consists of an NBR sponge (approx 20mm thick) with a urethane coated surface and easy to fasten velcro straps under the chin.

Sizes: Small, Medium, Large, Exlarge
Colours: Red (Code 92-06) or Blue (Code 92-07)



Rear View



Reverse Side

WACOKU WTF APPROVED REVERSIBLE COMPETITION BODY ARMOUR

Order Code: 92-03

The ultimate approved reversible body armour, blue one side, red the other, contains a shock absorbing EVA pad which is approximately 13mm thick. The shock absorbing pad of the protector also contains a sponge to protect the wearer from the shock of attacks. The armour is secured by reinforced cotton straps which are tied at the rear.

Sizes: XXSmall (Size 1), ExSmall (Size 2), Small (Size 3), Medium (Size 4), Large (Size 5), Exlarge (Size 6)
Colours: Reverse Blue/Red



WACOKU WTF APPROVED MALE GROIN GUARD

Order Code: 92-09

This groin guard meets all the requirements and is approved by the World Taekwondo Federation. It gives great coverage and contains shock absorbing EVA foam and comfortable elastic waist band.

Sizes: Small, Medium, Large, ExLarge
Colours: As Shown



WACOKU WTF APPROVED EQUIPMENT

Each product has been rigorously tested and manufactured to the high set of guide lines set up by the World Taekwondo Federation, one of the leading martial arts governing bodies in the world.

Our whole Wacoku range of approved equipment can be worn in or out of the club and incorporates many features, including durable elastic ties and comfortably sitting guards.



WACOKU WTF APPROVED FEMALE GROIN GUARD

Order Code: 92-10

Approved by the World Taekwondo Federation. The inner part consists of a shock absorbing EVA foam cup and a comfortable elastic waist band that holds the guard firmly in position.

Sizes: Small, Medium, Large
Colours: As Shown



Black/Clear

CE
Approved
Product

CLEAR VISOR HEAD GUARD

Order Code: 91-01

HEAD GUARD SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Head Size Cm	50 cm below	50 - 54 cm	54 - 56 cm	56 - 58 cm	58 cm +

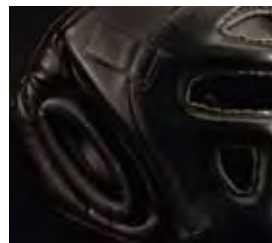
A universally sized, clear visor headguard, designed to fit over most semi-contact head guards. Straps and velcro hold the visor securely in position which sits on a dipped foam frame.

Sizes: One Size (Adult)

Colours: Black



Red



Black



Blue

CE
Approved
Product

DETACHABLE GRILLED HEAD GUARD

Order Code: 43-

HEAD GUARD SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Head Size Cm	50 cm below	50 - 54 cm	54 - 56 cm	56 - 58 cm	58 cm +

A vinyl head guard incorporating a versatile detachable grill to the front which is securely held by the reinforced velcro straps. The grill itself is a toughened plastic and is encased in leather for safety.

Sizes: Med, Large

Colours: Red (Code 43-02), Black (Code 43-03), Blue (Code 43-04)





Black

CE
Approved
Product



KALI HEAD GUARD

Order Code: 48-01

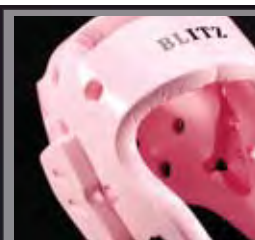
HEAD GUARD SIZE CHART

Size	ExSmall	Small	Medium	Large	ExLarge
Head Size Cm	50 cm below	50 - 54 cm	54 - 56 cm	56 - 58 cm	58 cm +

A superb leather padded head guard with full face metal grill protects against blows from all directions.

Sizes: Junior, Senior
Colours: Black

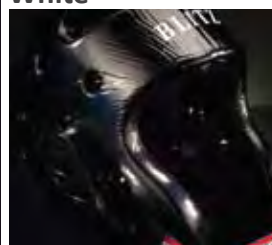
Kali
Gloves - Page 115
Body Armour - Page 113



White



White



Black



Red

HEAD GUARD SIZE CHART

Size	ExSmall	Small	Medium	Large	ExLarge
Head Size Cm	50 cm below	50 - 54 cm	54 - 56 cm	56 - 58 cm	58 cm +

DIPPED FOAM HOOD

Order Code: 41-

Light and safe, our dipped foam head guards are easy to put on and remove. One of the most versatile head guards around. Can be used for any martial art including karate or semi contact training and competitions. The head guard has air holes throughout to reduce heat and velcro fastening at the chin.

Sizes: Small, Med, Large, Exlarge
Colours: White (code 41-11), Black (Code 41-10), Red (Code 41-09), Pink (Small, Medium, Large Only) (Code 41-23), Blue (Code 41-12)

Dipped Foam
Tag - Page 116
Foot - Page 133
Shin - Page 131
Shin & Instep - Page 132



Red

Blue

Pink

White

Black

DOUBLE DIPPED FOAM HEAD GUARD

Order Code: 41-

New to Blitz, the double dipped foam head guard, as the name suggests, gives double the protection around the forehead, ears and rear of the head. They are easy to put on and remove. Can be used for any martial art including karate or semi contact training and competitions. The head guard has air holes throughout to reduce heat and velcro fastening at the chin.

Sizes: Small, Medium, Large, Exlarge

Colours: Pink (Small, Medium, Large Only), White, Black, Blue, Red

HEAD GUARD SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Head Size Cm	50 cm below	50 - 54 cm	54 - 56 cm	56 - 58 cm	58 cm +

Double Dipped Foam
 Tag - Page 117
 Foot - Page 133
 Shin - Page 131



Red

Red

Blue

WACOKU WTF APPROVED HEAD GUARD

Order Code: 92-

A head guard that contains all the necessary requirements for WTF taekwondo practitioners. Head guards consist of an NBR sponge (approx 20mm thick) with a urethane coated surface and easy to fasten velcro straps under the chin.

Sizes: Small, Medium, Large, ExLarge

Colours: Red (Code 92-06), Blue (Code 92-07)

HEAD GUARD SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Head Size Cm	50 cm below	50 - 54 cm	54 - 56 cm	56 - 58 cm	58 cm +





badbreed

The Chronicles of a Fighter...



badbreed

ANTI-SHOCK MOUTH GUARD

V1.7



Badbreed has teamed up with Körpertech to bring you this LIMITED EDITION Anti Shock Gum shield. Simply put its a gum shield with a statement. You are what you are, pure BADBREED! Thanks to Körperlab technology, this gum shield is not just a gimmick, it is one of the best designed and most comfortable gum shield on the market. Designed by dentists using A grade thermoset moulds, they ensure you get maximum protection without it sacrificing comfort. Badbreed printed on the front of the gum shield in white with a protective clear heat film which reduces it from fading, the film stays on the shield even after boil. One size fits all with great upper palate support, you can even wear with braces, CE approved and ready to rumble, you wont want to go into battle without one.

Badbreed... The Chronicles of a fighter!

CE

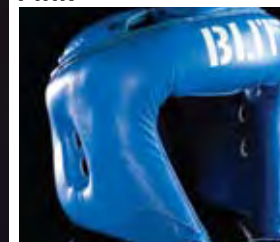




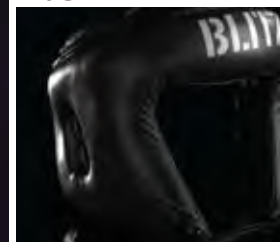
Red



Pink



Blue



Black

PRO BOXING SEMI-FACED HEAD GUARD

Order Code: 44-

Fits snugly over the head with cross design at the top of the head and extra padding to the cheek area. Made from a soft leather.

Sizes: Med, Large

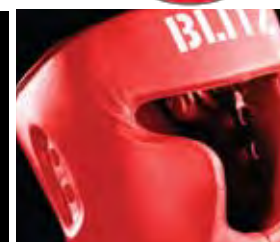
Colours: Blue (Code 44-01), Red (Code 44-02), Black (Code 44-03), Pink (Code 44-07)

HEAD GUARD SIZE CHART

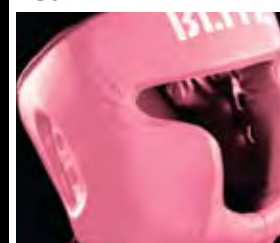
Size	Medium	Large
Head Size Cm	54 - 56 cm	56 - 58 cm



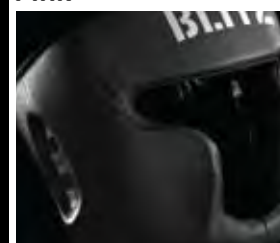
Blue



Red



Pink



Black

PRO BOXING FULL FACED HEAD GUARD

Order Code: 41-44-

Fits snugly over the head with cross design at the top of the head and extra padding to the cheeks and chin area. Made from a soft leather.

Sizes: Med, Large

Colours: Blue (Code 44-04), Red (Code 44-05), Black (Code 44-06), Pink (Code 44-08)

HEAD GUARD SIZE CHART

Size	Medium	Large
Head Size Cm	54 - 56 cm	56 - 58 cm





Blue

STORM SEMI FACED HEAD GUARD

Order Code: 42-

Cheek bone, forehead and rear of head protection. Velcro fastening to rear. Ideal when accompanied with gloves and foot guards.

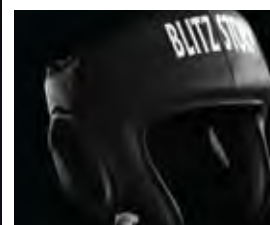
Sizes: Med, Large

Colours: Red (Code 42-13), Black (Code 42-14), Blue (Code 42-15)

HEAD GUARD SIZE CHART		
Size	Medium	Large
Head Size Cm	54 - 56 cm	56 - 58 cm



Red



Black



CE
Approved
Product

Storm
Glove - Page 117
Kicker - Page 134
Shin - Page 130
Shin & Instep - Page 130



Black

STORM FULL FACED HEAD GUARD

Order Code: 42-

Full protection for the forehead, cheek bones and chin. Laced at the top of the head and complete with velcro fastening to the rear for quick and easy access.

Sizes: Med, Large

Colours: Red (Code 42-16), Black (Code 42-17), Blue (Code 42-18)

HEAD GUARD SIZE CHART		
Size	Medium	Large
Head Size Cm	54 - 56 cm	56 - 58 cm



Red



Blue



CE
Approved
Product

Storm
Glove - Page 117
Foot - Page 134
Shin - Page 130
Shin & Instep - Page 130



Red



Black



Rear of Guard

FULL CONTACT BODY ARMOUR

Order Code: 47-

BODY ARMOUR SIZE CHART

Size	Medium	Large
Height	170 cm	180 cm

The ultimate in body protection which can be clicked into guard straps round the neck and body. The main body part is sectioned for equal dispersal of full contact blows. Can be used for soft weapons training.

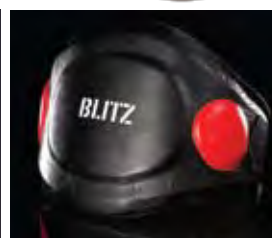
Sizes: Med, Large

Colours: Red (Code 47-04), Black (Code 47-05)



FIREPOWER FULL CONTACT

BLITZ



Black/Red

FIREPOWER LEATHER BELLY PROTECTOR

Order Code: 47-06

Sturdy and robust, it absorbs those hard body strikes. Made from leather it has a raised side and mid-section, excellent for knee, round kicks and other undesirable blows!

Sizes: One Size (Adult)

Colours: Black





Black



Rear of Guard

CE
Approved
Product

RAGING BULL COACHING TARGET ARMOUR

Order Code: 47-09

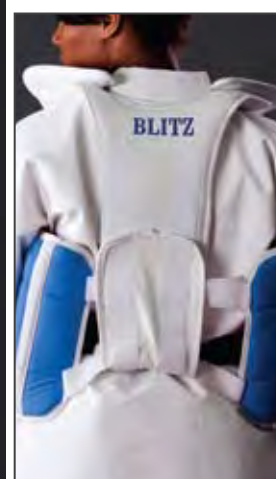
Sturdy and robust, it absorbs those hard body strikes. Made from leather it has a raised side and mid-section, excellent for knee, round kicks and other undesirable blows!

Sizes: One Size (Adult)

Colours: Black



Red Reverse Side



Rear of Guard

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Product



Blue Reverse Side #4

COMPETITION BLOCK BODY ARMOUR

Order Code: 47-03

The professional competition Taekwondo body armour. Reversible - blue one side and red the other. This comes complete with an additional back spine panel which is double padded; it can be effortlessly velcroed into position.

Sizes: Exsmall (Size 2), Small (Size 3), Med (Size 4), Large (Size 5), Exlarge (Size 6)

Colours: Red/Blue Reverse

BODY ARMOUR SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Height	150 cm	160 cm	170 cm	180 cm	190 cm



PROTECTION

BODY ARMOUR

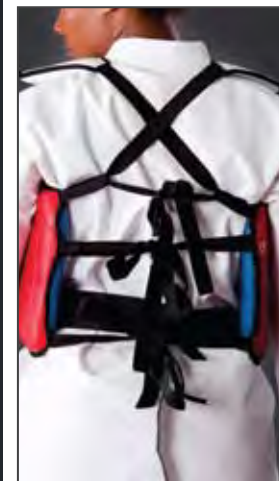
BLITZSPORT.COM



Blue Reverse Side



Blue Reverse Side



Rear of Guard

CE
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Product

STANDARD BLOCK BODY ARMOUR

Order Code: 47-02

BODY ARMOUR SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Height	150 cm	160 cm	170 cm	180 cm	190 cm

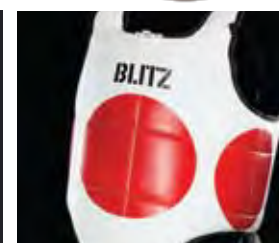
Lightweight high impact protection incorporating a robust outer shield. Long lasting, it shapes perfectly around the body. Completely blue one side and red the reverse. Taped outer edging with easy to fasten straps.

Sizes: Exsmall (Size 2), Small (Size 3), Med (Size 4), Large (Size 5), Exlarge (Size 6)

Colours: Blue/Red Reverse



Blue Reverse Side



Red Reverse Side



Rear of Guard

CE
Approved
Product

STANDARD SPOT BODY ARMOUR

Order Code: 47-01

BODY ARMOUR SIZE CHART					
Size	ExSmall	Small	Medium	Large	ExLarge
Height	150 cm	160 cm	170 cm	180 cm	190 cm

Lightweight high impact protection, with a robust outer shield. Long lasting, it shapes perfectly round your body. Blue spot one side and red spot on the reverse. Taped outer edging with easy to tie straps.

Sizes: Exsmall (Size 2), Small (Size 3), Med (Size 4), Large (Size 5), Exlarge (Size 6)

Colours: Blue/Red Reverse





Blue Reverse Side



Red Reverse Side



Rear of Guard

CE
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Product

WACOKU WTF APPROVED BODY ARMOUR

Order Code: 92-03

BODY ARMOUR SIZE CHART

Size	XXSmall	ExSmall	Small	Medium	Large	ExLarge
Height	140cm	150 cm	160 cm	170 cm	180 cm	190 cm

Lightweight high impact protection incorporating a robust outer shield. Long lasting, it shapes perfectly around the body. Completely blue one side and red the reverse. Taped outer edging with easy to fasten straps.

Sizes: XXSmall (Size 1), Exsmall (Size 2), Small (Size 3), Med (Size 4), Large (Size 5), Exlarge (Size 6)

Colours: Blue/Red Reverse



Blue Reverse Side



Red Reverse Side



Rear of Guard

CE
Approved
Product

KALI BODY ARMOUR

Order Code: 48-02

BODY ARMOUR SIZE CHART

Size	Small	Medium	Large	ExLarge
Height	160 cm	170 cm	180 cm	190 cm

A tough reversible jacket able to withstand substantial punishment. Red one side, blue the other, it's an ideal jacket for competitions. The padded design allows unrestrictive movement.

Sizes: Small, Med, Large, Exlarge

Colours: Blue/Red Reverse





Black



Pink

MITT TYPE BAG GLOVES

Order Code: 51-

A high quality leather mitt type bag glove. Sports a grip bar with enclosed thumb and stitched knuckle areas with air holes to palm of glove. An elastic strap is located on the inner wrist for a snug fit. It is recommended that you wrap your hands first using the Blitz boxing hand wraps for added protection.

Sizes: Exsmall, Small, Med, Large, Exlarge (Exlarge Black Only)

Colours: Black (Code 51-01), Pink (Code 51-02)



Pink



Black

FINGERLESS LEATHER BAG GLOVES

Order Code: 51-

Fingers are sectioned and cut at the ends to ensure maximum protection against the force of your punches. An elastic strap on inner wrist secures the glove to the hand.

Sizes: Exsmall, Small, Med, Large, Exlarge (Exlarge Black Only)

Colours: Black (Code 51-03), Pink (Code 51-04)





Black

KALI GLOVES

Order Code: 48-03

Kali gloves protect the hands from blows yet still allow free movement and great grip.

Sizes: Small, Medium, large, Exlarge

Colours: Black



Black



PROTECTION



Blue

PROFESSIONAL LEATHER OPEN PALM GLOVE

Order Code: 50-

An elite quality open palm glove used for semi contact, ITF or bag work. Used in competitions or clubs across the U.K.

Sizes: Small, Med, Large, Exlarge

Colours: Blue (Code 50-15), Black (Code 50-16), Red (Code 50-14)



Black



Red



HAND PADS

Kali
Body Armour - Page 113
Head Guard - Page 105

BLITZSPORT.COM

Professional Leather
Foot - Page 134
Shin - Page 129



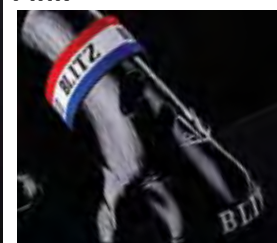
Blue



White



Pink



Black



Red

DIPPED FOAM TAG

Order Code: 41-

Moulded to fit securely to the knuckles with an elastic wrap strap around the wrist. Lightweight and compact, the special dipped foam material absorbs blows, knocks and impact. Ideal for young students.

Sizes: XXS, Exsmall, Small, Med, Large, Exlarge

Colours: Red(Code 41-01), Black (Code 41-02), White (Code 41-03), Blue (Code 41-04), Pink (Code 41-21) (No Large or ExLarge in Pink)

Dipped Foam
Hood - Page 105
Foot - Page 133
Shin - Page 131
Shin & Instep - Page 132



WACOKU WTF APPROVED SPARRING GLOVES

Order Code: 92-08

The palms of the gloves consist of a ventilated material which enables your palms to breathe. The backs of the hands, which protect the joints, consist of sectioned EVA pads which protect the knuckles from external shocks. To maximise the stability of the glove, elastic straps secure the pads which are then attached via velcro depending on the width of the wrist. Sold as a pair.

Sizes: Exsmall, Small, Med, Large, Exlarge

Colours: White





White

Blue

DOUBLE DIPPED FOAM TAG

Order Code: 41-

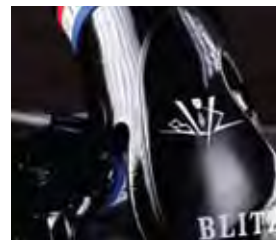
Double dipped for double protection. Moulded to fit securely to the knuckles with an elastic wrap strap around the wrist. Lightweight and compact, the special dipped foam material absorbs blows, knocks and impact. Ideal for young students.

Sizes: XXSmall, Exsmall, Small, Med, Large, Exlarge

Colours: Red (Code 41-41), Black (Code 41-40), White (Code 41-43), Blue (Code 41-42), Pink (Code 41-44) (No XXSmall or ExLarge in Pink)



Pink



Black



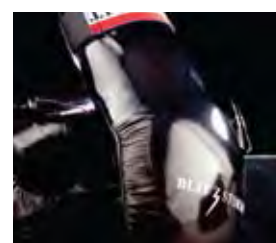
Red

Double Dipped Foam
Hood - Page 105
Foot - Page 133
Shin - Page 131



Red

BLITZSTORM



Black



Blue



STORM GLOVE

Order Code: 42-

Closed thumb and closed finger protection with a velcro fastening wrist strap. Excellent semi contact sparring range. Durable and long lasting. Used for regular club sessions or tournaments.

Sizes: Small, Med, Large, Exlarge

Colours: Red (Code 42-01), Black (Code 42-02), Blue (Code 42-03)

Storm
Kicker - Page 134
Shin - Page 130
Shin & Instep - Page 109
Semi Faced Headguard - Page 109
Semi Full Faced Head Guard - Page 109



Evil Yinko

Evil Kindra



Dark Hanshi



& The Sword of a 1000 Ancestors

Hi I'm Samurai Sam, watch out
for lots of new gear coming your
way this Year !!
And Join us as we battle against the
evil forces of the Dark Hanshi

SOKU



AMAYA



ZAK



NINJO



LEAH





Red

PU ELITE GLOVE WITH THUMB

Order Code: 50-

Same quality and design as the Elite Mitts but specifies an enclosed thumb section for that extra protection which makes it a very popular glove for sparring and competition. Its usage welcomes all styles of martial arts.

Sizes: Exsmall, Small, Med, Large, Exlarge

Colours: Blue (Code 50-05), Black (Code 50-11), Red (Code 50-04)



Blue



Black



PROTECTION



Blue

WKF STYLE MITT

PU ELITE MITT WITHOUT THUMB

Order Code: 50-

A World Karate Federation Tournament style glove. It is now used in 90% of all karate championships around the world. Light weight, durable and very comfortable to wear.

Sizes: Exsmall, Small, Med, Large, Exlarge

Colours: Red (Code 50-01), Blue (Code 50-02), Black (Code 50-10)



Red



Black



HAND PADS

BLITZSPORT.COM

Elite

Foot - Page 135

Shin with Removeable Foot - Page 135

Elite

Foot - Page 135

Shin with Removeable Foot - Page 135



Red



Black



Yellow

FIREPOWER MMA GLOVES

Order Code: 57-

A thumbless leather glove fantastic for use in major mixed martial arts and Ultimate Challenge tournaments. Quality leather with a velcro fastening wrist.

Sizes: Small, Med, Large, Exlarge

Colours: Black (Code 57-05), Red (Code 57-06), Yellow (Code 57-07)



Camo



Black



Pink

PRO-STAR MMA GLOVES

Order Code: 57-

As used by the pro's in Ultimate Challenge. The ultimate recreational leather gloves, light and easy to wear complete with a velcro strap securing the hand. Excellent for boxercise and recreational bag workouts.

Sizes: Small, Med, Large, Exlarge

Colours: Black (Code 57-04), Pink (Code 57-09) (Pink available in exsmall and small only), Camo (Code 57-11)





Red



Black

PROTECTION

BAD BREED 'SINNER' MMA GLOVES

Order Code: 57-

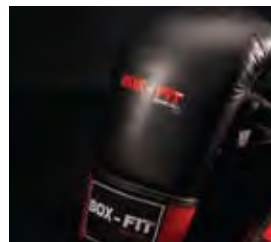
As used in Ultimate Challenge by U.K.'s toughest mma fighters! Excellent for training and competition use, for both padwork and sparring, triple stitch, hard wearing yet comfortable. Space between fist and wrist to allow freedom of movement when on the ground, in a fight, you'll want these gloves on your side.

Sizes: Small, Med, Large, Exlarge

Colours: Black (Code 57-12), Red/Black (Code 57-13)



White/Pink



Black/Red

HAND PADS

BOX FIT BAG GLOVES

Order Code: 51-

Soft leather with stitched palms and thumb area. Wrist support and soft leather - excellent for bag work, sparring and adds great protection to the knuckle area.

Sizes: Exsmall, Small, Med, Large, Exlarge

Colours: Black/Red (51-05), White/Pink (Code 51-06) (Pink available in Exsmall, Small, Medium only)



BLITZSPORT.COM



Tan



Black

RAGING BULL PRO LEATHER BOXING GLOVE

Order Code: 53--

These pro boxing gloves are manufactured in top grade hide leather complete with quality stitching. A lace up glove filled with horse hair to protect. For those who want authentic gloves at its best, it's got to be the Raging Bull!

Sizes: 10oz, 16oz

Colours: Black (Code 53-14), Tan (Code 53-15)



Black



Red



Yellow



Pink

FIREPOWER LEATHER BOXING GLOVES

Order Code: 53-

Heavy duty leather Velcro boxing gloves. The straps are thicker, supporting the wrists and allowing a larger area if taping is required. The wrist area, providing double protection, is extra thick as recommended by most professionals.

Sizes: 10oz, 12oz, 14oz, 16oz

Colours: Red (Code 53-07), Black (Code 53-08), Yellow (Code 53-09), Pink (Code 53-11)





Red

PU BOXING GLOVES

Order Code: 53-

Lighter and flexible. Made from a tough P.U. material. Perfect for light sparring work.

Sizes: 10oz, 12oz, 14oz

Colours: Red (Code 53-05), Black (Code 53-06)



Blue

LEATHER BOXING GLOVES

Order Code: 53-

A multi-purpose leather boxing glove. Used for boxing, kickboxing, semi/full contact or ring work. The arch on the palm of the glove has multi rows of stitching and a stitched thumb. Velcro fastening for quick release and entry of hands from gloves are a feature.

Sizes: 8oz, 10oz, 12oz, 14oz, 16oz

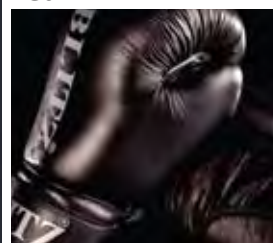
Colours: Red (Code 53-02), Black (Code 53-03), Blue (Code 53-04)



Black



Red



Black



PROTECTION

HAND PADS

BLITZSPORT.COM



Union Jack



Red



Black



Blue

KIDS LEATHER BOXING GLOVES

Order Code: 53-01

Manufactured especially for children. Soft leather with stitched palms and thumb area.

Sizes: Kids One Size

Colours: Red, Black, Blue, Union Jack



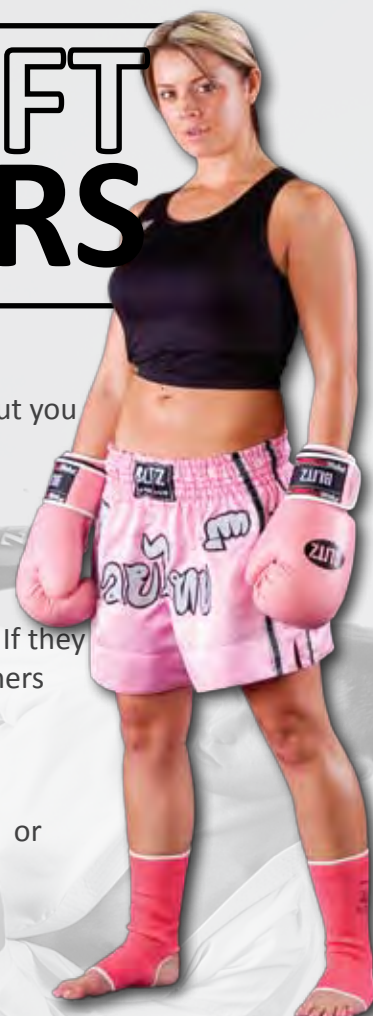
GIFT VOUCHERS

Gift Vouchers are the ideal present when you haven't a clue what the recipient would like but you know they love martial arts.

It doesn't have to be Christmas or a birthday. It could be a student who has improved the most, a raffle for charity or a leaving present. If they do martial arts, they know that Blitz gift vouchers are an excellent gift, surprise or not!

Available in denominations of £10.00, £15.00, or £50.00.

(For full terms & conditions, please see web site for details).



WRAPPING YOUR HANDS

A FEW TOP TIPS TO HELP YOU ALONG!

Choosing the correct wrap underneath your boxing glove, shouldn't be a chore. We stock a wide range of wraps and tapes that will ensure your knuckles stay firmly gripped within your chosen boxing glove. Make sure that when you wrap your hands they feel right, they should be tight, however not so that they cut off the circulation in your hands.



If you train more than a few times a week, buy a couple of pairs of wraps to keep you going!

The smaller the hands, the smaller the hand wrap

Make sure when wrapping the hands, the material or tape doesn't bunch up

There are various ways to wrap your hands. For a more indepth explanation, contact your instructor or coach



Inner Palm



Latin Inscription

RAGING BULL GEL HAND WRAPS

Order Code: 54-06

When your knuckles need that little bit extra, the soft gel in these hand wraps will do the trick. Light and easy to put on, they consist of a neoprene glove with extra padded gel protection (9mm) and a 38 inch stretchy cotton wrap to securely keep your fists snug, yet comfortable, within your boxing gloves.

Sizes: Small/Medium, Large/ExLarge

Colours: One Colour



HAND WRAPS

Order Code: 54-

Available in two sizes. The 120 inch wrap is excellent for use in protecting the hand when using bag gloves or boxing gloves. The 180 inch wraps are used by professional boxers and also protect the hand when using bag gloves or boxing gloves. Each wrap consists of a cotton elastic material with a velcro fastening strap. Sold as a pair.

Sizes: 120 inch (Code 54-01), 180 inch (Code 54-02)

Colours: Pink, Yellow, Red, Black, Green, White, Blue



RING MARK TAPE

Order Code: 39-08

Just what you need when you have to mark out your rings. A useful non marking tape that can also be used on most club floors (depending on your floor). Quick and easy to put down and to take back up. Each roll is approx 50mm in width.

Sizes: 33 Metres Length, 50mm Width

Colours: Red, White, Blue



BOXING HAND TAPE

Order Code: 39-07

A universal zinc oxide boxing tape, used by many fighters in and out of the ring.

Sizes: 25mm width (50 metre roll), 50mm width (50 metre roll)

Colours: White (As Shown)



Yellow

FIREPOWER PU SHIN & INSTEP

Order Code: 49-

Ridged raised section on front of shin. Assembled to absorb the hardest of blows giving high impact protection. Velcro straps and edging stripes. Originally designed for Thai and full contact fighters to wear during training but now used by all disciplines.

Sizes: Medium, Large

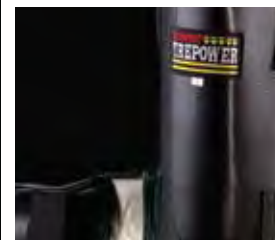
Colours: Black (Code 49-01), Red (Code 49-02), Blue (Code 49-03), Yellow (Code 49-04)

SHIN & SHIN/INSTEP SIZE CHART

Size	Medium	Large
Uniform Size	160 - 170 cm	170 - 190 cm



Red



Black



Blue

CE
Approved
Product



Red

FIREPOWER LEATHER SHIN & INSTEP

Order Code: 49-

High quality leather. The new shin & instep offers three levels of varying types of foam which gives three times the amount of absorption compared to the standard shin & instep. These are of the highest quality and design and compete against many expensive counterparts from Thailand and the Far East.

Sizes: Medium, Large

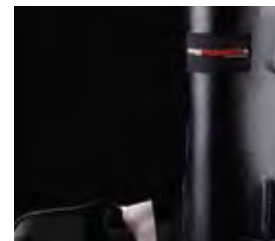
Colours: Red (Code 49-05), Blue (Code 49-06), Black (Code 49-13)

SHIN & SHIN/INSTEP SIZE CHART

Size	Medium	Large
Uniform Size	160 - 170 cm	170 - 190 cm



Blue



Black

CE
Approved
Product





Red

FIREPOWER LEATHER NHB SHIN & INSTEP

Order Code: 49-

Leather protective area with neoprene backing. This shin & instep snugly fits round your calves ensuring you receive the ultimate support with maximum protection.

Sizes: Medium Large

Colours: Red (Code 49-14), Black (Code 49-15)

SHIN & SHIN/INSTEP SIZE CHART

Size	Medium	Large
Uniform Size	160 - 170 cm	170 - 190 cm



Black



Rear of Guard



Blue

PROFESSIONAL LEATHER SHIN

Order Code: 49-

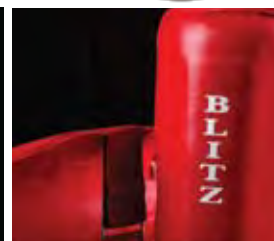
Made from fine grade leather, this shin guard is specifically designed for use with the professional foot when training in Thai, semi, full contact or kick boxing. Velcro straps at the back enhances performance.

Sizes: Small, Medium, Large, Exlarge

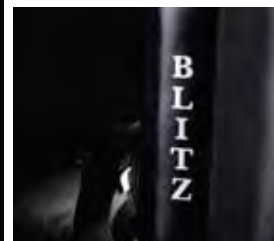
Colours: Red (Code 49-10), Blue (Code 49-11), Black (Code 49-12)

SHIN & SHIN/INSTEP SIZE CHART

Size	Small	Medium	Large	ExLarge
Uniform Size	130 - 150 cm	160 - 170 cm	170 - 190 cm	190 - 210 cm



Red



Black



PROTECTION

LEG GUARDS

BLITZSPORT.COM

Pro Leather
Foot - Page 134
Shin & Instep - Page 135



Red

STORM SHIN

Order Code: 42-

A symmetrically sectioned shin guard with velcro fastening straps.

Sizes: Medium, Large, Exlarge

Colours: Red (Code 42-07), Black (Code 42-08), Blue (Code 42-09)

SHIN & SHIN/INSTEP SIZE CHART

Size	Medium	Large	ExLarge
Uniform Size	160 - 170 cm	170 - 190 cm	190 - 210 cm



Blue



Black



CE
Approved
Product

Storm
Kicker - Page 134
Glove - Page 117
Shin & Instep - Page 130
Semi Faced Headguard - Page 109
Semi Full Faced Head Guard - Page 109



Blue

STORM SHIN & INSTEP

Order Code: 42-

Same design as the shin guard however this benefits from the additional instep. The foot fits comfortably under elasticated strapping.

Sizes: Medium, Large, Exlarge

Colours: Red (Code 42-10), Black (Code 42-11), Blue (Code 42-12)

SHIN & SHIN/INSTEP SIZE CHART

Size	Medium	Large	ExLarge
Uniform Size	160 - 170 cm	170 - 190 cm	190 - 210 cm



Red



Black



CE
Approved
Product

Storm
Shin - page 130
Kicker - Page 134
Glove - Page 117
Semi Faced Headguard - Page 109
Semi Full Faced Head Guard - Page 109



Blue

Pink



Red



Black



White

DIPPED FOAM SHIN

Order Code: 41-

SHIN & SHIN/INSTEP SIZE CHART

Size	ExSmall	Small	Medium	Large	ExLarge
Uniform Size	110 - 120cm	130 - 150 cm	160 - 170 cm	170 - 190 cm	190 - 210 cm

Shin guards complete with air holes. These guards mould firmly to the shin and are securely fastened to the leg with two elastic straps of velcro.

Sizes: Small, Medium, Large, Exlarge (Pink XSmall, Small, Medium)

Colours: Red (Code 41-13), Black (Code 41-14), White (Code 41-15), Blue (41-16), Pink (Code 41-24)

Dipped Foam

Tag - Page 116

Foot - Page 133

Hood - Page 105

Shin & Instep - Page 132

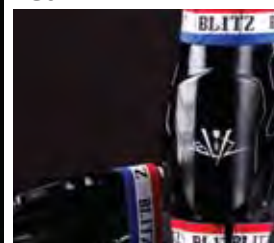


Pink

Blue



Red



Black



White

DOUBLE DIPPED FOAM SHIN

Order Code: 41-

SHIN & SHIN/INSTEP SIZE CHART

Size	Small	Medium	Large	ExLarge
Uniform Size	130 - 150 cm	160 - 170 cm	170 - 190 cm	190 - 210 cm

Double dipped for double protection. Shin guards complete with air holes. These guards mould firmly to the shin and are securely fastened to the leg with two elastic straps of velcro and extra protection on the most important part of the shin.

Sizes: Small, Medium, Large

Colours: Red (Code 41-61), Black (Code 41-60), White (Code 41-63), Blue (41-62), Pink (Code 41-64)

Double Dipped Foam

Hood - Page 106

Foot - page 133

Tag - page 117



Secure Velcro
Fastening



CE
Approved
Product

WACOKU WTF APPROVED SHIN PADS

Order Code: 92-05

A WTF approved and recognised shin guard consisting of a vinyl surface which can easily be wiped clean. The inner structure consists of a shock absorbing EVA pad that aids the wearer when performing or blocking techniques. The velcro tapes are attached to the guard that thread through the double slots at the side to ensure stability. Sold as a pair.

Sizes: Small, Medium, Large, Exlarge
Colours: White



Underside



CE
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Product

WACOKU WTF APPROVED FOREARM PADS

Order Code: 92-04

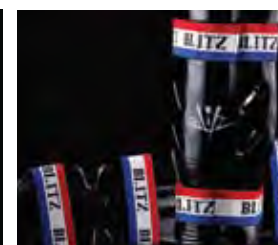
The smooth inner surface of the approved forearm guards ensure the wearer receives maximum protection and comfort. The vinyl surface and EVA shock absorbing pad ensures the wearer gains maximum coverage over the forearm. Sold as a pair.

Sizes: Small, Medium, Large, ExLarge
Colours: White

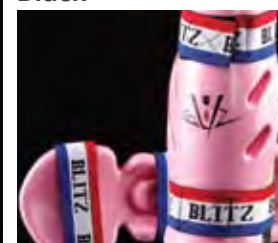


White

Red



Black



Pink



Blue

DIPPED FOAM SHIN & INSTEP

The lightest shin and instep guards around. Velcro fastening around shin with elastic strap under foot also with air vents which allows the skin to breathe.

Sizes: Small, Medium, Large, Exlarge (Pink Small, Medium Only)
Colours: Red (Code 41-17), Black (Code 41-18), White (Code 41-19), Blue (Code 41-20), Pink (Code 41-25)

SHIN & SHIN/INSTEP SIZE CHART				
Size	Small	Medium	Large	ExLarge
Uniform Size	130 - 150 cm	160 - 170 cm	170 - 190 cm	190 - 210 cm

Dipped Foam
Tag - Page 116
Shin - Page 131
Foot - Page 133
Hood - Page 105



Red



Pink



Red



Black



Blue

DIPPED FOAM FOOT

Order Code: 41-

FOOT PROTECTION SIZE CHART						
Size	XXSmall	XSmall	Small	Medium	Large	ExLarge
UK Shoe Size	12 - 13 Child	1 - 2 Adult	3 - 5 Adult	6 - 9 Adult	10 - 11 Adult	12 - 13 Adult

Tongue and heel have moulded air holes to enable your foot to breath more easily. The strap fits securely around the foot. Ideal for TKD and Karate tournaments.

Sizes: XXSmall, Exsmall, Small, Med, Large, Exlarge

Colours: Red (Code 41-05), Black (Code 41-06), White (Code 41-07), Blue (Code 41-08), Pink (Code 41-22)

Dipped Foam
Tag - Page 116
Shin - Page 131
Hood - Page 105
Shin & Instep - Page 132



Blue



Red



Black



White



Pink

DOUBLE DIPPED FOAM FOOT

Order Code: 41-

FOOT PROTECTION SIZE CHART					
Size	XSmall	Small	Medium	Large	ExLarge
UK Shoe Size	1 - 2 Adult	3 - 5 Adult	6 - 9 Adult	10 - 11 Adult	12 - 13 Adult

Double protection on the front and top of foot. Tongue and heel have moulded air holes to enable your foot to breath more easily. The strap fits securely around the foot. Ideal for TKD and Karate tournaments.

Sizes: XXSmall, Exsmall, Small, Med, Large, Exlarge

Colours: Red (Code 41-51), Black (Code 41-50), White (Code 41-53), Blue (Code 41-52), Pink (Code 41-54)

Double Dipped Foam
Tag - Page 1167
Shin - Page 131
Hood - Page 106



Red



Black



Blue

STORM KICKER

Order Code: 42-

Elastic material straps easily around the foot and ankle. Toes fit comfortably under the guard. Perfect for semi or full contact disciplines.

Sizes: Small, Med, Large, Exlarge

Colours: Red (Code 42-04), Black (Code 42-05), Blue (Code 42-06)

FOOT PROTECTION SIZE CHART

Size	Small	Medium	Large	ExLarge
UK Shoe Size	3 - 5 Adult	6 - 9 Adult	10 - 11 Adult	12 - 13 Adult

Storm

Shin - Page 130

Glove - Page 117

Shin & Instep - Page 130

Semi Faced Headguard - Page 109

Semi Full Faced Head Guard - Page 109

Blue

PROFESSIONAL LEATHER FOOT

Order Code: 49-

Made from fine grade leather. It has been specifically designed for the use of full contact and kick boxing. A velcro strap to the back and elastic strap underneath enhances performance.

Sizes: Small, Med, Large, Exlarge

Colours: Red (Code 49-07), Blue (49-08)

FOOT PROTECTION SIZE CHART

Size	Small	Medium	Large	ExLarge
UK Shoe Size	3 - 5 Adult	6 - 9 Adult	10 - 11 Adult	12 - 13 Adult



Red



Pro Leather

Shin - Page 129

Gloves - page 115



Red

WKF STYLE FOOT



Red



Blue



PU ELITE FOOT

Order Code: 50-

The Elite foot designed and shaped like the approved WKF tournament range is allowed in National Karate Championships.

Sizes: Small, Med, Large, Exlarge

Colours: Red (Code 50-06), Blue (Code 50-07)

FOOT PROTECTION SIZE CHART				
Size	Small	Medium	Large	ExLarge
UK Shoe Size	3 - 5 Adult	6 - 9 Adult	10 - 11 Adult	12 - 13 Adult

Elite
Mitts - Page 119
Gloves - Page 119
Shin with Removeable Foot - Page 135



Blue

WKF STYLE



Red



PU ELITE SHIN WITH REMOVABLE FOOT

Order Code: 50-

WKF style Karate elite range. Shin and foot with special velcro fasteners enables them to be worn separately.

Sizes: Exsmall, Small, Med, Large, Exlarge

Colours: Red (Code 50-13), Blue (Code 50-12)

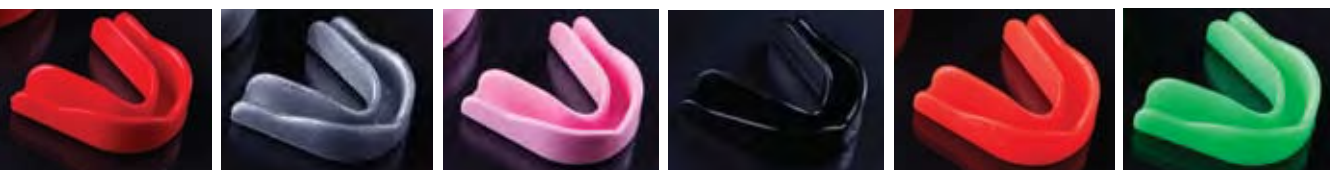
FOOT PROTECTION SIZE CHART					
Size	XSmall	Small	Medium	Large	ExLarge
UK Shoe Size	1 - 2 Adult	3 - 5 Adult	6 - 9 Adult	10 - 11 Adult	12 - 13 Adult

Elite
Mitts - Page 119
Gloves - Page 119
Shin with Removeable Foot - Page 135



Baby Blue

CE
Approved
Product



STANDARD GUM SHIELDS

Order Code: 45-

A conventional gum shield which moulds when submerged in boiling water. Complete with case and available in a wide range of colours.

Sizes: Junior (45-01) or Senior (45-02)

Colours: Red, Silver, Pink, Black, Orange, Green, White, Baby Blue, Yellow, Clear



Red

CE
Approved
Product



DOUBLE GUM SHIELDS

Order Code: 45-03

Double protection for both the upper and lower teeth, complete with instructions and case.

Sizes: One Size

Colours: Clear, Orange, Black, Blue, White, Red





KORPERTECH///
armour skin



KORPERTECH XR22 GUMSHIELD

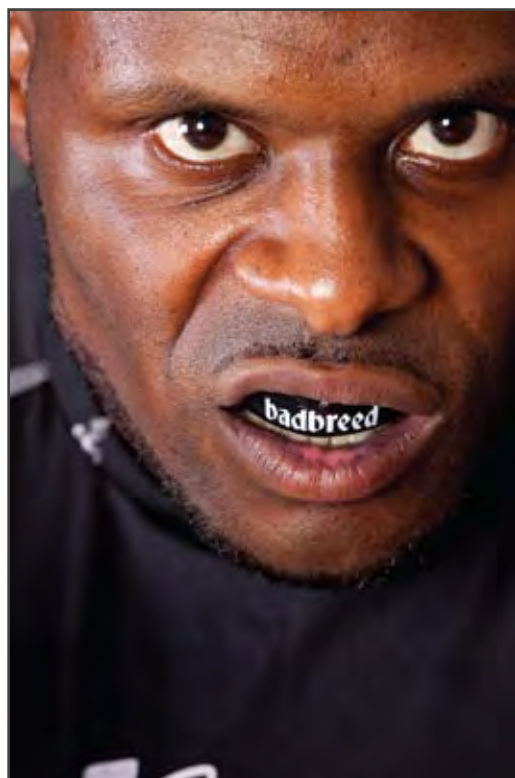
Order Code: 45-06

An anti shock mouth guard, developed by dental technologists, ensuring minimal injury.



CE
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Product

Size: One Size
Colours: One Colour
as Shown



BAD BREED GUM SHIELD

Order Code: 45-06

A limited edition gum shield with a statement. Designed by dentists using grade A moulds. Dazzle your opponent when you clench your teeth!

Maximum protection without sacrificing comfort.



CE
Approved
Product

Size: One Size
Colours: One Colour
as Shown



Version 1.5



Version 2.0

CE
Approved
Product

SHOCK DOCTOR GUM SHIELDS V1.5 OR V2.0

Order Code: 45-

Patented and designed to prevent jaw fractures by acting as a cushion between the lower and upper jaw. Version 2.0 consists of a heavy duty rubber and gel fit liner giving you even more protection.

Size: Junior or Senior
Colours: Version 1.5(White), Version 2.0 (Clear)

TRAINING BAGS MATS & PADS



Bag & Ball Attachments
Filled & Unfilled Bags
Focus Pads
Freestanding Bags
Grappling Dummies
Jigsaw Mats
Judo & Crash Mats
Speedballs
Strike Shields



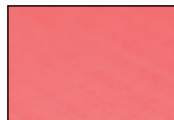
JUDO MAT

Order Code: 38-

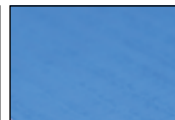
Comprises of a reconstituted polyurethane foam with a tatami patterned flame retardent surface. P.V.C. edging with welded corners and a latex anti slip base. Ideal for all martial arts, especially Judo. Made to order.

Sizes: 1m x 1m (Code 38-04)
1m x 2m (Code 38-05)

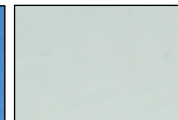
Colours:



Red



Blue



Olive Green



CRASH MAT

Order Code: 38-06

Flame retardent and comprises of an open cell polyurethane foam and are coated with a pvc nylon coating and ergonomic handles. They have a zip closure and an anti slip base. Made to order.

Sizes: 4ft x 8ft (8inches or 12 inches thick)

Colours: Blue



MAT TROLLEY

Order Code: 38-07 (Standard), 38-08 (Heavy Duty)

Perfect for storing mats or shuttling them from one area to another. It will hold either the 2x1 metre mats or 1x1 metre mats. The wheels are 5 inches wide and roughly hold about 50 mats. However we would suggest roughly 25 mats as the combined weight of a large quantity would be too heavy to move.

Standard - Wheels are 5 inches wide

Heavy Duty - Wheels are thicker rubber 8 inches in diameter and trolley stands higher off of the ground. Design may vary from image shown. Trolley would have a blue base.

Sizes: 1m x 2m

Colours: Blue Base

MATS

Whenever you need safe versatile flooring, nothing is as reliable as a floor mat. Used in many martial arts competitions, schools, gyms, clubs, dojos and homes. You will find a variety of colours, sizes and designs to complement your interior and available for delivery at your place of choice.

Ideal for many different styles of martial arts, where extra floor protection is required! Also excellent for clubs wishing to bring more variety into their teaching by introducing take down techniques. Don't leave accidents to chance, take all the necessary precautions!

If you are not sure on how many mats to purchase our sales team can help. Call **0208 317 8280** where one of our many members of staff can guide you into deciding how many mats you require.

Jigsaw Mats are quick and easy to lay - ideal for smaller clubs with limited space

Delivered to your chosen location & available in a variety of colours

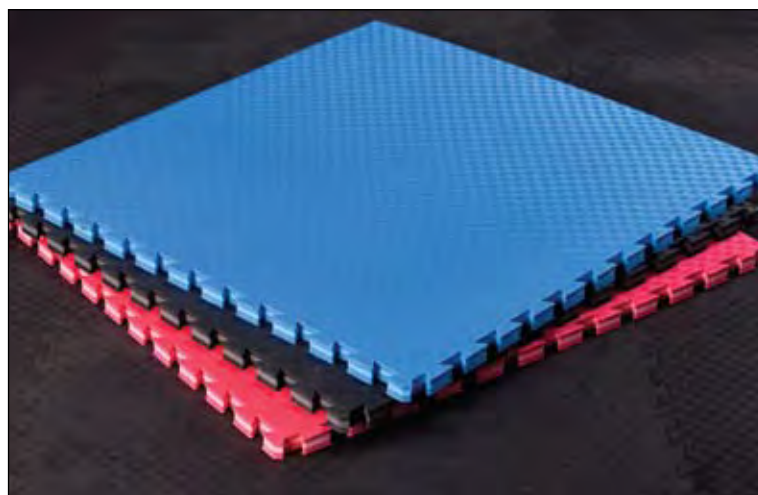
Each jigsaw mat comes complete with one edging strip giving a crisp outline to your fighting area



Deep Soft Core



Easily Taken Apart
Quick to Put Away



JIGSAW MAT

Order Code: 38-0

Versatile, light and easy to store! For bulk buying please contact Blitz who will quote you discount prices. Excellent for Judo and grappling, an extra deep soft core provides better protection than other mats. Finished in a tatami pattern. Soft core not available on 20mm mats.

Sizes: 1m x 1m (20mm, 30mm or 40mm depth)
Colours: See Below

20mm Depth



Red (38-01)



Blue (38-01)



Green (38-01)

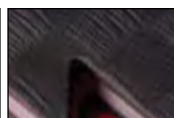
30mm Depth



Red (38-02)



Blue (38-02)



Black (38-02)

40mm Depth



Red (38-03)



Blue (38-03)



Olive Green (38-03)



LEATHER THAI PAD WITH MITT

Order Code: 63-08

Hard leather thai pad with attached glove. Excellent for coaches who want to improve students defence. A great lightweight pad for longer workouts. **Sold as a pair.**

Size: 42x17x15cm

Colours: Blue/Red



PU INSTRUCTORS PAD

Order Code: 62-09

American style design strike pad made from foam rubber. Very versatile. **Sold singularly**

Size: 28x21x12cm

Colours: Red (code 62-09), Black (code 62-09)



SMASH BOARDS

PADDED BOARD

Kids Beginner

Order Code:
64-04 Yellow

Ideal for young students and those lacking confidence. The easiest of all break boards. Works well as a pair.

Size: 27.9 x 27.9cm
Colours: Yellow

PADDED BOARD

Kids Intermediate

Order Code:
64-04 Red

As students progress the padding offers a sense of security for the board.

Size: 27.9 x 27.9cm
Colours: Red

PADDED BOARD

Adult Advanced

Order Code:
64-04 Black

Breaking the black padded board is a great confidence booster and is easily achievable.

Size: 27.9 x 27.9cm
Colours: Black

SOLID BOARD

Adult Beginner

Order Code:
64-03 Beginner

This intermediate board is designed to get adults focused and lessens the fear of striking objects.

Size: 27.9 x 27.9cm
Colours: White

SOLID BOARD

Adult Intermediate

Order Code:
64-03 Intermediate

A hard board to break for most students, requiring focused training.

Size: 27.9 x 27.9cm
Colours: Red

SOLID BOARD

Adult Advanced

Order Code:
64-03 Advanced

Not for the light hearted, please take care when using this board, not for inexperienced martial artists.

Size: 27.9 x 27.9cm
Colours: Blue

FOCUS PADS, SHIELDS & BAGS

Our complete range of focus pads, shields and bags are designed to enhance your training, giving you or your students the best possible chance in reaching your goals.



WOODEN 6x9 MAKIWARA

Order Code: 63-10

The original wood block, wall mounted Makiwara, as used by the great masters of the past. A sprung loaded base with padded vinyl surface.

Size: 28x15x7cm
Colours: Wood Tan/Black



STRAW MAKIWARA

Order Code: 63-11

The straw Makiwara was used for traditional hand conditioning by the old masters.

Size: 36x8x8cm
Colours: Tan Straw

KIDS CORNER



BAT TYPE TARGET PAD

Order Code: 63-09

Designed to produce a snap sound effect! Made from vinyl with a compact foam that absorbs kicks and punches and stops whiplash in the holders arm.

Size: 39x19x7cm
Colours: Red



VINYL BLOCKER

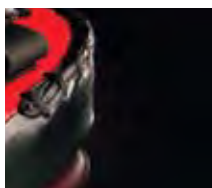
Order Code: 63-12

Super light soft foam batons, assists with training students to block, kick, punch without harm. **Sold singularly.**

Sizes: 84x15x15cm
Colours: Red, Blue



Secure Straps



Leather Stitches

SPOT LEATHER FOCUS PAD WITH MITT

Order Code: 62-04

The coaches leather focus pad, complete with a glove so you can retaliate if you are tired of telling your students to keep their guard up, strike back! **Sold in pairs**

Size: 31x21x11cm

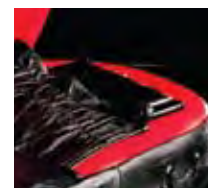
Colours: Red/Black



Comfy Glove



Leather Spot



Velcro Wrist Strap

SPOT LEATHER FOCUS PADS

Order Code: 62-03

Back by popular demand, the spot leather focus pad with a hand size glove manufactured for adults and small sized hands. **Sold in pairs.**

Size: Youth/Adult (30x20x6cm)

Colours: Red/Black (Senior) (62-03-02)

Yellow/Black (Junior) (62-03-01)



Front View



Secure Straps

VINYL FOCUS PAD

Order Code: 62-05

The authentic toughened vinyl pad has a velcro strap and hard front target area. Ideal for toughening punches and kicks. **Sold singularly.**

Size: 25x19x6.5cm

Colours: Tan/Black



Leather Spot



Comfy Glove

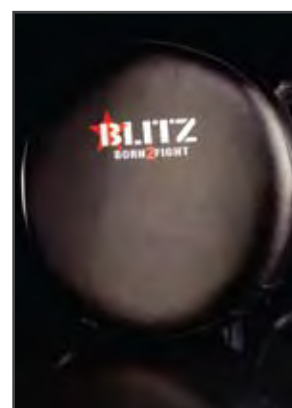
CANVAS/LEATHER FOCUS PADS

Order Code: 62-07

Canvas pad with leather cut finger glove, with leather target area to front of pad. **Sold in pairs.**

Size: 29x20x5cm

Colours: Red/Black



Rear View

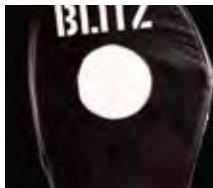
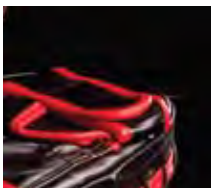
CIRCULAR FOCUS PADS

Order Code: 62-06

Perfectly circular and extremely light! Two holding straps are attached at the rear. Made from toughened vinyl/PU mix. Very popular. **Sold in pairs.**

Size: 26x26x6.5cm

Colours: Black



Velcro Straps

Leather Spot

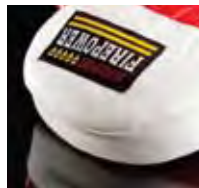
DELUXE LEATHER FOCUS PADS

Order Code: 62-02

Used mainly for co-ordination, speed and power. Features the longer shaped wrist section that protects the wrist. Sturdy velcro fastenings enhance the product. **Sold in pairs.**

Size: 33x20x7cm

Colours: Black



Extra Stitching

Leather Spot

Velcro Straps

FIREPOWER LEATHER CURVED FOCUS PADS

Order Code: 62-01

Cushioned wrist and a sturdy target area in leather. Probably the most advanced and comfortable focus pad around. **Sold in pairs.**

Size: 26x20x5cm

Colours: White/Red



Secure Straps



Absorbent Filling

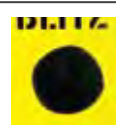
PRO-STAR LEATHER CURVED FOCUS PADS

Order Code: 62-11

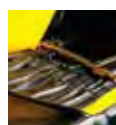
Cushioned wrist and sturdy target area. Smaller hand area designed specifically for women. **Sold in pairs.**

Size: 24x20x9cm

Colours: Pink/White



Softer Area



Smaller Gloves

SPOT LEATHER FOCUS PADS

Order Code: 62-03

Back by popular demand, the spot leather focus pad with a hand size glove manufactured for adults and small sized hands. **Sold in pairs.**

Size: 30x20x6cm

Colours: Yellow/Black (Junior),
Red/Black (Senior)

KIDS CORNER



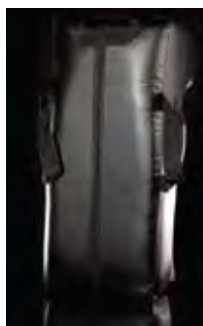
SAMURAI SAM FOCUS PADS

Order Code: SS-02

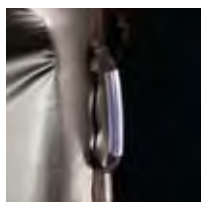
Make training more fun for the young students with these branded semi-soft focus pads. The reverse has an easy to hold hand grip and a velcro wrist strap. **Sold in pairs.**

Size: 26x26x13.5cm

Colours: Red/Blue



Rear View



Firm Grip
Handles

FIREPOWER UPPERCUT SHIELD

Order Code: 63-06

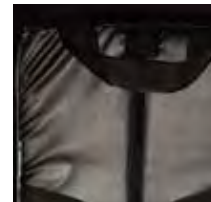
A heavy duty shield used for upper cuts, round house kicks and punches. A versatile shield made in a treated vinyl, packed with a light weight high density foam. Five straps to rear increase the options.

FIREPOWER 
FULL CONTACT

Size: 86x35x21cm
Colours: Black



Rear View



Tough Straps

FIREPOWER X-SHIELD

Order Code: 63-05

Created for punishment. This extra thick and extra long shield absorbs the most powerful blows without the holder having to compromise. Handles are located in several areas on these shields making them both comfortable and easy to hold.

FIREPOWER 
FULL CONTACT

Size: 71x35x17cm
Colours: Black



Rear View



Reinforced

FIREPOWER LEATHER THAI PADS

Order Code: 63-07

Full hard leather Thai pads, curved perfectly for explosive kicks, knees, elbows, hooks and upper cuts. Hard wearing allows combatants to toughen vital body areas. **Sold as a pair.**

FIREPOWER 
FULL CONTACT

Sizes: 38x18x16cm
Colours: Red/Blue



Blue



Tough Straps

AIR STRIKE SHIELD

Order Code: 63-04

Light and easy to inflate. Features three secure straps fastened to the back. Made from PU vinyl material.

Size: 74x33x17cm
Colours: Red (code 63-04)
Blue (Code 63-04)



Rear View



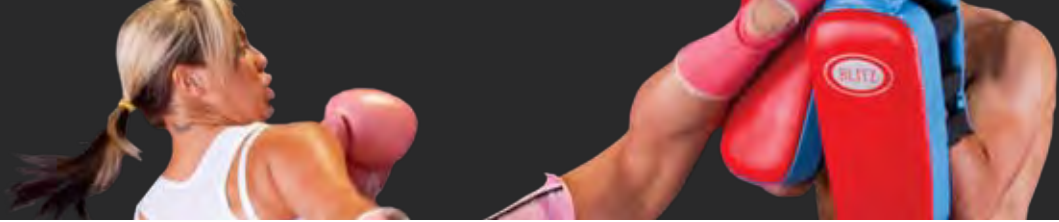
Tough Straps

VINYL CANVAS STRIKE SHIELD

Order Code: 63-03

Original design with hanging straps, aids fixing to the wall or hanging from the ceiling. Great for home or club training as no need for a partner.

Size: 74x33x17cm
Colours: One Colour as Shown



Rear View



Firm Grip Handles

SQUARE VINYL STRIKE SHIELD

Order Code: 63-01

Blitz club range shields are made from the same excellent anti-rip/anti-rot material as the punch bags. Great for all styles of training to improve the striking ability of the fighter.

Size: 43x28x10cm (Standard), 56x35x10cm (XLarge)
Colours: Black



Rear View



Firm Grip Handles

CURVED VINYL STRIKE SHIELD

Order Code: 63-02

Curved especially for leg techniques or upper cuts! Has three holding straps and a thick foam covered cavity for maximum blow absorption.

Size: 56x38x12cm(Standard), 68x38x12cm (Exlarge)
Colours: Black

KIDS CORNER



Black



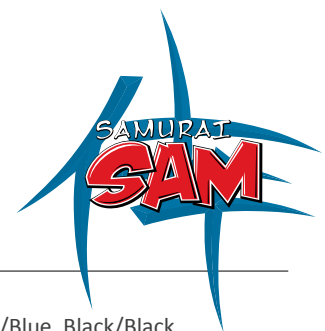
Rear View

SAMURAI SAM KICK AND PUNCH

Order Code: SS-01

Versatile and ideal for most techniques this kids branded shield features target points for students to strike. The back has a strong grip bar and strap making the shield easy to hold. Part of the Samurai Sam range of products, aiding reward and retention.

Sizes: 38x18x16cm
Colours: Blue/Red, Red/Blue, Black/Black





FILLED VINYL PUNCH BAGS WITH BAG CHAINS

Order Code: 61-

Filled: Made from tough anti rip and rot vinyl. Machine filled and stitched with four straps and D rings. The filling can be changed by the user to make the bag heavier or lighter for the required training. Comes complete with bag chains.

6'
5'
4'

Unfilled: Same as above sold without filling and chains. Complete with heavy duty straps and D rings.

6'
5'
4'



Each Filled Bag Comes Complete with Bag Chains



Tough Straps

FIREPOWER VINYL BODY BAG

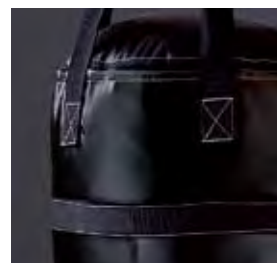
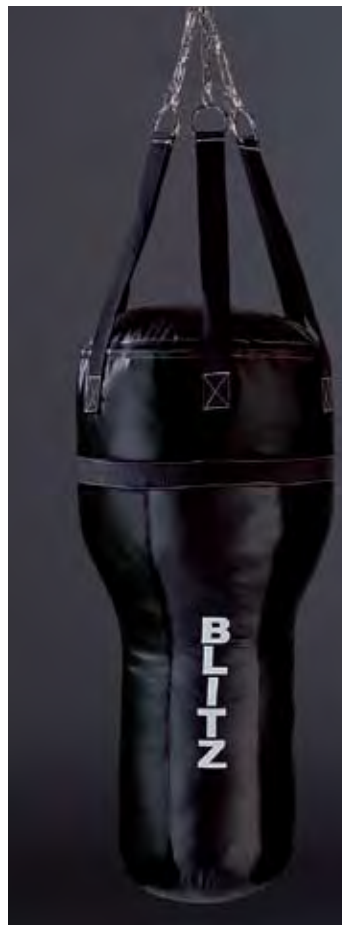
Order Code: 61-07

With 3 different areas of striking, its design was inspired by the shape of a human body that has been multiplied in size. Its only limit for usage is that of the practitioner's imagination. D rings are located at the top of the bag. Approx 28 Kilos (filled)
Unfilled also available.



Sizes: 144cm in height
(48cm x 39cm x 28cm Diameter)

Colours: Black



Extra Stitching

UPPERCUT BAG

Order Code: 61-17

The only professional mushroom shaped bag you should own. The perfect shape to practice upper cut and lower abdominal techniques. Comes complete with bag chains. Medium 19 Kilos (approx), Large 22 kilos (approx). **Filled option only.**

Sizes: 45cm diameter
Medium , Large

Colours: Black



Red



Black

SAMURAI SAM FREESTANDING BAG

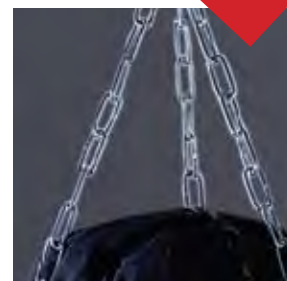
Order Code: SS-03

Great for a child's enjoyment and training! No need to hang this bag. Its height stands at just 50 inches incorporating a 13.5 inch diameter it also features strike points with training factors on both sides.

Sizes: 50 Inches in Height, 13.5 Inch Diameter

Colours: Blue , Black, Red

KIDS CORNER



Bag Chains Included

2ft6" CANVAS PUNCH BAG

Order Code: 61-04

A light child friendly basic punch bag designed especially for small children. Bag chains included. Weighs approx. 10 Kilos. **Filled option only.**

Sizes: 2ft6
(26cm diameter)

Colours: Black/Red

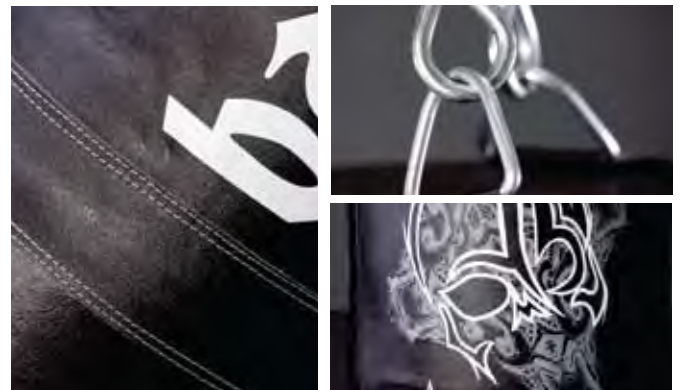


BLITZ FILLED LEATHER BAG (4FT)

Order Code: 61-03

Ultra tough, a high impact filled bag, longer lasting and great for all types of martial arts which require bag training. Manufactured from hard wearing leather hide complete with straps, D rings and bag chains. A zip is located at the top of the bag. Also available as an unfilled bag. Roughly weighs 30 kilos (approx). **Filled option only.**

Sizes: 4ft, (34cm in diameter)
Colours: Black/Red



BAD BREED HEAVY DUTY LEATHER BAG

Order Code: 61-16

A 5ft leather heavy duty unfilled and filled bag. Excellent for those who wish to condition their shins and long enough to drill take downs, this bag is not your average. Heavy duty leather with triple stitch durability and Bad Breed logo printed on both sides, to remind you who you are and why you train so hard. Excellent for those training for competition, this bag will outlast your opponent. Complete with bag chains. Bag weighs 50 kilos (approx) (filled) and is available as an **unfilled or filled option.**

Sizes: 5ft (34cm diameter)
Colours: Black



PRO STAR DESTROY 4FT LEATHER PUNCH BAG

Order Code: 61-21

4ft Leather heavy duty bag. Finally a bag that is great for hand speed and power conditioning. Heavy duty will sap all the power you give it and will still stare you in the face. Excellent for cardio work as your punches will have to be constant as there will be no rest periods in between swings. The weight of the bag will force you to do the moving. **Complete with bag chains. Unfilled only.**



Reinforced Stitching

Sizes: 31cm in diameter
Colours: Black/Red



LEATHER PEAR SHAPED HOOK AND JAB BAG

Order Code: 61-08

Larger and heavier than the maize ball and weighing over 30 kilos. It has stitched segments for extra bag strength. Simulates hitting a live target. **Chains included.**

Sizes: 140cm Circumference at Widest Point
Colours: Black/Red



LEATHER HANGING MAIZE BALL

Order Code: 61-10

Cut and stitched into segments to increase the strength of this highly versatile ball. Filled with maize to create a realistic human body feel. Used for target, reaction and co-ordination training. **Chains included.**

Sizes: 61cm Circumference at Widest Point
Colours: Black



FIREPOWER XXX FREESTANDING BAG

Order Code: 61-13

A bag that stands alone. A freestanding 6ft bag created for practical purposes. No installation necessary; simply fill the base with sand and the rest is up to you. It can be attacked from any side and angle there being no limitations. Looks great in the dojo or gym or even at home.

Sizes: 1.8m in Height (37cm Diameter Around Top)
Colours: Red (Code 61-13-01), Black (Code 61-13-02), Blue (Code 61-13-03)



Black



Height Adjustable

SPRUNG LOADED FREESTANDING BAG

Order Code: 61-11

A portable freestanding punch bag with a sprung loaded section allowing the punch bag to withstand more force. Adjustable locking heights between 4ft and 6ft. No fixing necessary. Portable and simple to empty. Should be filled with sand or water but not both together (not included). Height adjustable to 162cm, 177cm and 195cm.

Sizes: 1.2m to 1.8m in Height
Colours: Black, Red



Black



Height Adjustable

FREESTANDING SPARRING PARTNER

Order Code: 61-12

A portable freestanding sparring partner with a spring loaded section allowing the sparring partner to withstand more force. Adjustable locking heights between 4ft and 6ft. No installation necessary. Completely portable and simple to fill and to empty the base.

Sizes: 1.2m to 1.8m in Height
Colours: Black, Red



STANDARD PLATFORM SPEEDBALL

Order Code: 64-02

A hardboard platform encompassing plastic coated metal struts that can easily be fixed to a wall. The leather ball is attached to a silver metal swivel allowing the ball to move quicker. Platform diameter 24".

Sizes: 60cm diameter
Colours: As Shown

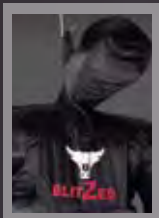


PROFESSIONAL PLATFORM SPEEDBALL

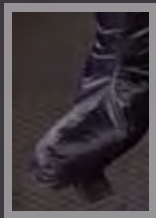
Order Code: 64-02

The Professional Platform is thicker with a more effective ball bearing swivel action than the club version. A hardboard platform encompassing plastic coated metal struts that can easily be fixed to a wall. The leather ball is attached to a silver metal swivel allowing the ball to move quicker. Platform diameter 24".

Sizes: 60cm in Diameter
Colours: Black



Easy to Hang



Straps on Feet



Straps on Hands



Rodney Junior

New laws regarding children make a hands on approach difficult, so why not use Rodney Junior to teach students how grappling moves should be performed.

RODNEY 'THE ULTIMATE GRAPPLING PARTNER'

Order Code: 63-13

Heavy duty canvas grappling dummy. Complete with straps attached to the back, hands, head and shoulders. All limbs are movable and all areas are strikeable. Excellent for grappling drills. These are also used by the police, army and fire brigade. Can be hung if you want to work on your standup. The possibilities are endless with this great value grappling dummy. Rodney Senior weighs approx 30-32 Kilos. Rodney Junior weighs approx 15 Kilos

Sizes: Senior (1.7 Meters) or Junior (1.2 Meters)
Colours: As Shown



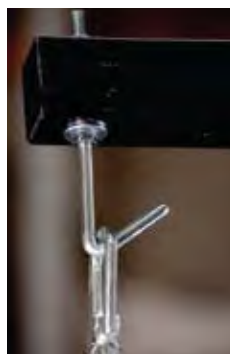
FREESTANDING SPEEDBALL & PUNCH BAG STAND

Order Code: 65-01

An ideal solution for training where ceiling or wall mounts are a problem. This adjustable freestanding speedball and punch bag stand is made in a sturdy box metal frame, complete with rubber bases. It will not mark or scratch your wooden floors and allows two people to train at the same time. (Speedballs and punch bags not included).

Sizes: Weight Limit 40kg

Colours: As Shown



Hanging Hook



Strong Metal Loop



Adjustable Height



SOLID STEEL WALL BRACKET - PRE-ASSEMBLED

Order Code: 65-02

Single piece solid steel right angled bracket which hangs bags approx. 1ft 6" from the wall. An excellent basic bracket used in many clubs, gyms and even at home.

Sizes: Weight Limit 40kg

Colours: As Shown



FOLDING STEEL WALL BRACKET

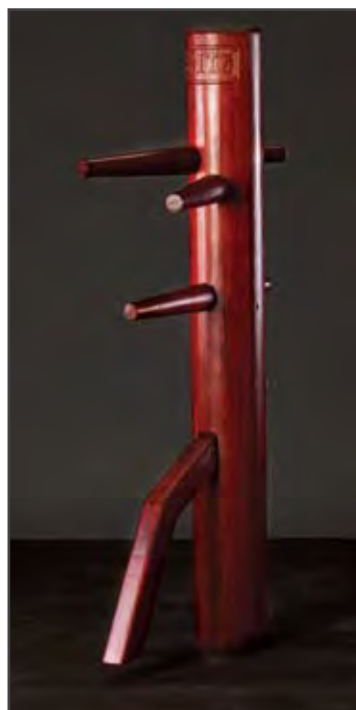
Order Code: 65-02-01

This pre-assembled bracket is made of solid steel and folds flat against the wall to save space. The two heavy weight screws at the side lock the bracket into position.

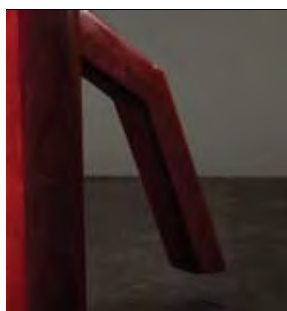
Sizes: Weight Limit 40kg

Colours: As Shown





Sturdy Pegs



Hardwood Leg

SPINNING WOODEN DUMMY

Order Code: 61-15

Training with a wooden dummy improves and develops proper form, use of foot, eye, hand co-ordination and balance. A wooden dummy that rotates 360 degrees on a spinning base for all round action. Does not require a stand but will require fixing to a solid base. 136cm Length, 68cm leg diameter, 32cm hand length. Complete with black metal spinning plate that fixes to the ground.

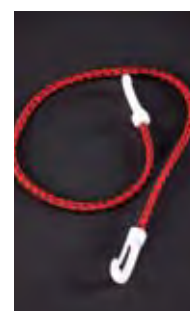
Sizes: 136cm Length
Colours: One Colour (As Shown)



Red/Black



Black



Spare Rope

LEATHER FLOOR TO CEILING SPEEDBALL

Order Code: 64-01

Top quality leather speedball with elasticated ropes. Excellent tool for eye and reaction training; used by boxers and martial artists worldwide. A must have item in your training gym or club! An internal rubber bladder ensures the ball can be easily inflated utilising a standard pump.

Spare Rope Also Available

Sizes: 27cm Length, 57cm Circumference
Colours: Black, Black/Red



SOLID STEEL CEILING HOOK

Order Code: 65-03

No wall space? This hook enables you to hang your desired bag or speed ball from the ceiling. Made from solid steel, holds up to 30 kilos in weight.

Sizes: Weight Limit 30kg
Colours: As Shown



SOLID STEEL BAG CHAINS

Order Code: 65-04

Four separate strands of chains attached to one main swivel. Enables the target to hang and pivot evenly.

Sizes: Weight Limit 30kg
Colours: As Shown



MEDICAL & NUTRITION



Physio & Sports Kits
Tapes & Rubs
Nutrition



STEROSPORT PHYSIO KIT

Order Code: 39-15

A quality medical bag for use by sports physiotherapists and martial arts instructors. Essential for team and individual sport.

Contains:

- 1 x Medium Unmedicated Dressing
- 1 x Large Unmedicated Dressing
- 1 x Non-Woven Triangular Bandage
- 1 x Eyepad with Bandage
- 1 x Conforming Bandage (7.5cm x 4m)
- 2 x Crepe Bandage (5cm x 4.5m)
- 1 x Microporous Tape (2.5cm x 5m)
- 12 x Safety Pins (assorted)
- 1 x Resus Aid (1 way valve)
- 1 x Hot/Cold Pack
- 2 x 20ml Eye Wash Pods
- 2 x Clinical Waste Bag
- 1 x Foil Blanket
- 10 x Alcohol Free Wipes
- 2 x Pairs of Large Latex Gloves
- 20 x Washproof Assorted Plasters
- 1 x Crepe Bandage (7.5cm x 4.5m)
- 1 x Elastic Bandage (7.5cm x 4.5m)
- 1 x Pair Paramedic Scissors (6inches)
- 1 x Tube of Antiseptic Cream (15g)
- 1 x Low Adherent Dressing (5cm x 5cm)
- 1 x Low Adherent Dressing (10cm x 10cm)
- 1 x Freeze Spray (125ml)
- 1 x Heat Rub (40g)
- 4 x Conforming Bandage (5cm x 4m)
- 1 x Trigger Spray (250ml)
- 1 x Drinks Bottle (750ml)
- 6 x Blister Plasters
- Tissues (Pack of 10)

Sizes: One Size

Colours: No Colour



FINGER BOBS & COTS

Order Code: 39-20

Can be easily applied to fingers or toes. The unique rolled design removes the need for applicators.

Size: One Size **Colours:** One Colour



PRE-SPORT MASSAGE OIL

Order Code: 39-22

Designed to give an energising pre-sport massage preparing muscles for maximum performance.

Size: 500ml **Colours:** No Colour



UNIVERSAL ANTIBACTERIAL SANITISING WIPES

Order Code: 39-16

A patented formula designed by doctors. Wipe down your equipment and stop the spread of germs.

Size: Pack of 100 **Colours:** No Colour

FIRST AID

You can prepare by wearing the correct equipment and buying the right gear, however don't get caught out when a stray kick or punch lands where it's not supposed to, or lands harder than expected.

It's not just your opponent, it's your body too. Pushing your limits can sometimes take its toll on your body. You will find a complete range of products designed for the martial artist to aid with your injuries or to keep in your sports bag, just in case.

Ideal for any type of martial arts, boxing or general sports where contact or strain from injury is inevitable.

Each product has been inspected by the BSI (British Standards Institute) and in consultation with the MHRA (Medicines & Healthcare Regulatory Authority) ensuring unrivalled and consistent quality assurance.

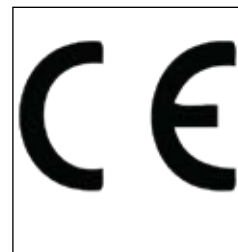
**BLITZ ARE THE SOLE MARTIAL ARTS
DISTRIBUTOR OF STEROPLAST
PRODUCTS IN THE U.K.**

**BRITISH STANDARDS INSTITUTE
CERTIFICATED**

**MEDICINES & HEALTHCARE
REGULATORY AUTHORITY COMPLIANT**

CE APPROVED

**SPECIFICALLY DESIGNED FOR
SPORTS PROFESSIONALS**



STEROSPORT GENERAL SPORTS KIT

Order Code: 39-14

A comprehensive kit for all sports events, containing a large selection of bandages and dressings to take care of multiple sports injuries contained in a handy portable bag.

Contains:

- 4 x Medium Sterile Dressing
- 2 x Large Sterile Dressing
- 3 x Non Woven Triangular Bandages
- 2 x Eyepad with Bandage
- 1 x Microporous Tape (2.5cm x 5m)
- 12 x Safety Pins (assorted)
- 1 x Resus Aid (1 way valve)
- 5 x Eye Wash Pods 20ml
- 1 x Foil Blanket
- 20 x Alcohol Free Wipes
- 5 x Pairs of Large Latex Gloves
- 1 x Paramedic Scissors (6 inch)
- 2 x Adhesive Dressing (8.6cm x 6cm)
- 2 x Adhesive Dressing (7cm x 6cm)

Sizes: One Size
Colours: No Colour



ANTI-BLISTER STICK

Order Code: 39-21

Aids in the prevention of blisters. Especially useful on bare feet when training on harsh church hall floors and where no matting is available.

Size: 5 cm x 4.5m

Colours: No Colour



COHESIVE BANDAGES

Order Code: 39-13

Non-slip offering excellent support and compression. It will not stick to your hair or skin and requires no underwrap. Its versatility means it's tearable by hand and individually wrapped to keep the bandage clean.

Size: Sterofix: 5cm x 10m

Colours: White, Flesh, Purple



DISPOSABLE GLOVES

Order Code: 39-23

Disposable gloves should be worn whenever a wound is being dressed or dealing with open wounds.

Size: One Size

Colours: Blue



DEEP HEAT RUB

Order Code: 39-11

Designed to specifically get deep into the muscular area.

Size: 67gm

Colours: No Colour



RALGEX DEEP HEAT

Order Code: 39-11

Fast warming relief for muscular aches and pains.

Size: 125ml

Colours: No Colour



PATELLA TAPING KIT FOR SPORTS

Order Code: 39-19

Ideal for patellofemoral pain. A sterotape twin pack containing one of each of the following: 1 x Sterofix dressing retention tape which is designed to flex with body movement and perform well in awkward areas such as over the patella. Also contains 1 x Steroplast premium sports tape with a serrated edge for ease of tearing.



Size: Sterofix: 5cm x 10m

Colours: One Colour



HOT/COLD PACK

Order Code: 39-17

Excellent for instant pain relief. If a cold pack is used this will help to reduce the swelling, whereas if a hot pack is used this will assist in increasing circulation to the injured area. Microwavable, freezable and reusable, all in one.

Size: 13 x 25cm

Colours: One Colour



RALGEX FREEZE SPRAY

Order Code: 39-10

Provides instant relief from pain and contains an analgesic to relieve muscular stiffness.

Size: 125ml

Colours: No Colour



VULKAN ZINC OXIDE TAPE

Order Code: 39-12

A strong non-stretch zinc-oxide tape with high tensile strength properties. No scissors needed, unwinds smoothly.

Size: 3.8cm x 13.7m

Colours: White



PETROLEUM JELLY

Order Code: 39-18

There are many uses for petroleum jelly, cuts, bruises, dry skin, however we find boxers find it exceedingly useful in the boxing ring!

Size: 225gm

Colours: No Colour



WEIGHT GAIN

- Increase Weight
- Slow & Fast Release Proteins
- High in Fibre

TRUE MASS (BSN)

Order Code: 90-12

True Mass is an ultra premium protein powder designed to effectively support and enhance higher calorific intake.

Size: 2.61 kg

Flavours: Chocolate, Banana, Vanilla



VITAMINS

- The Ultimate & Most Advanced Nutrients on the Market.
- Energy Enhancer

ANIMAL PAK

Order Code: 90-15

Contains valuable vitamins, minerals, EFAs, antioxidants, electrolytes, amino acids, and performance nutrients. Animal Pak is your total nutritional insurance!

Size: 44 Packs Per Container

Flavours: None



MUSCLE GAIN

- 32gms of Protein Per Serving
- Great Taste
- Sustained Energy Release

HYPER GAIN (HYPERSTRENGTH)

Order Code: 90-35

A hugely popular product, designed to assist anyone wishing to gain weight. Delivers a sustained energy release and an exceptional meal replacement system for both male and female athletes.

Size: 4.5 kg

Flavours: Vanilla, Chocolate



LEAN MUSCLES

- Increases Testosterone
- Decreases Overall Body Fat
- Decreases Estrogen

T-BOMB II (Maximum Human Performance)

Order Code: 90-27

Dramatically increases testosterone levels and maximises your overall hormonal environment to increase lean muscle mass, strength, vascularity, muscle hardness and recovery as well as decrease overall body fat.

Size: 168 Tablets

Flavours: None



ENHANCE STAMINA

- Increase Performance
- Increase Muscle Mass

CREATINE MONOHYDRATE (Hyper Strength)

Order Code: 90-32

Creatine is the most researched sports supplement on earth and should be a staple supplement in any athlete's diet.

Size: 300g

Flavours: None



MUSCLE GAIN

- Aids Muscle Growth

PRO-AMINOS (CNP)

Order Code: 90-28

The building blocks for muscle tissue. Aids in the prevention of muscle breakdown after hard work outs.

Size: 500 Capsules

Flavours: None



VITAMINS

- Specially Designed For Athletes
- High Potency

MULTI-PRO 32X (AST Sport Science)

Order Code: 90-31

For serious athletes, high performance multi-vitamin and multi-mineral, designed to exceed the needs of the hard training athlete.

Size: 100 Caplets

Flavours: None

"Supplements are essential for safeguarding against nutritional deficiencies and for augmenting the performance and results of hard training." Arnold Schwarzenegger.

Whatever goals your training leads you to, supplements are undoubtedly the answer to many training 'brick walls'. They enhance every aspect and enable you to reach your target quicker and more effectively than just training alone. Even with today's busy lifestyles, keeping yourself healthy helps you get through the day.

We've selected some of the most popular and effective brands available on the market, that are tried and tested by some of the greatest athletes. They are specially imported and contain patented formulas.

Give your body what it deserves to maximise your time and training!

NUTRITION

SUPPLEMENTS DRAMATICALLY INCREASE YOUR PERFORMANCE

A CHOICE OF SOME OF THE BEST SUPPLEMENTS ON THE MARKET

GET MORE OUT OF YOUR BODY

DESIGNED WITH THE ATHLETE OR DEDICATED SPORTSPERSON IN MIND

(Please note, all supplements, should be used in conjunction with a health and fitness regime. It is advisable to consult your doctor before you embark on any change in lifestyle, be it supplementary or physical, or if you have any pre-existing health concerns or conditions).



MUSCLE POWER

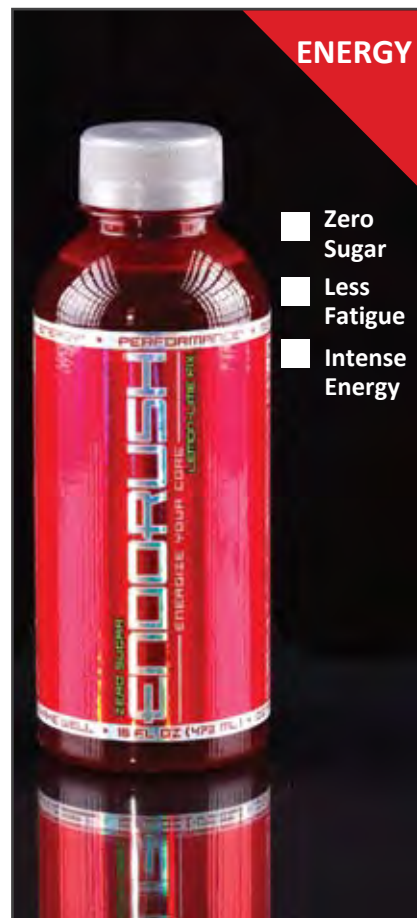
- ☐ Great Taste
- ☐ Low Fat
- ☐ Aids Muscle Regeneration

POWER BAR (Protein Plus)

Order Code: 90-25

Get the energy you need for strength and recovery. PowerBar ProteinPlus™ is a low fat, high protein bar. Perfect for all active people with a higher need for protein.

Size: (Pack of 15) **Flavours:** Caramel, Vanilla or Chocolate



ENERGY

- ☐ Zero Sugar
- ☐ Less Fatigue
- ☐ Intense Energy

ENDORUSH (BSN)

Order Code: 90-22

Power through your most intense workouts in an instant. Experience energy & focus like never before, massive muscle pumps and better recovery times.

Size: 473 ml **Flavours:** Orange or Lemon



MUSCLE POWER

- ☐ Neutralises Lactic Acid
- ☐ 3 X Stronger

KRE-ALKALYN CREATINE (Hyper Strength)

Order Code: 90-33

Designed for immediate results. 100% stable and accelerates recovery and power output leading to greater gains.

Size: 120 Caplets **Flavours:** None



WEIGHT LOSS

- ☐ Reduces the Absorption of Fat

HYPERSHRED(Hyperstrength)

Order Code: 90-36

A properly designed fat burner that increases the use of fatty acids for fuel in response to exercise.

Size: 60 Caplets **Flavours:** None



badbreed

The Chronicles of a Fighter...

badbreed

ANTI-SHOCK MOUTH GUARD

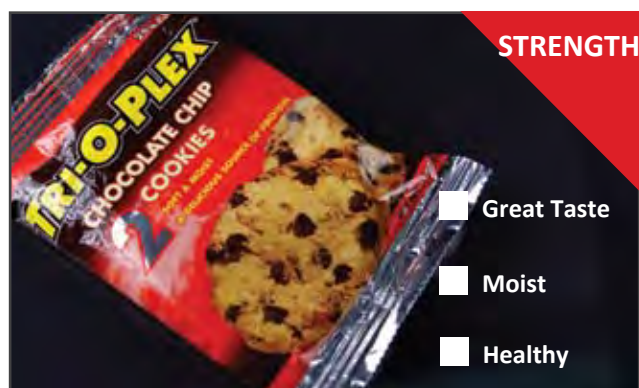
V1.7



Badbreed has teamed up with Körpertech to bring you this LIMITED EDITION Anti Shock Gum shield. Simply put its a gum shield with a statement. You are what you are, pure BADBREED! Thanks to Körperlab technology, this gum shield is not just a gimmick, it is one of the best designed and most comfortable gum shield on the market. Designed by dentists using A grade thermoset moulds, they ensure you get maximum protection without it sacrificing comfort. Badbreed printed on the front of the gum shield in white with a protective clear heat film which reduces it from fading, the film stays on the shield even after boil. One size fits all with great upper palate support, you can even wear with braces, CE approved and ready to rumble, you wont want to go into battle without one.

Badbreed... The Chronicles of a fighter!



**STRENGTH**

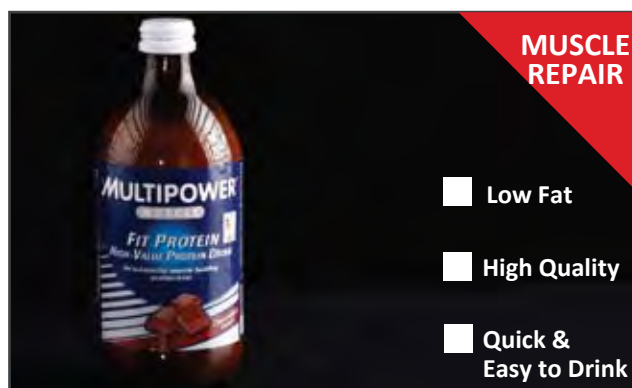
- Great Taste
- Moist
- Healthy

TRI-O-PLEX COOKIES (Chef Jay)

Order Code: 90-24

Chef Jay's Tri-O-Plex Cookies taste home baked. With 18-22 grams of protein, soft, moist and individually wrapped, they're great for the entire family, at home, work or uni.

Size: (Pack of 15) Flavours: Oatmeal Raisin or Double Choc Chip

**MUSCLE REPAIR**

- Low Fat
- High Quality
- Quick & Easy to Drink

FIT PROTEIN (Multipower)

Order Code: 90-30

Provides 53g of total milk protein, which contains 80% milk protein for time released supply and 20% whey protein for fast protein supply. The protein-carbohydrate blend makes it an ideal small meal in a bottle.

Size: 500ml Flavours: Chocolate, Vanilla, Strawberry

**ENERGY**

- Quick Acting
- General Use or Workouts

SPEED V2 (LG Science)

Order Code: 90-29

Caffeine-free thermogenic energy formula. Can be used before workouts to help assist strength or during the day to enhance energy levels.

Size: 90 Capsules Flavours: None

**ENERGY**

- Increases Stamina & Speed
- Sustained Energy Release
- So Effective, Ingredients Patented

CYTOMAX (Cytosport)

Order Code: 90-23

University studies showed that athletes had better performance after 3 hours of intense exercise than any another leading exercise drink. Train harder and longer.

Size: 4.5lb Flavours: Tangy Orange, Cool Citrus

**MUSCLE BUILDING**

- Almost Instant Results
- Rock Hard Muscles

N.O.-EXPLODE (BSN)

Order Code: 90-26

The world's first and only pre-workout supplement, produces immediate results in energy, size, strength, pumps, performance & mental focus.

Size: 820g Flavours: Orange, Fruit Punch

**SUPER VITAMINS MEN**

- Natural

LIVING MULTI - MEN

Order Code: 90-34

The most natural vitamin money can buy especially designed for men and more like food than any isolated vitamin.

Size: 90 Caplets Flavours: None

**SUPER VITAMINS WOMEN**

- Easily Absorbed Into the Body

LIVING MULTI - WOMEN

Order Code: 90-16

Specifically designed for women. Natural and beneficial to your health. Get more out of your training and every day life.

Size: 90 Caplets Flavours: None

TRAINING EQUIPMENT

Hand Grippers
Leg Stretchers
Medicine Balls
Referee Equipment
Sit up , Push Up Chin Up Bars
Skip Ropes
Timers
Weights
Weight Training Belts
Weight Training Gloves





STACKING DISCS WITH CARRY HANDLE

Order Code: 66-33

Used for marking out competition areas or zones for games and other uses. Pack of 50.

Size: 180mm Diameter **Colours:** Multi



HOOPS

Order Code: 66-30

These hoops are available in a variety of colours and used for general all round fitness and fun.

Especially useful for teaching children. Cooling down or warming up. Sold in a pack of 12.

Size: 80mm Diameter **Colours:** Multi



REACTION BALL

Order Code: 66-39

Agility, reaction and co-ordination training. Rubber ball colours may vary. Drop them and watch the reaction.

Size: 60mm (Approx)

Colours: Red



TRAINING EQUIPMENT

It's a well known fact that including training equipment in your every day training can dramatically increase your chances of improvement.

Every piece of training equipment we stock, can complement either you or your students training. Training equipment can even enhance the learning experience your children receive by creating fun and rewarding lessons, they will remember and never forget. So go on, stretch your imagination and create some interesting lessons incorporating a variety of equipment you will find illustrated.

INCREASES IMPROVEMENT

A FUN WAY OF TEACHING & ATTRACTING KIDS TO YOUR CLUBS

HANDY FOR THE GYM, HOME OR WORK



DRILL CONES

Order Code: 66-29

These cones are used to mark out areas, goals, targets, etc. Useful both inside and outdoors. Pack of 20

Size: 225mm High

Colours: One Colour



VINYL BLOCKERS

Order Code: 63-12

Super light soft foam batons, assists with training students to block, kick, punch without harm.

Size: 84 x 15 x 15 cm

Colours: Red or Blue



FOAM SPONGE DODGE BALLS

Order Code: 66-31

Soft foam balls for general use in warming up and cooling down sessions; such as dodge ball. Can be used for reaction training and fun! Set of 3.

Size: 70mm Diameter

Colours: One Colour



FOAM SPONGE DODGE BALL

Order Code: 66-31

Soft foam balls for general use in warming up and cooling down sessions; such as dodge ball. Use it for reaction training, cooling down sessions or warming up. Sold in singles.

Size: 150mm Diameter

Colours: One Colour



WEIGHTED VEST

Order Code: 66-19

Build your upper body strength by wearing this weighted vest. Comes complete with weight inserts which can be inserted as required. Total weight is 10 kilos.

Size: 10 Kilos Maximum Weight

Colours: Black



DYNA BAND

Order Code: 66-32

A strong rubber band for developing all round body strength. Green(beginners), purple (regular user), grey (strong/athletic).

Size: One Size

Colours: Green, Purple, Grey



KORPERTECH TRUE GRIP

Order Code: 52-10

Part of the Korpertech range. Secure wrist protection with leather upper and palm.

Size: Small, Medium, Large, Exlarge



PLASTIC DUMBBELLS

Order Code: 66-18

Perfect for strength training at home or at the club. Made from a vinyl material and sold as a pair.

Size: 3,6,10 Kilos

Colours: One Colour



ANKLE/WRIST WEIGHTS

Order Code: 65-05

Compact weights for building leg and arm strength. Nylon outer shell with nylon straps. Weights consist of heavy mixed material. 20lb ankle only.

Size: 2.5, 5,10,20lbs **Colours:** One Colour



WEIGHT BELT

Order Code: 66-12

Made from hard leather hyde with a soft suede inner lining. It is advisable to take all precautions necessary when lifting any weights.

Size: Small, Medium, Large, ExLarge



POWERBALL 250HZ REGULAR

Order Code: PWB

Exerts up to 40lb of pressure, the fastest human propelled device ever created. Perfect for toning forearms and hands.

Size: One Size

Colours: Blue



POWERBALL 250 HZ REGULAR

Order Code: PWB

Firms, tightens and strengthens fore-arms, biceps and hands.

Size: One Size

Colours: Amber



BOXED DUMBBELL SET

Order Code: 66-17

Great hand weights for people on the move. Put on or take off the extra weights. Contains 4 x 0.8 kg and 12 x 0.5 kg weights. Complete with carry case.

Size: 16.5 Kilos Total

Colours: One Colour



STRONG GRIP

Order Code: 66-40

Formulated thermo-plastic rubber egg, strengthens wrists/hands/ fore-arms/fingers and increases coordination. Ideal for any grappling sports.

Size: One Size

Colours: One Colour



HAND GRIPPERS

Order Code: 66-04

Develops strong finger grips. Consists of five individual springs on a metal frame. Sold as a pair.

Size: One Size

Colours: One Colour



EAGLE CATCHER

Order Code: 66-13

Increases hand and forearm strength. Useful for judo and other grappling martial art disciplines. Shaped hard plastic handle with steel sprung coil.

Size: One Size

Colours: One Colour



POWERBALL - NEON REGULAR

Order Code: PWB

Keep this ball under control with the power of your arms. Neon Powerballs are with neon flashing lights. No batteries needed for all Powerballs.

Size: One Size

Colours: Blue



POWERBALL - NEON PRO

Order Code: PWB

This Powerball has flashing lights and a RPM counter. All powerballs exert up to 40lb of pressure. Ideal for all martial artists and makes an excellent gift.

Size: One Size

Colours: Blue



POWERBALL - STRESS BALL

Order Code: PWB

Give it a squeeze and instantly feel your tension disappear. Soft foam replica of the highly popular powerball

Size: One Size

Colours: Orange



MAXI FLEX LEG STRETCHER

Order Code: 66-08

Leg stretcher complete with its own carry case. Made from sturdy metal with a plastic seat.

Size: One Size

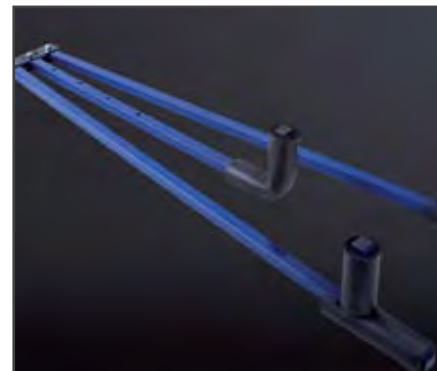
Colours: One Colour



Soft Pads



Handle



THREE BAR METAL LEG STRETCHER

Order Code: 66-06

Three bar leg stretcher that increases flexibility. Position located on the middle bar to increase leg stretch further.

Size: One Size

Colours: One Colour



PUNISHER LEG STRETCH MACHINE

Order Code: 66-07

Padded leg and back supports with a metal pulley system. Can be used to achieve the ultimate 180 degree split. Seat and leg structure consists of pvc which can be wiped clean. It also contains a crank shaft handle which can be released quickly and safely.

Size: One Size

Colours: One Colour



Slot in Wheels



Crank Shaft



SIT UP BAR

Order Code: 66-11

Light and easily fits in your training bag, in two parts. Consists of a metal outer with foam foot holds, hooks under doors. Targets abdominal muscles.

Size: One Size

Colours: One Colour



PUSH UP BARS

Order Code: 66-16

Raising the level of your upper body gives greater results. Workouts more effective and more efficient for the chest in particular.

Size: One Size

Colours: One Colour



CHIN UP BAR

Order Code: 66-10

A metal bar used between door frames to maximise the strength of the arm. Fits most average door frames. Fittings included.

Size: One Size

Colours: One Colour



STOP WATCH

Order Code: 66-02

Ideal for referees and coaches with multi function options.

Size: One Size Colours: One Colour



TALLY COUNTER

Order Code: 66-43

Chrome plated finish with plastic base. Great for competitions, referees, shops, or clubs.

Size: One Size Colours: One Colour



HAND PUMP

Order Code: 66-01

A compact pump for high speed inflation. Sold complete with adaptor.

Size: One Size Colours: One Colour



PROFESSIONAL DIGITAL BOXING TIMER

Order Code: 66-38

A digital multi use ring timer for professional boxing sessions and other classes. Contains a 4 level volume control, built in speaker, digitally adjustable parameters, round time settings and individual rest periods.

Size: One Size Colours: One Colour



INTERVAL WORKOUT TIMER

Order Code: 66-28

Ideal for personal training sessions. Work out minutes, rest periods and intervals, with a multi use work, rest and beep timer. Reset the timer at any instant. Also excellent for martial arts drill training sessions.

Size: One Size Colours: One Colour



DRILL WHISTLE WITH LANYARD

Order Code: 66-37

Drill Whistle complete with Lanyard. Use in competitions, lessons or keep fit drill sessions.

Size: One Size Colours: One Colour



REFEREE FLAGS

Order Code: 66-03

Solid wood poles with nylon flags. Great for tournaments and competition. **Sold singularly**

Size: One Size Colours: Blue, White, Red



ELECTRONIC PEDOMETER

Order Code: 66-42

Accurately records steps and converts to miles (or km) and calories. Built in clip, stopwatch, light, exercise timer and very lightweight.

Size: One Size Colours: One Colour



LEATHER MEDICINE BALL

Order Code: 66-14

Beneficial for sit ups, leg or back work. Made from genuine leather, available in 4 weights.

Size: 3,5,8,10 Kg

Colours: One Colour



RUBBER MEDICINE BALL

Order Code: 66-26

Made from heavyweight durable rubber and has a variety of uses. Sit ups, leg or back work or drill work.

Size: 5 Kg

Colours: One Colour



BOXERS LEATHER SKIP ROPE

Order Code: 67-03

Authentic wooden handles with a tough leather rope. As used by professional boxers and competitors.

Size: 8,9,10,11 ft

Colours: One Colour



MARTIAL ARTS SKIP ROPE

Order Code: 67-06

A metal rope coated in clear plastic with strong hard plastic handles. Built for speed and fully adjustable to suit your height.

Size: One Size

Colours: One Colour



BUDGET COTTON SKIP ROPE

Order Code: 67-05

The most economical of all the skipping ropes. Wooden handles with cotton rope.

Size: One Size

Colours: One Colour



GRAPHITE SKIP ROPE

Order Code: 67-07

Plastic handles with a plastic adjustable rope. used for speed skipping.

Size: One Size

Colours: One Colour



BUDGET NYLON SKIP ROPE

Order Code: 67-05

One of the most economical of all the skipping ropes. Wooden handles with nylon rope.

Size: One Size

Colours: One Colour

**BUDGET LEATHER SKIP ROPE****Order Code:** 67-05

One of the most economical of all the skipping ropes. Wooden handles with leather rope.

Size: One Size**Colours:** One Colour**BUDGET PVC SKIP ROPE****Order Code:** 67-05

One of the most economical of all the skipping ropes. Wooden handles with PVC rope.

Size: One Size**Colours:** One Colour**PVC SKIP ROPE WITH METAL BAR****Order Code:** 67-09

Add an extra dimension to your skipping. Heavy weighted handles that can be adjusted. Four metal bars each weighing 0.22kg each, which insert into the handle.

Size: One Size**Colours:** One Colour**LEATHER SKIP ROPE WITH METAL BAR****Order Code:** 67-08

Your work out has just got harder! Two metal bars, each weighing 0.30 kg, inserted into the handles, increases your heart rate and tones your arms even faster than the average skipping rope.

Size: One Size**Colours:** One Colour

Loyalty POINTS

Get the most from your Blitz purchases.
All Blitz products attract points, which when
collected, means you save pounds!

Log on to **WWW.BLITZSPORT.COM**
for more details

WEAPONS

Nunchaku
Metal Weapons
Wooden Weapons
Practice Weapons
Cases





HARD RUBBER 12"

Order Code: 72-02-16



NATURAL WOOD BLACK BOUND B.BEARING 12"

Order Code: 72-02-07



SILVER WOOD BOUND HANDLE B.BEARING 12"

Order Code: 72-02-02



YELLOW WOOD BRUCE LEE B.BEARING 12"

Order Code: 72-02-04



NAT. WOOD ENGRAVED DRAGON B.BEARING 12"

Order Code: 72-02-06



NATURAL WOOD ENGRAVED B.BEARING 12"

Order Code: 72-02-12



WHITE WAX WOOD B.BEARING 12"

Order Code: 72-02-32



NATURAL WOOD HEX. B.BEARING 12"

Order Code: 72-02-23



GOLD WOOD BRUCE LEE B.BEARING 8"

Order Code: 72-02-25



BLACK WOOD YELLOW BOUND B.BEARING 12"

Order Code: 72-02-08



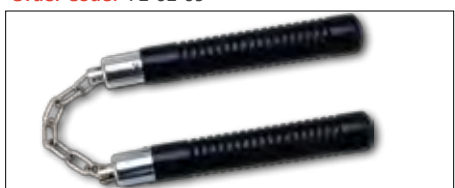
BLACK WOOD ROUND B.BEARING 8"

Order Code: 72-02-09



BLACK WOOD ENGRAVED B.BEARING 12"

Order Code: 72-02-11



BLACK WOOD ENGRAVED B.BEARING 8"

Order Code: 72-02-10



BLACK WOOD HEXAGONAL CORD 12"

Order Code: 72-01-06



BLACK METAL BATON B.BEARING 8" or 12"

Order Code: 72-02-19



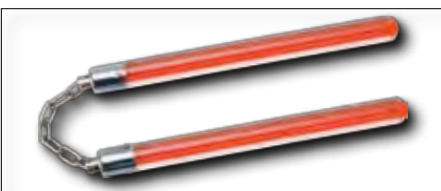
BLACK FOAM SAFETY B.BEARING 12"

Order Code: 72-02-18



NAT. ROUND WOOD CORD 12"

Order Code: 72-01-02



CLEAR PLASTIC RED STRIPE B.BEARING 12"

Order Code: 72-02-28



BLACK FOAM SAFETY CORD 12"

Order Code: 72-01-01



NAT. HEXAGONAL WOOD CORD 12"

Order Code: 72-01-05



CLEAR PLASTIC TIGER MOTIF B.BEARING 12"

Order Code: 72-02-29



BLACK/BLUE FOAM B.BEARING 12"

Order Code: 72-02-17



BLACK ROUND WOOD CORD 12"

Order Code: 72-01-03



CLEAR PLASTIC BRUCE LEE B.BEARING 12"

Order Code: 72-02-30



BLACK/BLUE FOAM SAFETY CORD 12"

Order Code: 72-01-07



SILVER WOOD HEXAGONAL DRAGON CORD 12"

Order Code: 72-01-04



CLEAR PLASTIC DRAGON MOTIF B.BEARING 12"

Order Code: 72-02-31



BLACK WOOD STUDED B.BEARING 12"

Order Code: 72-02-14



METAL TELESCOPIC B.BEARING 12"

Order Code: 72-02-13

NUNCHAKU

Order Code: 72-

With so many different designs to choose from, the only thing you will find difficult is choosing which nunchaku would be for you!

Our extensive range of nunchaku are carefully made by experienced manufacturers with countless years of weaponry knowledge.

Visit our web site to see the latest additions to our range.



NUNCHAKU WEAPON CASE

Order Code: 73-05

ALSO AVAILABLE >>>



Page 105



Page 111



Page 142



Page 141



JUTTE

Order Code: 69-10



STEEL CHINESE BUTTERFLY KNIVES

Order Code: 69-03



ALUMINIUM CHINESE BUTTERFLY KNIVES

Order Code: 69-03

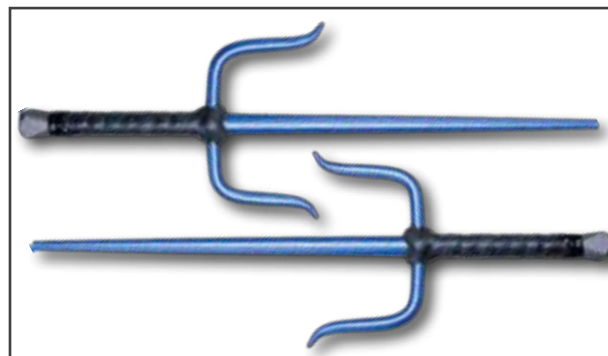


ALUMINIUM JUNIOR SAI

Order Code: 69-09

Colour: Black

Sizes: 18"

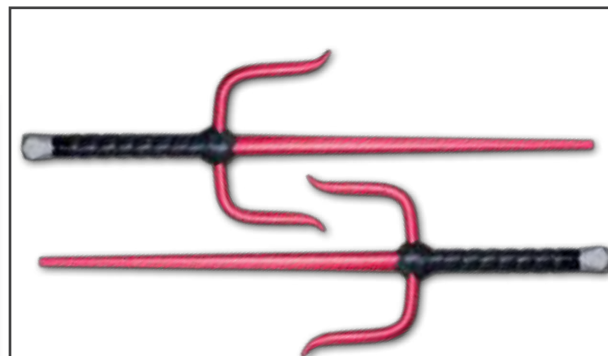


ALUMINIUM JUNIOR SAI

Order Code: 69-09

Colour: Blue

Sizes: 18"

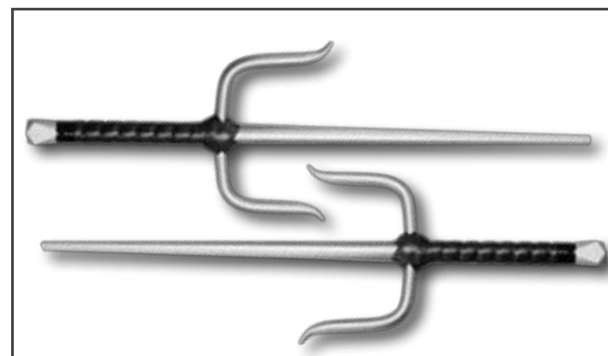


ALUMINIUM JUNIOR SAI

Order Code: 69-09

Colour: Red

Sizes: 18"



ALUMINIUM JUNIOR SAI

Order Code: 69-09

Colour: Silver

Sizes: 18"

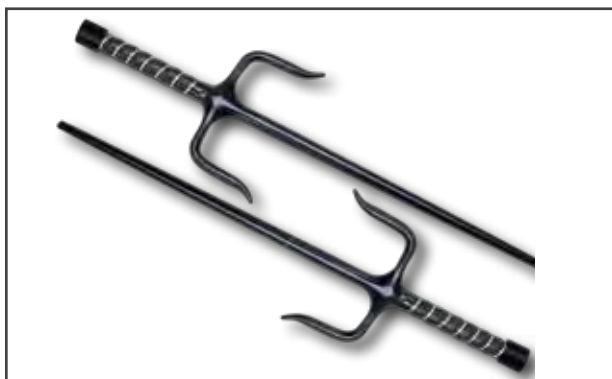


METAL OCTAGONAL BLACK SAI

Order Code: 69-08

Colour: Black

Sizes: 18", 19.5", 21.5"

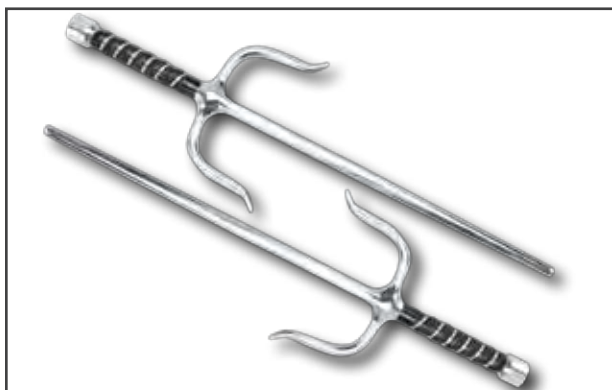


METAL ROUND BLACK SAI

Order Code: 69-07

Colour: Black

Sizes: 18", 19.5", 21.5"



METAL ROUND CHROME SAI

Order Code: 69-05

Colour: Chrome

Sizes: 18", 19.5", 21.5"



METAL OCTAGONAL CHROME SAI

Order Code: 69-06

Colour: Chrome

Sizes: 18", 19.5", 21.5"



METAL FLEXIBLE BROADSWORD WITH SCABBARD

Order Code: 69-13



NINE RING ALUMINIUM DAITO

Order Code: 69-11



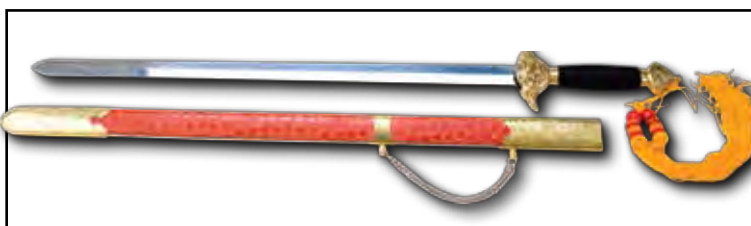
METAL CHINESE BROADSWORD

Order Code: 69-04



STEEL CHINESE DOUBLE BROADSWORD

Order Code: 79-14



STEEL TAI CHI SWORD WITH SCABBARD

Order Code: 69-12

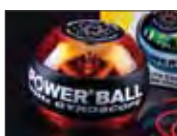
METAL WEAPONS

Order Code: As Listed

Our quality selection of metal weapons have been supplied to clubs, shops and instructors, throughout the U.K. and Europe for a number of years. They are manufactured to the highest standard and withstand some of the toughest training.

If you do not see a weapon you require, call us on: 0208 317 8280. We may be able to source it for you.

ALSO AVAILABLE >>>



Page 170

Page 170

Page 6

Page 188



- Authentic & long lasting.
- Correctly balanced for long powerful strokes!
- Large selection for children & adults.
- Manufactured & developed by master craftsmen.

WHITE WAX SPIRAL ESCRIMA STICK (Code: 68-06)



TIGER CANE ESCRIMA STICK (Code: 68-06)



WHITE WAX PINCH X ESCRIMA STICK (Code: 68-06)



WHITE WAX PLAIN ESCRIMA STICK (Code: 68-06)



DELUXE BURNT PATTERN RATTAN ESCRIMA STICK (Code: 68-06)



RATTAN ESCRIMA STICK (Code: 68-06)



RED OAK JO (Code: 68-01)



WHITE WAX JO (Code: 68-01)



WHITE OAK JO (Code: 68-01)



TAPERED BO (Code: 68-02)



RED OAK BO (Code: 68-02)



RATTAN BO WITHOUT SKIN (Code 68-02)



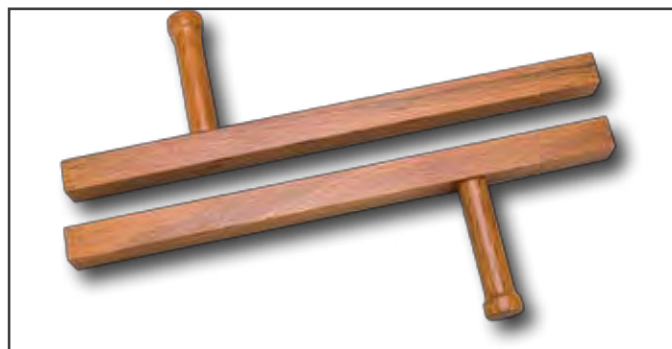
WHITE WAX BO (Code: 68-02)



WHITE OAK BO (Code: 68-02)



RATTAN BO WITH SKIN (Code: 68-02)



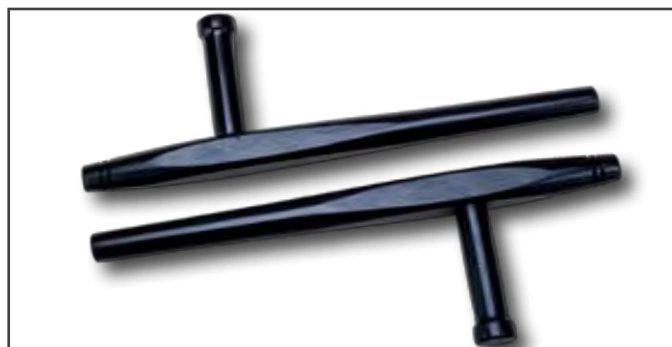
RED OAK SQUARE TONFA

Order Code: 68-12 (20")



WOODEN RED OAK ROUND TONFA

Order Code: 68-12 (18")
68-12 (20")



WOODEN BLACK ROUND OAK TONFA

Order Code: 68-13 (18")
68-13 (20")

WOODEN WEAPONS

Order Code: 68-

Our wooden weapons have been developed over a period of years and remain one of the most cost effective, high quality selections on the market today. The only choice you now need to make is which wooden weapon?

ALSO AVAILABLE >>>





JAPANESE WHITE OAK BO (Code: 70-02)



MADE IN JAPAN

JAPANESE WHITE OAK JO (Code: 70-01)



MADE IN JAPAN

JAPANESE WHITE OAK BOKKEN (Code: 70-03)



MADE IN JAPAN

BAMBOO SHINAI (5 SIZES) (Code: 68-03)

SUBURI BOKKEN (Code: 68-03)

RED OAK BOKKEN (Code: 68-03)

WHITE OAK BOKKEN (Code: 68-03)

BLACK OAK BOKKEN (Code: 68-03)

NINJA BOKKEN (Code: 68-03)


PLASTIC SCABBARD FOR BLITZ BOKKEN (Code: 75-08)

Used by many martial arts practitioners throughout the U.K.


Can also be used for armed combat practice

Large Selection for Children & Adults.

Manufactured & Developed by Master Craftsmen.



FLAT OR POINTED END KOBUTAN
Order Code: 83-01
 Can also be used for defence purposes.



Sizes: 5" Length
Colours: Blue, Gold, Black, Silver

30

31

32

33

34

35

36

37



ALLUMINIUM TRAINING KNIFE
Order Code: 71-11



COMBAT RUBBER KNIFE
Order Code: 71-01



STANDARD RUBBER KNIFE
Order Code: 71-01



WOODEN TANTO
Order Code: 68-09

WOODEN WEAPONS
Order Code: 68-

They remain some of the most popular wooden weapons available within the martial arts market.

Spare tsubas can be purchased if necessary.

Bokkens come complete with tsuba and rubber ring (excluding Japanese Bokkens and Suburi). Spare tsubas and rubber rings are also available.

ALSO AVAILABLE >>>




WOODEN RED OAK SHOTO (Code: 68-08)

NIGHT STICK (Code: 68-07)

RED OAK BROADSWORD (Code: 68-15)

MALE WOODEN TAI CHI SWORD (Code: 68-16)

FEMALE WOODEN TAI CHI SWORD (ying yang) (Code: 68-16)





METAL TRAINING FAN - BLUE

Order Code: 69-02



METAL TRAINING FAN - RED

Order Code: 69-02



METAL TRAINING FAN - BLACK

Order Code: 69-02



WOODEN CHI SAU RING

Order Code: 68-14-12"



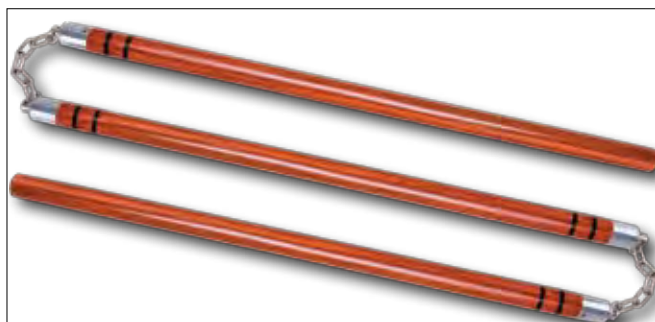
WOODEN CHI SAU RING

Order Code: 68-14-16"



THREE SECTIONAL STAFF - RATTAN

Order Code: 68-05



THREE SECTIONAL STAFF - RED OAK

Order Code: 68-05



THREE SECTIONAL STAFF - BLACK OAK

Order Code: 68-05



WOODEN CHI SAU RING

Order Code: 68-14-18"



WOODEN RED OAK KAMA

Order Code: 68-11



WOODEN BLACK OAK KAMA

Order Code: 68-11



PLASTIC KAMA

Order Code: 71-13



METAL KAMA

Order Code: 69-01

WOODEN & METAL WEAPONS

Order Code: As Listed

Many martial artists that practice either traditional or non-conformist styles of martial arts, may incorporate some form of weapons practice into their training schedules or teaching. So go on, see if you can add something a little bit different into your programmes. Blitz stock a large variety of books and dvds to help you along the way!

ALSO AVAILABLE >>>



Page 53



Page 65



Page 88



Page 92



TONFA WEAPON CASE (Excludes weapon)

Order Code: 73-03



SAI WEAPON CASE (Excludes weapon)

Order Code: 73-02



KAMA WEAPON CASE (Excludes weapon)

Order Code: 73-07

NUNCHAKU CASE (Code: 73-05)



ESCRIMA CASE (Code: 73-08)



BOKKEN CASE (Code: 73-06)



TAI CHI CASE (Code: 73-11)



STANDARD SHINAI CASE (Code: 73-09)



DELUXE SHINAI CASE (Code: 73-09)



JO CASE (Code: 73-04)



BO CASE (Code: 73-01)



FOAM BO (Code: 71-08)

FOAM JO (Code: 71-09)

FOAM ESCRIMA (Code: 71-10)

FOAM ESCRIMA (Code: 71-10)

FOAM BOKKEN (Code: 71-05)

FOAM SHOTO (Code: 71-07)



RUBBER NINJA STARS (SET OF 3)

Order Code: 71-02



RUBBER COMBAT FIREARM

Order Code: 71-03



FOAM TONFA

Order Code: 71-06



RUBBER SAI

Order Code: 71-04 (13" or 19.5")



PLASTIC KAMA

Order Code: 71-13

FOAM WEAPONS & WEAPONS CASES

Order Code: As Listed

When practising with your preferred choice of weapon, it's quite daunting knowing that you might hurt yourself or your opponent as wooden or metal weapons can hurt! Our complete range of foam weapons eliminates all of your anxiety and tension when practising. Ideal for adults, perfect for kids.

(Case excludes weapon)

ALSO AVAILABLE >>>



ACCESSORIES

Badges
Figurines
Keyrings
Medallions
Metal Lapel Badges
Sword Accessories
Wallets



COMPETITIONS



These badges provide a visual reward to go alongside trophies, so that students can place them on t-shirts/suits, etc. They also offer the chance to praise all event competitors.

Order Code: SS-09 (+ Badge Code)

Each badge design comes in a pack of three

CLUB RETENTION



These Samurai Sam badges are designed to reward students for their attitude to the club, and training. Ideally used between gradings as student rewards and encouragement.

Order Code: SS-09 (+Badge Code)

Each badge design comes in a pack of three

TRAINING SKILLS



Often we forget to praise young students enough. We have found that rewarding a student for a specific skill encourages better all round development and commitment.

Order Code: SS-09 (+ Badge Code)

Each badge design comes in a pack of three

**MOTIVATE
& REWARD
YOUR
STUDENTS**



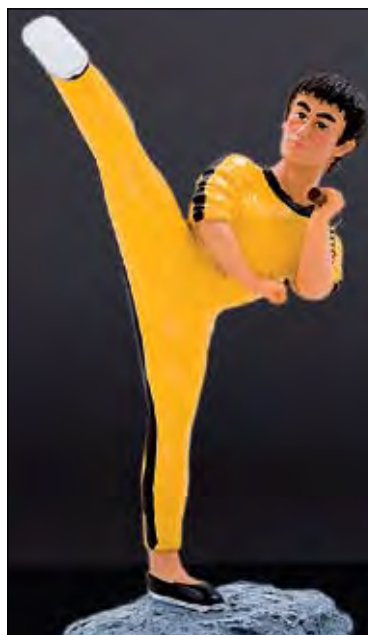
SET OF 2 CHINESE DRAGON FIGURINES

Order Code: 88-01



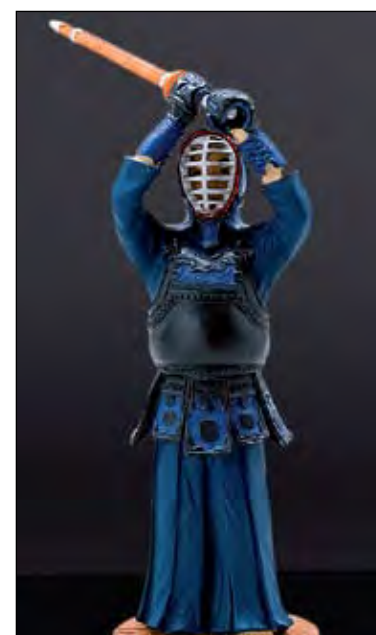
SET OF 3 MARTIAL ARTS BEARS FIGURINES

Order Code: 88-01



BRUCE LEE FIGURINES

Order Code: 88-01



PAIR OF 2 KENDO MEN

Order Code: 88-01



JUDO FIGHTING KIDS

Order Code: 07



SET OF 2 TAEKWONDO ATHLETES

Order Code: 88-01



JUDO KID

Order Code: 88-01



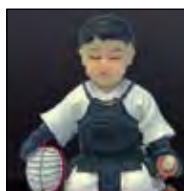
TAEKWONDO KID

Order Code: 88-01



MARTIAL ARTS KID

Order Code: 88-01



KENDO KID

Order Code: 88-01

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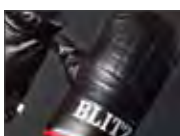
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Page 114



Page 85



Page 82



Page 83



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01



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02



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03



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04



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05



Sun

06



Black Belt

07



Zen

08



CLOTHING

UNIFORMS			
SIZE	HEIGHT		AGE GUIDE
0000	100cm	3'5" and under	aged 3-4
000	110cm	3'6" to 3'7"	aged 4-5
00	120cm	3'8" to 4'0"	aged 5-6
0	130cm	4'1" to 4'4"	aged 6-7
1	140cm	4'5" to 4'8"	aged 7-8
2	150cm	4'9" to 5'0"	aged 9-10
3	160cm	5'1" to 5'4"	aged 11-12
4	170cm	5'5" to 5'9"	teen/adult
5	180cm	5'10" to 6'0"	adult
6	190cm	6'1" to 6'3"	adult
7	200cm	6'4" to 6'7"	adult
8	210cm	6'8" and over	adult

T-SHIRTS/SWEATS	
SIZE	AGE GUIDE
26"	5-6 yrs old
28"	7-8 yrs old
30"	9-11 yrs old
32"	12-13 yrs old
3	Small Adult
4	Medium Adult
5	Large Adult
6	Exlarge Adult
7	XXLarge Adult
8	XXXLarge

PROTECTION

KORPERTECH COOL GUARD - LADIES				
BRA SIZE	INCHES	CM (UNDER BUST)	INSERT	CUP SIZE
Small - 10	32"	76 - 84	XXSmall	A
			XSmall	B
			Small	C
Medium - 12	34"	84 - 92	XSmall	AA
			Small	A
			Medium	B
Large - 14	36"	92 - 104	Large	C
			Small	AA
			Medium	A
ExLarge - 16	38"	100 - 115	Large	B
			Large	B
			ExLarge	C

FOOTWEAR

FOOTWEAR - KIDS	
EURO	UK
29	10s
30	11s
31	12s
32	13

SIZE CHARTS

LEISUREWEAR			
SIZE	HEIGHT		AGE GUIDE
XXXXSmall	120 cm	3'8" to 4'0"	5 - 6
XXXSmall	130 cm	4'1" to 4'4"	6 - 7
XXSmall	140 cm	4'5" to 4'8"	7 - 8
XSmall	150 cm	4'9" to 5'0"	9 - 10
Small	160 cm	5'1" to 5'4"	11 - 12
Medium	170 cm	5'5" to 5'9"	Teen/Adult
Large	180 cm	5'10" to 6'0"	Adult
ExLarge	190 cm	6'1" to 6'3"	Adult
XXLarge	200 cm	6'4" to 6'7"	Adult
XXXLarge	210 cm	6'8" and over	Adult

SHORTS		
SIZE	HEIGHT	WAIST
XSmall	150cm	28"
Small	160cm	30"
Medium	170cm	32"
Large	180cm	34"
ExLarge	190cm	36"
XXLarge	200cm	38"

KORPERTECH MAXI GUARD - LADIES			
VEST SIZE	CM (UNDER BUST)	INSERT	CUP SIZE
32"	76 - 84	XXSmall	A
32"	76 - 84	XSmall	B
34"	84 - 92	Small	A
34"	84 - 92	Medium	B
34"	84 - 92	Medium	C
36"	90 - 96	Large	C
36"	90 - 96	ExLarge	D

KORPERTECH BODY ARMOUR	
SIZE	CHEST SIZE
XXSmall	32"
XSmall	34"
Small	36"
Medium	38"
Large	40"
ExLarge	42 - 44"
XXLarge	46 - 48"
XXXLarge	50 - 52"

BODY ARMOUR	
SIZE	HEIGHT
XSmall	150 cm
Small	160 cm
Medium	170 cm
Large	180 cm
ExLarge	190 cm

DIPPED FOAM/STORM FOOT	
SIZE	UK SHOE SIZE
XXSmall	12 - 13 Child
XSmall	1 - 2 Adult
Small	3 - 5 Adult
Medium	6 - 9 Adult
Large	10 - 11 Adult
ExLarge	12 - 13 Adult

SHIN/FOREARM GUARDS	
SIZE	UNIFORM SIZE
Small	130 - 150 cm
Medium	160 - 170 cm
Large	170 - 190 cm
ExLarge	190 - 210 cm

HEADGUARDS	
SIZE	HEAD SIZE
Small	50 - 54 cm
Medium	54 - 56 cm
Large	56 - 58 cm
ExLarge	58 cm +

FOOTWEAR - ADULTS	
EURO	UK
33	1
34	2
35	2.5
36	3
37	4
38	5
39	6
40	6.5

FOOTWEAR - ADULTS	
EURO	UK
41	7
42	8
43	9
44	10
45	11
46	12
47	13
48	14

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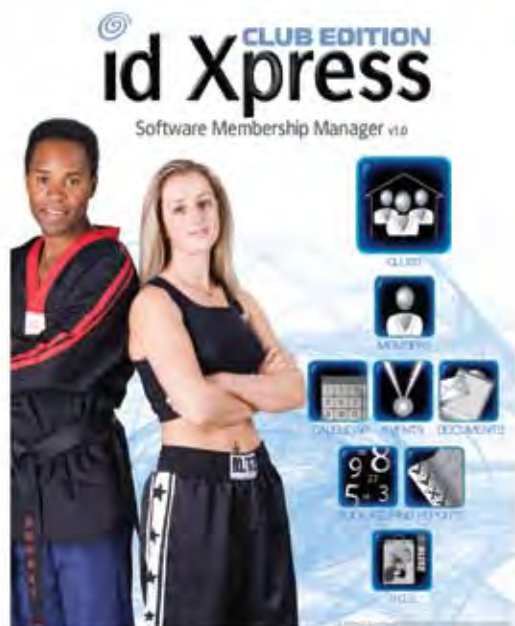
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A

Accessories 190-195
Air Shield 146

B

Bags 148-151
Bag Gloves 114
Bag Chains 155
Belts 64, 65
Bo's & Cases 183, 188
Body Armour 101, 103, 110-113
Bokken 184, 189
Boxers Skipping Rope 74
Boxing Gloves 121-124
Boxing Head Guard 108
Boxing Shoes 85
Boxing Tape 125-127
Brackets 154, 155
Break Boards 142

C

Cases 188
Chest Protection 100
Chin Up Bar 172
Classic Freestyle 41-43
Cool Guard 100
Competition Silk Belt 65
Contrasting Belts 64, 65
Cones 169
Crash Mats 141
Circular Focus Pads 144

D

Dipped Foam Range 106,116,117,131,133
Dodge Balls 169
Drill Whistle 173
Drum Bag 89
Dumbbells 171
Dynabands 170

E

Eagle Catcher 171
Elastic Padding & Supports 98, 99
Embroidery 72-75
Embroidered Badges 195
Escrima Stick 182
Escrima Weapon Case 188

F

Face Protection 103, 104-109
First Aid Kit 158, 159
Floor to Ceiling Speed Ball 155
Foam Weapons 189
Focus Pads 144, 145
Foot Protection 133-135
Footwear 84, 85
Freestanding Punch Bag 154
Freestyle Tops 40-43
Full Contact Pants 40-45

G

Gel Hand Wraps 126
Gloves 102, 103, 114-124
Grappling Dummy 153
Groin Guards 100, 101, 103
Gum Shields 136, 137

H

Hakama's 54,55
Hand Grippers 171
Hand Wraps 126
Hanging Maize Ball 151

Head Guards 103, 104-109
Holdalls 86-89
Hooded Tops 83, 95
Hoop 168
Hot/Cold Pack 161

I

ID Xpress 198
Inner Bag Gloves 99

J

Jigsaw Matting 141
Jutte 180

K

Kakuobi 65
Kali 58, 59
Kama Weapon Case 188
Kendo Armour 54, 55
Keokogi's 54, 55
Keyrings 194
Knife (practice) 185
Korportech Armour 100, 101
Korportech Gum Shield 137

L

Lapel Badge 194
Leg Protection 128, 132
Leg Stretchers 172

M

Makiwara 143
Matting 77, 140, 141
Mat Trolleys 141
Maxi Flex Leg Stretchers 172
Maxi Guard 100
Medallions 194
Medical Equipment 156-165
Medicine Ball 174
Miniature Figures 191
Mitts Type Bag Gloves 114
Mouth Guards 136, 137

N

Neoprene 98, 99
Nunchaku 178, 179
Nutrition 162 -165

P

Padded Smash Board 142
Pedometer 173
Plastic Scabbard 184
Platform Speedball 153
Powerball 170, 171
Practice Weapons 189
Punisher Leg Stretchers 172
Pump 173
Punch Bags 148-151
Push Up Bars 172

R

Rodney 153
Reaction Ball 168
Referee Flags 173
Rubber Gun 189

S

Sai 189, 181
Sai Weapon Case 188
Sash 65
Semi Face Head Guard 105-109
Shin 128-132
Shinai Weapon Case 188

Shin & Instep 128-132
Shock Doctor 137
Shoes 84, 85
Silver Tournament 10, 11
Sit up Bar 172
Skipping Ropes 174, 175
Smash Board 142
Sparring Partner 153
Speedballs 153, 155
Spinning Wooden Dummy 155
Body Armour 101, 103, 110-113
Stop Watch 173
Stress Ball 171
Strike Shields 146, 147
Strong Grip 171
Supports 98,99
Swords Stands 193

T

Tabi Boots 84
Tape 125-127
Thai Pads 143-146
Throwing Stars Rubber 189
Timers 173
Tonfa Weapon Case 188
Tracksuits 80, 81
Training Band 170
Training Equipment 166, 175
Training Knife 189
T-Shirts 92

U

Uppercut Bag 149

W

Wall Bracket 154, 155
Wallet 195
Weapons 175-189
Weapon Sword Case 188
Weight Training 171
Weighted Vest 170
Wooden Dummy 155
Wraps 125-127

X

XR22 Gum Sihield 137
Xtreme Full Contact Trousers 40, 41, 44, 45

Z

Zori Sandals 84



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